

Serum chemistry profiling and prognostication in systemic mastocytosis: a registry-based study of the ECNM and GREM

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Abstract:

Certain laboratory abnormalities correlate with subvariants of systemic mastocytosis (SM) and are often prognostically relevant. To assess the diagnostic and prognostic value of individual serum chemistry parameters in SM, 2607 patients enrolled within the European Competence Network on Mastocytosis (ECNM) and 575 patients enrolled within the German Registry on Eosinophils and Mast Cells (GREM) were analyzed. For screening and diagnosis of SM, tryptase was identified as the most specific serum parameter. For differentiation between indolent and advanced SM (AdvSM), the following serum parameters were most relevant: tryptase, alkaline phosphatase (AP), β 2-microglobulin, lactate dehydrogenase (LDH), albumin, vitamin B12, and C-reactive protein ($P < 0.001$). With regard to subvariants of AdvSM, an elevated LDH (≥ 260 U/L) was associated with multi-lineage expansion (leukocytosis, $r = 0.37$, $P < 0.001$; monocytosis, $r = 0.26$, $P < 0.001$) and the presence of an associated myeloid neoplasm ($P < 0.001$), whereas tryptase levels were highest in mast cell leukemia (MCL vs. non-MCL, $308 \mu\text{g/L}$ vs. $146 \mu\text{g/L}$, $P = 0.003$). Based on multivariable analysis, the hazard-risk weighted assignment of 1 point to lactate dehydrogenase (HR 2.1 [95% CI 1.1-4.0], $P = 0.018$) and 1.5 points each to β 2-microglobulin (HR 2.7 [95% CI 1.4-5.4], $P = 0.004$) and albumin (HR 3.3 [95% CI 1.7-6.5], $P = 0.001$) delineated a highly predictive three-tier risk classification system (0 points, 8.1 years vs. 1 point, 2.5 years, (≥ 1.5 points, 1.7 years; $P < 0.001$). Moreover, serum chemistry parameters enabled further stratification of IPSM-AdvSM1/2 risk-score classified patients ($P = 0.027$). In conclusion, serum chemistry profiling is a crucial tool in the clinical practice supporting diagnosis and prognostication of SM and its subvariants.-

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87 **DATA AVAILABILITY STATEMENT**

88 The datasets used and/or analyzed during the current study are available from the
89 corresponding author (JS) on reasonable request.

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91

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Running head: serum chemistry markers in systemic mastocytosis

103 **ABSTRACT**

104 Certain laboratory abnormalities correlate with subvariants of systemic mastocytosis
105 (SM) and are often prognostically relevant. To assess the diagnostic and prognostic
106 value of individual serum chemistry parameters in SM, 2607 patients enrolled within
107 the European Competence Network on Mastocytosis (ECNM) and 575 patients
108 enrolled within the German Registry on Eosinophils and Mast Cells (GREM) were
109 analyzed. For screening and diagnosis of SM, tryptase was identified as the most
110 specific serum parameter. For differentiation between indolent and advanced SM
111 (AdvSM), the following serum parameters were most relevant: tryptase, alkaline
112 phosphatase (AP), β 2-microglobulin, lactate dehydrogenase (LDH), albumin, vitamin
113 B12, and C-reactive protein ($P<0.001$). With regard to subvariants of AdvSM, an
114 elevated LDH ≥ 260 U/L was associated with multi-lineage expansion (leukocytosis,
115 $r=0.37$, $P<0.001$; monocytosis, $r=0.26$, $P<0.001$) and the presence of an associated
116 myeloid neoplasm ($P<0.001$), whereas tryptase levels were highest in mast cell
117 leukemia (MCL vs. non-MCL, 308 μ g/L vs. 146 μ g/L, $P=0.003$). Based on
118 multivariable analysis, the hazard-risk weighted assignment of 1 point to lactate
119 dehydrogenase (HR 2.1 [95% CI 1.1-4.0], $P=0.018$) and 1.5 points each to β 2-
120 microglobulin (HR 2.7 [95% CI 1.4-5.4], $P=0.004$) and albumin (HR 3.3 [95% CI 1.7-
121 6.5], $P=0.001$) delineated a highly predictive three-tier risk classification system (0
122 points, 8.1 years vs. 1 point, 2.5 years, ≥ 1.5 points, 1.7 years; $P<0.001$). Moreover,
123 serum chemistry parameters enabled further stratification of IPSM-AdvSM1/2 risk-
124 score classified patients ($P=0.027$). In conclusion, serum chemistry profiling is a
125 crucial tool in the clinical practice supporting diagnosis and prognostication of SM
126 and its subvariants.

127 **KEY POINTS**

128 - Serum chemistry profiling is of diagnostic and prognostic relevance based on easily
129 accessible parameters.

130 - Serum chemistry markers help to assess and quantify organ damage.

131

132 INTRODUCTION

133 Systemic mastocytosis (SM) is characterized by expansion and accumulation of
134 neoplastic mast cells (MC) in various organ systems, frequently including the bone
135 marrow (BM), skin and the gastrointestinal tract. According to the World Health
136 Organization (WHO) 2022 and the International Consensus Criteria (ICC) 2022, main
137 subvariants of SM are indolent SM (ISM), smoldering SM (SSM) and advanced SM
138 (AdvSM). BM mastocytosis (BMM) has previously been defined as a provisional sub-
139 variant of ISM, and is now recognized as a separate variant of SM by the WHO.
140 BMM is characterized by a limited degree of BM infiltration, absence of skin lesions,
141 normal or slightly elevated serum tryptase levels, older age, male predominance, and
142 a strong association with severe allergic reactions to hymenoptera sting. AdvSM
143 comprises aggressive SM (ASM), SM with an associated hematologic/myeloid
144 neoplasm (SM-AHN/SM-AMN) and MC leukemia (MCL). In AdvSM, the majority of
145 patients presents with signs of organ damage (C-findings), particularly cytopenias
146 and signs of liver involvement.¹⁻⁴ A somatic point mutation in *KIT* at codon 816 (*KIT*
147 D816V) is identified in >80% of all patients with SM.⁵⁻⁸ While patients with indolent
148 forms have a normal life expectancy, patients with AdvSM have a poor prognosis
149 with shortened survival times ranging between 1 and 4 years.⁹⁻¹⁴

150 Serum chemistry parameters have been variably included in recently published risk-
151 stratification scoring systems for SM. Besides serum tryptase, which is known for its
152 outstanding value for screening and diagnosis, hypoalbuminemia and elevated
153 alkaline phosphatase (AP) are established C-findings while β 2-microglobulin is an
154 unspecific but valuable prognostic marker in the Global Prognostic Score for
155 SM.^{12,15,16}

156 Notwithstanding, thorough and systematic analyses on the diagnostic and prognostic
157 value of those low-invasive and reproducible biomarkers are lacking. Based on data

158 obtained from two registries (European Competence Network on Mastocytosis,
159 ECNM; German Registry on Eosinophils and Mast cells, GREM), we therefore
160 sought to establish various serum chemistry parameters for diagnosis and
161 prognostication, the differentiation between ISM and AdvSM and the differentiation
162 between various subvariants of AdvSM.

163

164

165 **PATIENTS AND METHODS**

166 **Patients.** SM was diagnosed and classified according to the revised 2022 WHO/ICC
167 classification. Patients' characteristics are provided in the supplement (Table E1).
168 The study design adhered to the tenets of the Declaration of Helsinki and was
169 approved by the relevant institutional review boards of the participating centers. All
170 patients gave written informed consent prior to registry participation.

171

172 **ECNM registry.** The ECNM registry was established in 2012 as a multidisciplinary,
173 multi-national cooperative initiative to analyze basic clinical, laboratory and
174 prognostic parameters in patients with cutaneous mastocytosis (CM) and SM.¹⁷⁻¹⁹
175 Details about the ECNM registry have been published elsewhere.¹⁹ For this analysis,
176 we used data from a validated cohort updated in March 2019. Patients were enrolled
177 from 26 centers in Europe (12 countries) and one center in the United States. We
178 identified 2,607 SM patients with at least one entry regarding one of the following 5
179 serum chemistry parameters: serum tryptase, AP, β 2-microglobulin, lactate
180 dehydrogenase (LDH), and/or albumin at time of diagnosis. Three patients with mast
181 cell sarcoma and 635 patients with mastocytosis in the skin were also excluded. The
182 2,607 patients were subtyped as ISM (n=1734, 66%), BMM (n=327, 13%) SSM
183 (n=58, 2%), ASM (n=117, 4%), SM-AHN (n=326, 13%) and MCL (n=45, 2%).

184 Availability of data and disease characteristics of the overall population and a
185 subgroup of patients with available outcome data (n=685) are presented in the
186 **Online Repository Tables E1-2.**

187

188 **GREM registry.** First patients were enrolled in 2009. An updated cohort in May 2019
189 (n = 575, ISM, n=224, 39%; BMM, n=55, 10%; SSM, n=23, 4%; ASM, n=32, 5%; SM-
190 AHN, n=233, 41%; MCL, n=8, 1%) was used for complementary analyses on
191 parameters that were primarily not included in the ECNM database (AP isoenzymes,
192 C-reactive protein [CRP], creatinine, vitamin B12). A patient flow diagram is provided
193 as **Online Repository Figure E1.**

194

195 **Statistical analyses.** In this retrospective study, statistical analyses were performed
196 on clinical, laboratory and molecular parameters that were obtained at the time of
197 diagnosis/first referral to the servicing center and throughout the disease course.
198 Differences in the distribution of continuous variables between categories were
199 analyzed by the Mann-Whitney U test. For categorical variables, Fisher's exact test
200 was used. Overall survival (OS) analysis was considered from the date of diagnosis
201 to date of death for any reasons (event) or last documented visit. Deaths unrelated to
202 disease progression were observed in <0.1% of the patients. Censoring was applied
203 for patients who did not experience death or were lost to follow-up within the study
204 period (type 1 right-censored data). OS probabilities were calculated by the Kaplan-
205 Meier Method and compared by the log-rank test. For multivariable analysis of serum
206 chemistry markers, a cox proportional hazard model was used. The proportional
207 hazards assumption was tested by the correlation of scaled Schoenfeld residuals
208 with time.²⁰ Power calculation for the comparison of survival curves between two
209 groups were performed according to Freedman.²¹ Receiver operating characteristic

210 (ROC) analyses with calculation of the area under the ROC curve (AUC) were
211 performed to determine optimal cut-off values for the several laboratory parameters.
212 The Youdens index was given as the summary measure of the ROC curve
213 (sensitivity + specificity – 1). The Pearson and Spearman correlation coefficients
214 were calculated to assess linear or monotonic relationships between two variables. *P*
215 values were further adjusted by Holm-Bonferroni. In general, a test result with *P* less
216 than 0.05 has been considered as statistically significant. Statistical analyses were
217 performed using R version 4.3.1 (R Foundation for Statistical Computing, Vienna,
218 Austria). For graphical output, GraphPad Prism version 9 was utilized (GraphPad
219 Software Inc., San Diego, CA, USA).

220 The study was approved by our local ethics committee led by Professor Harald Klöster (2020-
221 593N) and all patients gave written informed consent.

222

223 **RESULTS**

224 ***ECNM registry-based analyses***

225 **Comparison of baseline serum parameters in ISM versus AdvSM.** In AdvSM,
226 significantly higher median serum levels were observed for tryptase (164µg/L vs.
227 29µg/L, *P*<0.001, Mann-Whitney U test), AP (162U/L vs. 71U/L, *P*<0.001, Mann-
228 Whitney U test), β2-microglobulin (3.6mg/L vs. 1.8mg/L, *P*<0.001, Mann-Whitney U
229 test) and LDH (181U/L vs. 168U/L, *P*<0.001, Mann-Whitney U test) while significantly
230 lower median serum levels were observed for albumin (39g/dL vs. 44g/dL, *P*<0.001,
231 Mann-Whitney U test, **Figure 1; Online Repository Tables E1**). ROC analyses
232 identified optimal cut-off values for discrimination between ISM and AdvSM for serum
233 tryptase at 125µg/L, for AP at 150U/L, for β2-microglobulin at 2.5mg/L, for LDH at
234 260U/L and for albumin at 34g/dL. In 649 patients with diagnosis of SM and available
235 outcome data, the log-rank test identified all respective markers as adverse

236 prognostic variables regarding OS (**Table 1**). Assignment of 1 point each to 5
237 individual parameters allowed to establish a serum score through which low-,
238 intermediate-, and high-risk patients can be defined (median OS 15.1 vs. 3.4 vs. 1.5
239 years, $P<0.001$, log-rank test). (**Figure 2A**). Multivariable analysis identified β 2-
240 microglobulin (HR 2.7 [95% CI 1.4-5.4], $P=0.004$), lactate dehydrogenase (HR 2.1
241 [95% CI 1.1-4.0], $P=0.018$) and albumin (HR 3.3 [95% CI 1.7-6.5], $P=0.001$) of
242 prognostic significance. Based on the multivariable analysis, we built a hazard risk-
243 weighted score and applied 1 point to patients with lactate dehydrogenase ≥ 260 U/L,
244 and 1.5 points each to patients with β 2-microglobulin ≥ 2.5 mg/L and albumin ≥ 34 g/dL
245 (**Figure 2B**).

246

247 **Comparison of baseline serum parameters in patients with ISM, BMM and SSM.**

248 Median serum tryptase and AP levels were significantly higher in SSM (202 μ g/L,
249 138U/L) and ISM (32 μ g/L, 72U/L) versus BMM (21 μ g/L, 67U/L; $P<0.001$ for all
250 comparisons, Mann-Whitney U test). SSM was further associated with higher β 2-
251 microglobulin levels compared to BMM (2.3mg/L vs. 1.8mg/L, $P=0.010$, Mann-
252 Whitney U test). No differences were seen regarding the median albumin level
253 (44g/dL in all subgroups). Surprisingly, BMM (175U/L) showed higher LDH levels
254 than SSM (153U/L, $P=0.002$) and ISM patients (167U/L, $P=0.001$, Mann-Whitney U
255 test). Patients with serum tryptase levels ≥ 125 μ g/L were associated with an adverse
256 median OS (15.1 vs. 9.7 years, $P=0.045$, log-rank test; **Online Repository Tables**
257 **E1**).

258

259 **Comparison of baseline serum parameters within subvariants of AdvSM.**

260 tryptase levels were significantly higher in MCL (308 μ g/L) as compared to ASM
261 (171 μ g/L, $P=0.006$, Mann-Whitney U test) and SM-AHN (135 μ g/L, $P=0.002$, Mann-

262 Whitney U test). An elevated LDH level ≥ 260 U/L was associated with the presence of
263 an AHN (77/236, 33% vs. 199/1715, 12%; $P < 0.001$, Mann-Whitney U test) and with a
264 more aggressive clinical course (Table 2, Figure 3B). The median LDH levels were
265 significantly higher in SM-AHN than in ASM (191 U/L vs. 162U/L, $P < 0.001$, Mann-
266 Whitney U test) (**Figure 1D**). Pearson correlation of LDH levels with AHN-related
267 parameters revealed modest correlations with the absolute numbers of leukocytes
268 ($r = 0.37$, $P < 0.001$) (**Figure 3A**). Within AdvSM, patients with LDH levels ≥ 260 U/L
269 ($n = 68$), the threshold of \geq or < 400 U/L significantly impacted the OS in this cohort (0.9
270 vs. 1.9 years, $P = 0.039$, log-rank test) (**Figure 3C**).

271
272 **Further risk stratification in IPSM-AdvSM1/2 patients.** Risk stratification was
273 performed by using the previously published International Prognostic Scoring System
274 for Mastocytosis (IPSM)¹¹, a multiparametric (age $\geq / < 60$, tryptase, $\geq / < 125$ ng/mL,
275 leukocytes $\geq / < 16$ /nL, hemoglobin $\geq / < 11$ g/dL, platelets $\geq / < 100$ /nL, with one point for
276 each of these parameters and minus one point for skin involvement resulting in a
277 three tiered risk model consisting of a total score between -1 and 5 points) scoring
278 system. In 55 AdvSM patients with an IPSM risk score of IPSM-AdvSM1/2 (i.e -1 to 1
279 IPSM score points), assignment of 1 point to each of 5 serum parameters exceeding
280 the described cut-off values (serum tryptase, alkaline phosphatase, $\beta 2$ -microglobulin,
281 LDH, albumin; **Table 1**) allowed a further risk stratification with a median OS of low-
282 (0 points, $n = 9$), vs. high-risk (2-4 points, $n = 46$) patients of 9.9 vs. 3.6 years,
283 respectively ($P = 0.027$, log-rank test) (**Figure 2C**).

284

285 **Complementary GREM-based analyses**

286 **AP isoenzymes.** AP isoenzymes (liver, gall bladder, bowel, BM) were measured in
287 24 AdvSM patients. Compared to standard values, increased AP isoenzymes were

288 predominantly derived from liver and gall bladder (**Figure 4A**). The most robust, yet
289 still moderate, correlations were seen with other liver parameters (gamma-GT,
290 $r=0.67$, $P<0.001$, albumin, $r=-0.37$, $P<0.001$, INR, $r=-0.49$, $P<0.001$, all Pearson
291 correlation) and the (relatively) poor correlation with bone and BM parameters (BM
292 mast cell infiltration, $r=0.35$, $P<0.001$, Pearson correlation; osteoporosis, $\eta=0.09$,
293 $P<0.001$ osteolysis, $\eta=0.16$, $P<0.001$, both Spearman correlation) further
294 substantiated the strong association between elevated AP and liver
295 involvement/damage (**Figure 4B**). AP levels ≥ 150 U/L (optimal cut-off assessed per
296 ROC analysis) significantly impacted on OS (10.5 years vs. 2.9 years, $P<0.001$, log-
297 rank test) (**Figure 4C**).

298

299 **Vitamin B12.** Median vitamin B12 levels ($n=334$) were significantly higher in AdvSM
300 compared to ISM (1,275U/L vs. 401U/L, $P<0.001$, Mann-Whitney U test) or SSM
301 (353U/L, $P<0.001$, Mann-Whitney U test) (**Figure 5B**). Elevated vitamin B12 levels
302 correlated with markers of advanced disease (e.g. high *KIT* D816V allele burden,
303 $r=0.45$, $P<0.001$; elevated AP, $r=0.51$, $P<0.001$, both Pearson correlation) (**Figure**
304 **5A**). The area under the curve for predicting AdvSM was 0.795 (95% confidence
305 interval [CI] 0.744-0.847, $P<0.001$, ROC analysis) and the optimal cut-off value was
306 400U/L with a sensitivity of 82% (Youden index 0.307) (**Figure 5B**). In AdvSM,
307 vitamin B12 levels $\geq 2,000$ U/L conferred into worse outcome (median OS 4.1 vs. 2.6
308 years, $P=0.037$, log-rank test) (**Figure 5D**).

309

310 **C-reactive protein.** The median CRP levels ($n=405$) were markedly increased in
311 AdvSM patients compared to either ISM (10.0 mg/dL vs. 2.9 mg/dL, $P<0.001$, Mann-
312 Whitney U test) or SSM (3.7mg/dL, $P<0.001$, Mann-Whitney U test). Within AdvSM
313 subvariants, the highest levels were found in SM-AHN (11 mg/dL) vs. ASM (3.5

314 mg/dL, $P=0.057$) or MCL (7.6 mg/dL, $P=0.008$, Mann-Whitney U test). Concomitant
315 infections or autoimmune diseases as confounding conditions could be excluded in
316 390/405 (96%) patients.

317

318 **Creatinine-adjusted β 2-microglobulin.** Elevated β 2-microglobulin levels were
319 strongly associated with poor OS. Median OS was similarly impacted in AdvSM
320 patients with β 2-microglobulin levels ≥ 2.5 mg/L independently whether or not the
321 levels were adjusted for sex and age-matched serum creatinine values $>ULN$ (not
322 adjusted: median OS was 4.1 years vs. not reached, $P<0.001$; median OS 3.9 years
323 vs. not reached, $P=0.010$, log-rank test).

324

325

326 **DISCUSSION**

327 Diagnosis and prognostication of ISM and AdvSM warrants application of
328 comprehensive clinical (e.g. organomegaly, weight loss), morphological (e.g. BM
329 mast cell infiltration, blood counts), serological (e.g. tryptase, AP) and molecular
330 studies (e.g. *KIT* D816V, additional somatic mutations).^{5,6,13,15,22-28} Due to the
331 frequent absence of skin involvement and of typical MC mediator-related symptoms
332 in AdvSM, many patients are misdiagnosed or the diagnosis may be significantly
333 delayed,^{15,24} unless disease-specific features and markers, such as BM MC
334 infiltration, serum tryptase, or *KIT* D816V are considered and comprehensively
335 studied. Although often used as a serological marker for screening of SM, an
336 elevated serum tryptase may also be detected in patients with kidney failure,
337 hereditary alpha tryptasemia, obesity, and other myeloid neoplasms.^{16,29-33} While
338 there is a certain correlation between serum tryptase levels and the subtype of SM,
339 the differentiation between ISM, SSM or AdvSM is not straightforward. Therefore,

340 additional serologic parameters have been analyzed in the context of SM. One
341 example is the AP which is typically elevated in patients with AdvSM with liver
342 involvement. However, only a few comprehensive studies have systematically
343 analyzed multiple serum chemistry parameters in patients with SM. Based on two
344 robust patient registries, the ECNM registry and the GREM registry, we here show
345 that a thorough and careful investigation and interpretation of certain serum
346 chemistry parameters substantially supports the clinician in establishing the correct
347 diagnosis, subclassification and prognostication of patients with SM.

348

349 While serum tryptase levels were highest in MCL, a level below 125µg/L in indolent
350 phase disease was clearly associated with a more favorable outcome in ISM, BMM
351 and SSM patients thus verifying the established cut-off level for differentiation
352 between ISM and BMM.³⁴ In addition to serum tryptase, most valuable serum
353 parameters include an elevated AP and hypoalbuminemia, which are widely included
354 as C-findings in diagnostic criteria, recently established prognostic scoring systems
355 and response criteria.^{10,11,35} Based on AP isoform analyses, increased levels should
356 be interpreted as liver involvement/damage by MC infiltration rather than as derived
357 from bone involvement, e.g. indicating osteosclerosis or osteolyses. An elevated LDH
358 correlated moderately with leukocytosis, monocytosis and eosinophilia indicating
359 presence of an AHN³⁶. The careful cross-assessment of serum tryptase representing
360 the MC component, LDH (plus monocytes/eosinophils) representing the AHN
361 component and the *KIT* D816V variant allele frequency potentially indicative for both
362 components may therefore allow a rapid and thorough interpretation regarding the
363 contribution of SM or AHN to relevant organ damage such as cytopenias and clinical
364 parameters of liver dysfunction. It offers a first estimation of a sensible use of KIT
365 targeted treatment.^{4,13}

366

367 Elevated vitamin B12 is a known, unspecific finding in various (myeloid)
368 neoplasms.³⁷⁻³⁹ ROC analyses revealed that a cut-off level of ≥ 400 U/L (in the
369 absence of supplementation) is indicative of AdvSM and that a level $\geq 2,000$ U/L
370 correlated with adverse prognosis allowing its complimentary use for assessment of
371 response and progression. Significant weight loss may result from malabsorption and
372 malnutrition but also from chronic inflammation, and it was regularly accompanied by
373 hypoalbuminemia and elevated CRP with median CRP values being higher in AdvSM
374 as compared to indolent SM (GREM cohort). Of interest, disease-associated
375 symptoms such as night sweats or weight loss as well as the aforementioned serum
376 chemistry parameters responded significantly on targeted treatment with midostaurin
377 or avapritinib in most patients.⁴⁰⁻⁴³

378

379 Several prognostic scoring systems have recently been established for patients with
380 SM and its subtypes. Whereas some scores are based on clinical parameters with
381 inclusion of serum chemistry parameters, e.g. tryptase (IPSM), AP (GPSM) and $\beta 2$ -
382 microglobulin (GPSM), and the WHO classification, others are based on additional
383 molecular abnormalities. By now, no serum chemistry-specific score has been
384 developed. In the present study, assignment of 1 point each to 5 individual serum
385 parameters based on ROC analyses defined cut-off values for tryptase, AP, $\beta 2$ -
386 microglobulin, LDH and albumin allowed to create a serum score with differentiation
387 between low-, intermediate and high-risk SM patients (median OS 15.1 vs. 3.4 vs.
388 1.5 years, $P < 0.001$). Further adjunction of serum markers in IPSM AdvSM 1/2-
389 weighted patients identified patients at higher risk in these otherwise favorable
390 AdvSM subgroups. However, given the limited power of the log-rank test, a possible
391 overestimation of the observed effect size could not be excluded with complete

392 certainty, necessitating verification in a larger, higher-powered analysis.
393 Unfortunately, information on β 2-microglobulin was missing in 78% of patients from
394 the ECNM cohort. We therefore strongly recommend the routine assessment of β 2-
395 microglobulin in the diagnostic work-up of SM.

396

397 Given the unavailability of molecular analyses for non-hematologists and the
398 multidisciplinary management of SM patients by dermatologists, gastroenterologists
399 and immunologists/endocrinologists, it is of substantial relevance to identify easily
400 available red flags pointing out on a more thorough diagnostic work-up, e.g. bone
401 marrow biopsy and molecular analyses, and the potential need for more aggressive
402 treatment.

403

404 We conclude that beside its value for diagnosis according to WHO/ICC (albumin,
405 tryptase, AP) classifications and various risk scoring systems (β 2-microglobulin, AP),
406 routine serum chemistry should also include vitamin B12, LDH and CRP, individually
407 contributing to improved diagnosis, subclassification and prognostication. Those
408 easily accessible parameters combine advantages regarding availability, reliability
409 and observer-objectivity and may therefore serve as feasible tools in the clinical
410 practice of medical doctors from all specialties involved in the management of SM
411 patients.

412

413

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432 Collection and assembly of data: All authors

433 Data analysis and interpretation: JL, AR, JS

434 Manuscript writing: All authors

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436 Accountable for all aspects of the work: All authors

437

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- 581

582 **TABLES**

583

Table 1. Univariate and multivariable analysis regarding overall survival of 685 patients with systemic mastocytosis enrolled within the ECNM.

<i>Characteristics</i>	<i>Univariate</i>		<i>Multivariable</i>	
	<i>HR (95% CI)</i>	<i>P</i>	<i>HR (95% CI)</i>	<i>P</i>
Tryptase (n=625) ≥/ < 125µg/L	3.4 (2.6-4.4)	<0.001	1.8 (0.9-3.6)	0.078
Alkaline phosphatase (n=565) ≥/ < 150U/L	3.5 (2.7-4.4)	<0.001	1.4 (0.7-3.0)	0.334
β2-microglobulin (n=158) ≥/ < 2.5mg/L	4.8 (2.9-7.9)	<0.001	2.7 (1.4-5.4)	0.004
Lactate dehydrogenase (n=533) ≥/ < 260U/L	2.0 (1.5-2.7)	<0.001	2.1 (1.1-4.0)	0.018
Albumin (n=508) </ ≥ 34g/dL	3.7 (2.7-4.9)	<0.001	3.3 (1.7-6.5)	0.001

Abbreviation: HR, hazard ratio

Analysis included variables with ROC-assessed cut-offs.

584

Table 2. 1,951 patients with systemic mastocytosis (ECNM) stratified according to LDH \geq / $<$ 260U/L.

	LDH \geq 260U/L	LDH $<$ 260U/L	P
Number of patients at diagnosis, n (%)	236 (12)	1715 (88)	
Age in years; median (range)	55 (18-90)	50 (5-87)	<0.001
Male, n (%)	149 (63)	789 (46)	<0.001
C-Findings			
Hemoglobin, g/dL; median (range)	13 (4-18)	14 (4-18)	<0.001
<10g/dL, n (%)	44 (19)	107 (6)	<0.001
Platelets, $\times 10^9$ /L; median (range)	227 (0-958)	251 (5-893)	NS
<100 $\times 10^9$ /L, n (%)	51 (22)	141 (8)	<0.001
ANC, $\times 10^9$ /L; median (range)	4 (0-9)	4 (0-76)	<0.001
<1 $\times 10^9$ /L, n (%)	7 (3)	20 ³	0.025
Alkaline phosphatase, U/L; median (range)	84 (34-1696)	77 (20-1407)	0.001
>150U/L, n (%)	58 (27)	206 (13)	<0.001
Albumin level, g/L; median (range)	41 (16-57)	44 (20-57)	<0.001
<34g/L, n (%)	26 (14)	58 (4)	<0.001
Ascites, n (%)	23 (10)	97 (6)	0.020
Portal hypertension, n (%)	7 (3)	42 (3)	NS
Weight loss (>10 % over last 6 months), n (%)	44 (19)	172 (10)	<0.001
Osteolytic lesions, n (%)	7 (3)	47 (3)	NS
B-Findings			
Dysmyelopoiesis, n (%)	64 (28)	206 (13)	<0.001
BM MC infiltration, %; median (range)	15 (1-90)	10 (0-100)	NS
Serum tryptase level, μ g/L; median (range)	43 (1-4530)	36 (2-4980)	NS
>125 μ g/L, n (%)	59 (27)	330 (20)	0.020
Splenomegaly, n (%)	65 (28)	291 (17)	<0.001
Hepatomegaly, n (%)	58 (234)	249 (1662)	<0.001
Lymphadenopathy, n (%)	32 (210)	148 (10)	0.009
Other relevant findings			
Leukocytes, $\times 10^9$ /L; median (range)	7.7 (0.6-129.3)	6.7 (1.0-97.3)	<0.001
>16.000 $\times 10^9$ /L, n (%)	47 (20)	55 (3)	<0.001
Monocytes, $\times 10^9$ /L; median (range)	0.5 (0.0-18.7)	0.4 (0.0-8.2)	<0.001
>0.8 $\times 10^9$ /L	44 (58)	16 (12)	<0.001
Eosinophils, $\times 10^9$ /L; median (range)	0.2 (0.0-35.0)	0.1 (0.0-18.5)	0.006
>1.5 $\times 10^9$ /L	17 (23)	6 (4)	<0.001
<i>KIT</i> D816V positive, n (%)	163 (82)	1308 (88)	0.029
BM MC burden in smears, %; median (range)	5 (0-88)	2 (0-100)	0.041
Outcome			
Follow-up, years, median (range)	1.34 (0.0-22.3)	2.1 (0.0-28.6)	NS
Death, n (%)	65 (30)	177 (14)	<0.001

Abbreviations: ANC, absolute neutrophil count; AHN, associated hematologic neoplasm; BM, bone marrow; GI, gastrointestinal; MC, mast cell; NS., not significant
 For subgroup analyses (presence versus absence of AHN) in patients with an LDH \geq 260 U/L and $<$ 260 U/L, please see **Online Repository Table E3**. The *P* values refer to the Mann-Whitney U test or the Fisher's exact test.

585 **FIGURE LEGENDS**

586 **Figure 1 (ECNM).** Violin plots on the distribution of various serum chemistry markers
587 throughout the systemic mastocytosis subtypes. The *P* values refer to the Mann-
588 Whitney U test. Abbreviations: AdvSM, advanced systemic mastocytosis; ASM,
589 aggressive systemic mastocytosis; ISM, indolent systemic mastocytosis; MCL, mast
590 cell leukemia; SM-AHN, systemic mastocytosis with an associated hematologic
591 neoplasm; SSM, smoldering systemic mastocytosis.

592

593 **Figure 2 (ECNM).** (A) Kaplan-Meier estimates of overall survival (OS) in SM patients
594 with 0 points, 1-2 points versus 3-5 points by assignment of 1 point each to serum
595 tryptase $\geq 125\mu\text{g/L}$, AP $\geq 150\text{U/L}$, LDH $\geq 260\text{U/L}$, albumin $\leq 34\text{mg/dL}$ and $\beta 2$ -
596 microglobulin $\geq 2.5\text{mg/L}$; ^apower = 1.000, ^bpower = 1.000. (B) Kaplan-Meier estimates
597 of overall survival (OS) in SM patients based on the multivariable model with 0
598 points, 1.5 points versus ≥ 1.5 points by assignment of 1 point to LDH $\geq 260\text{U/L}$, and
599 1.5 points each to albumin $\leq 34\text{mg/dL}$ and $\beta 2$ -microglobulin $\geq 2.5\text{mg/L}$; ^cpower =
600 1.000, ^dpower = 0.998. (C) Kaplan-Meier estimates of OS in IPISM-AdvSM1/2-
601 weighted patients with 0 points versus ≥ 1 points. ^epower = 0.441. The *P* values refer
602 to the log-rank test.

603

604 **Figure 3 (ECNM).** (A) Pearson correlation of the lactate dehydrogenase (LDH) levels
605 with other disease specific parameters (reflecting the systemic mastocytosis and the
606 associated hematologic neoplasm component). *Significant *P* values adjusted by
607 Holm-Bonferroni. (B) Kaplan-Meier estimates of overall survival in SM patients
608 stratified according to LDH levels (260-400U/L vs. $\geq 400\text{U/L}$); ^apower = 0.995. (C)
609 Kaplan-Meier estimates of overall survival in AdvSM patients according to LDH levels
610 (260-400U/L vs. $\geq 400\text{U/L}$); ^bpower = 0.720. The *P* values refer to the log-rank test.

611 Abbreviations: AdvSM, advanced systemic mastocytosis; ANC, absolute neutrophil
612 count; AP, alkaline phosphatase; β 2MG, β 2-microglobulin; Eos, eosinophil count; Hb,
613 hemoglobin; LDH, lactate dehydrogenase; MC-I, mast cell infiltration; KIT, *KIT* D816V
614 allele burden; Monos, monocyte count; Plt, platelets; SM, systemic mastocytosis;
615 WBC, white blood cells.

616

617 **Figure 4 (GREM).** (A) Violin plots on the distribution of the alkaline phosphatase (AP)
618 subtypes in 24 advanced systemic mastocytosis (AdvSM) patients. (B) Pearson and
619 Spearman correlation of the AP levels with other (liver and bone marrow) specific
620 parameters. *Significant *P* values adjusted by Holm-Bonferroni. (C) Kaplan-Meier
621 estimates of overall survival in AdvSM patients stratified according to AP levels
622 \geq / $<$ 150U/L. ^apower = 0.974. Abbreviations: AdvSM, advanced systemic mastocytosis;
623 Alb, albumin; AP, alkaline phosphatase; ASAT, aspartate aminotransferase; Bili,
624 bilirubin; MC-I, BM mast cell infiltration; O.poris, osteoporosis; O.lysis, osteolysis.

625

626 **Figure 5 (GREM).** (A) Pearson correlation of the vitamin B12 levels with other
627 disease specific parameters. *Significant *P* values adjusted by Holm-Bonferroni. (B)
628 Receiver operating characteristic curve for optimal cut-off assessment regarding
629 diagnosis of ISM vs. AdvSM. (C) Kaplan-Meier estimates of overall survival (OS) in
630 SM patients according to vitamin B12 levels ($<$ 800U/L vs. \geq 800-1800U/L vs.
631 \geq 1800U/L); ^apower = 0.948, ^bpower = 0.627. (D) Kaplan-Meier estimates of OS in
632 AdvSM patients (\geq 2000U/L vs. $<$ 2000U/L); ^cpower = 0.586. The *P* values refer to the
633 log-rank test. Abbreviations: AdvSM, advanced systemic mastocytosis; ANC,
634 absolute neutrophil count; AP, alkaline phosphatase; ASM, aggressive systemic
635 mastocytosis; β 2MG, β 2-microglobulin; Eos, eosinophil count; Hb, hemoglobin; ISM,
636 indolent systemic mastocytosis; LDH, lactate dehydrogenase; MC-I, mast cell

637 infiltration; MCL, mast cell leukemia; KIT, *KIT* D816V allele burden; Monos, monocyte
638 count; Plt, platelets; SM, systemic mastocytosis; SM-AHN, systemic mastocytosis
639 with an associated hematologic neoplasm; SSM, smoldering systemic mastocytosis;
640 WBC, white blood cells.

Figure 1

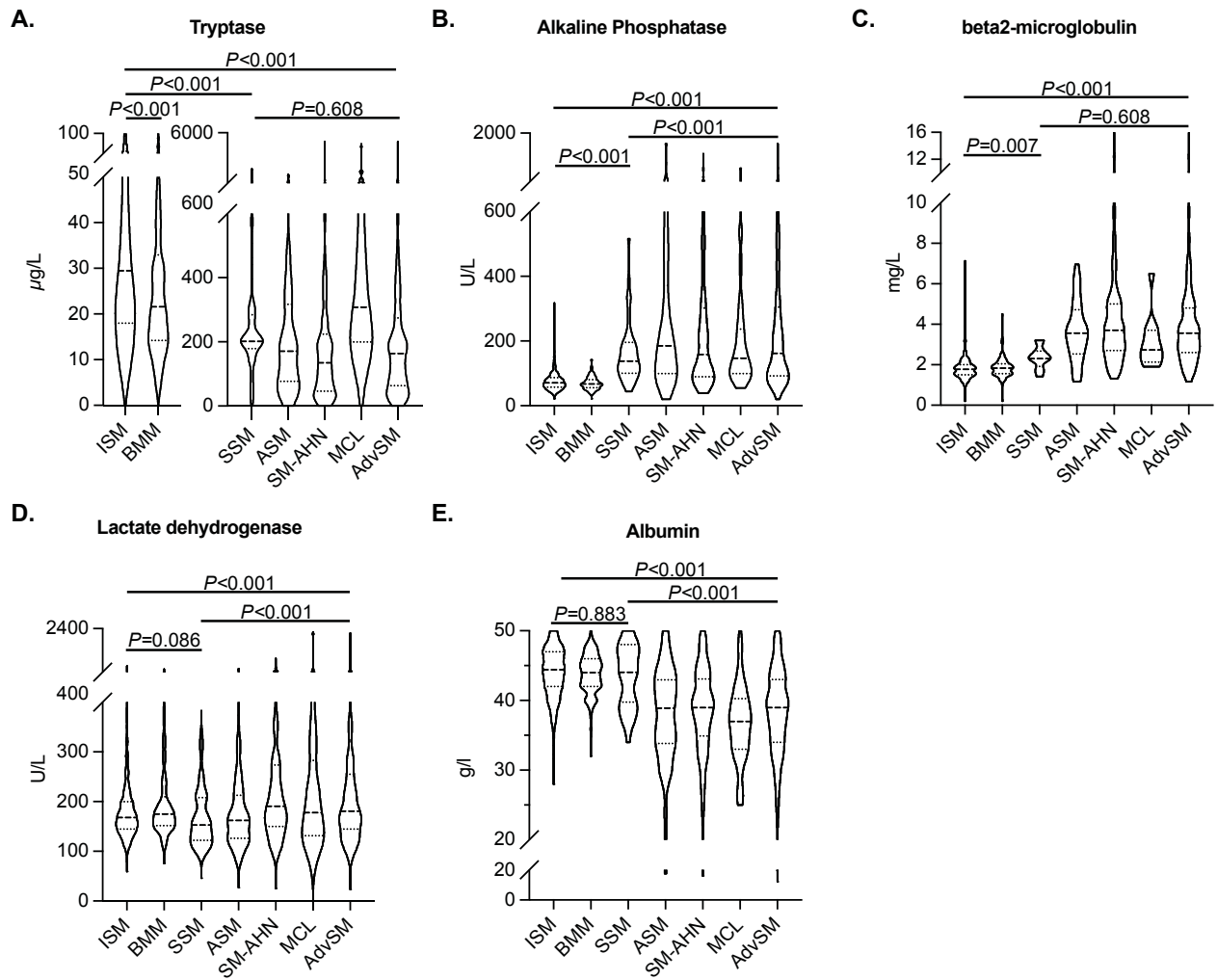


Figure 2

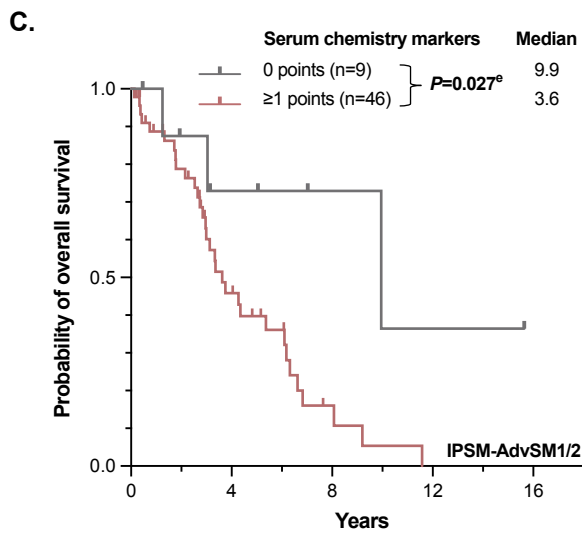
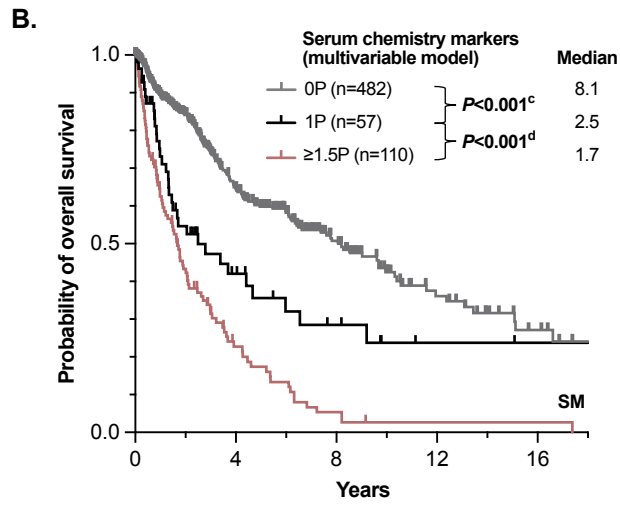
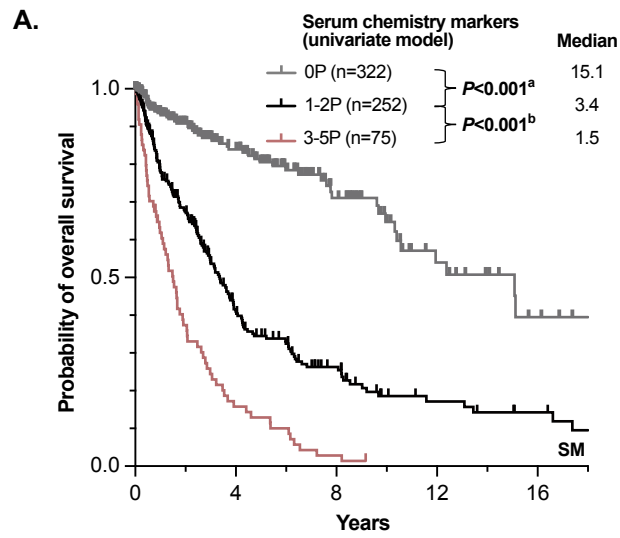
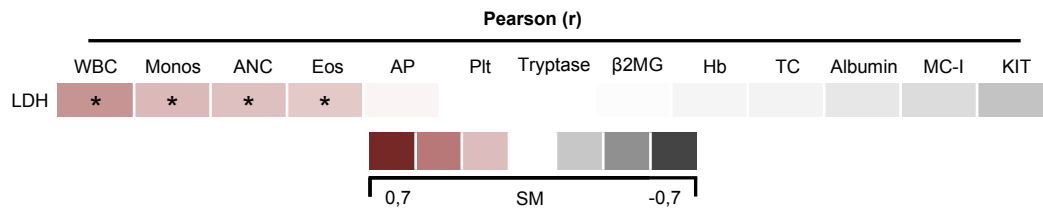
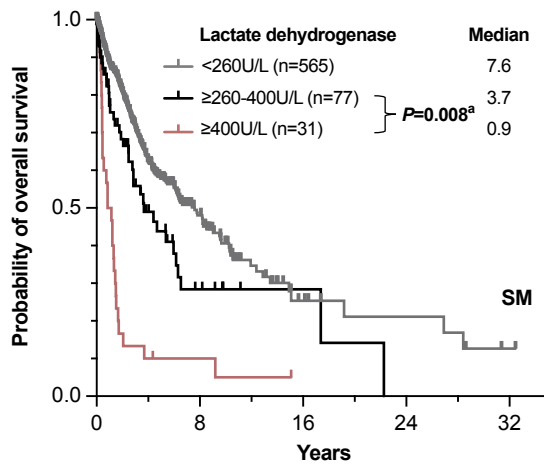


Figure 3

A.



B.



C.

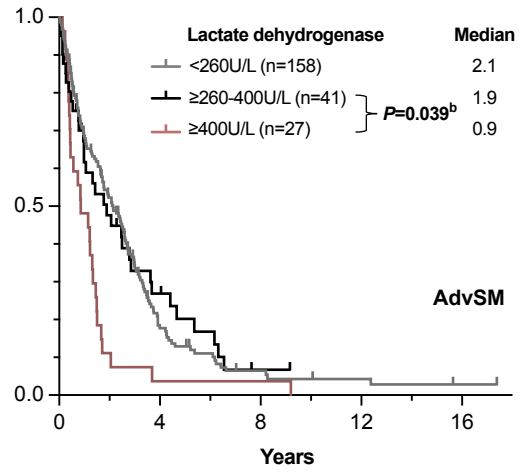
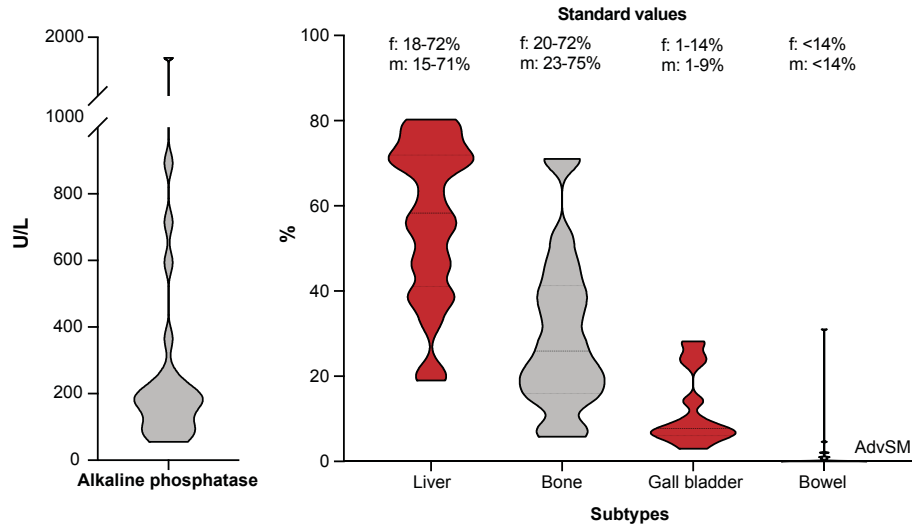
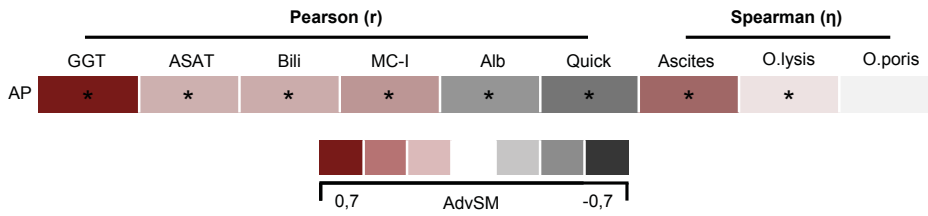


Figure 4

A.



B.



C.

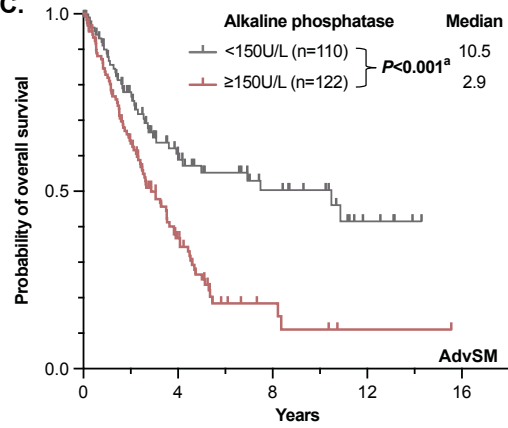
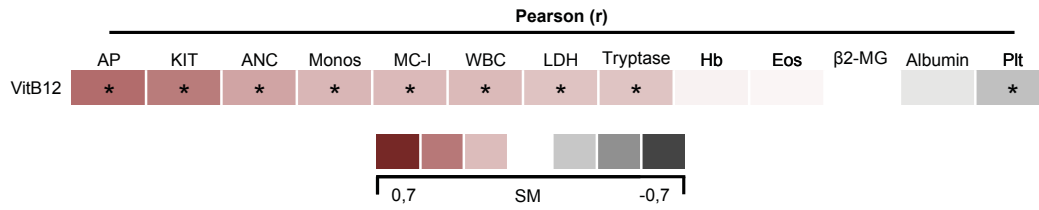
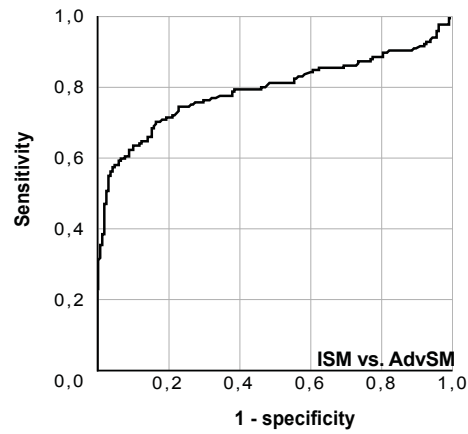


Figure 5

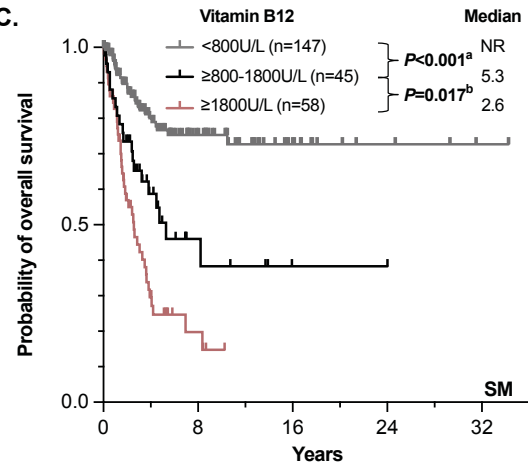
A.



B.



C.



D.

