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Clonal Hematopoiesis and Inflammation in the VasculaturE (CHIVE): a prospective, longitudinal cohort and biorepository

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Abstract:

Clonal hematopoiesis (CH) is an age-associated phenomenon leading to increased risk of both hematologic malignancy and non-malignant organ dysfunction. Increasingly available genetic testing has made incidental discovery of CH clinically common, yet evidence-based guidelines and effective management strategies to prevent adverse CH health outcomes are lacking. To address this gap, the prospective CHIVE registry and biorepository was created to identify and monitor individuals at risk, support multidisciplinary CH clinics, and to refine standards of practice for CH risk mitigation. Data from the first 181 patients enrolled in this registry recapitulate the molecular epidemiology of CH from biobank scale retrospective studies, with DNMT3A, TET2, ASXL1, and TP53 as the most commonly mutated genes. CH patients had higher rates of end organ dysfunction, in particular chronic kidney disease (p=0.001). Among patients with CH, variant allele frequency was independently associated with presence of cytopenias (p=0.008) and progression to hematologic malignancy (p=0.010), while other common high-risk CH clone features were not clear. Notably, accumulation of multiple distinct high-risk clone features was also associated with cytopenias (p=0.013) and hematologic malignancy progression (p=0.004), supporting a recently published CH risk score. Surprisingly, ~30% of patients enrolled in CHIVE from CH clinics were adjudicated as not having CHIP, highlighting the need for molecular standards and purpose-built assays in this field. Maintenance of this well-annotated cohort and continued expansion of CHIVE to multiple institutions is underway and will be critical to understand how to thoughtfully care for this patient population.

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29 Key Points:

- Development of a genotyped and phenotyped cohort of CH patients is required to establish
 clinical guidelines and translational research.
- Initial data from a prospective registry and biorepository of patients with CH recapitulates findings
 derived from retrospective studies.
- 34

35 Abstract:

36 Clonal hematopoiesis (CH) is an age-associated phenomenon leading to increased risk of both 37 hematologic malignancy and non-malignant organ dysfunction. Increasingly available genetic testing has 38 made incidental discovery of CH clinically common, yet evidence-based guidelines and effective 39 management strategies to prevent adverse CH health outcomes are lacking. To address this gap, the 40 prospective CHIVE registry and biorepository was created to identify and monitor individuals at risk. 41 support multidisciplinary CH clinics, and to refine taxonomy and standards of practice for CH risk 42 mitigation. Data from the first 181 patients enrolled in this prospective registry recapitulate the molecular 43 epidemiology of CH from biobank scale retrospective studies, with DNMT3A, TET2, ASXL1, and TP53 as 44 the most commonly mutated genes. Blood counts across all hematopoietic lineages trended lower in CH 45 patients. Additionally, CH patients had higher rates of end organ dysfunction, in particular chronic kidney 46 disease (p=0.001). Among patients with CH, variant allele frequency was independently associated with 47 presence of cytopenias (p=0.008) and progression to hematologic malignancy (p=0.010), while other 48 common high-risk CH clone features were not clear. Notably, accumulation of multiple distinct high-risk 49 clone features was also associated with cytopenias (p=0.013) and hematologic malignancy progression (p=0.004). supporting a recently published CH risk score. Surprisingly, ~30% of patients enrolled in 50 51 CHIVE from CH clinics were adjudicated as not having CHIP, highlighting the need for molecular 52 standards and purpose-built assays in this field. Maintenance of this well-annotated cohort and continued 53 expansion of CHIVE to multiple institutions is underway and will be critical to understand how to 54 thoughtfully care for this patient population.

55 Introduction:

56 Clonal hematopoiesis (CH) is an over-representation of mature blood cells derived from a single,

57 genetically identical clone.¹ CH is highly correlated with increasing age, with 15% of patients over the age of 65 estimated to have CH with a variant allele fraction (VAF) of at least 2%.¹⁻⁴ CH is genetically 58 59 heterogeneous, with most cases resulting from somatically-derived mutations in leukemogenic driver genes within hematopoietic stem and progenitor cells (HSPCs).³ Variants have been reported from 72 CH 60 driver genes, though more than two-thirds of CH mutations are found in one of three genes: DNMT3A, 61 TET2, and ASXL1 ('DTA' mutations).^{3,5,6} While CH-associated genes span a diverse set of cellular 62 functions and processes, including epigenetic regulation, transcription, and RNA splicing.^{7,8} the resulting 63 64 effect of a CH driver mutation is enhanced cellular fitness leading to a selective advantage for the clone 65 and subsequent clonal expansion.^{1,8,9}

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67 CH presents as clonal hematopoiesis of indeterminate potential (CHIP), an asymptomatic state with 68 normal complete blood counts (CBC). Clonal cytopenia of uncertain significance (CCUS) connotes the 69 presence of a clone and one or more associated cytopenias without a clear identifiable cause and a bone marrow biopsy lacking morphologic myelodysplasia.¹⁰ Numerous studies have demonstrated that CHIP 70 and CCUS both increase potential to progress to hematologic malignancy.^{1,8} Thus, CH is considered a 71 72 premalignant state, and it is estimated that 0.5-1% of CHIP cases transform into an overt hematologic malignancy per year after acquiring additional somatic mutations.⁹ By definition, CCUS includes a 73 hematologic phenotype and thus can be more pervasive in patients with multiple mutations, high VAFs. 74 and/or those with non-DTA, myeloid-neoplasm type clones.¹¹ The concept of high versus low-risk of 75 76 progression to myeloid neoplasm has been recently evaluated and a risk score calculator developed for the evaluation individuals for CH, though this has not been prospectively validated¹². 77

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In addition to malignancy risk, CH is associated with a high burden of organ dysfunction, and confers a
40% increase in all-cause mortality.² Recent reports of CH-associated organ dysfunction include
increased risk of stroke and atherosclerotic vascular disease (ASCVD),^{13–16} inflammation and
autoimmune disease,^{17–19} chronic obstructive pulmonary disease,²⁰ infection,²¹ and chronic kidney

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disease,^{22–24}, among others.²⁵ Moreover, the mechanisms driving CH-associated adverse outcomes, in particular ASCVD, have recently been the subject of intense study.^{13,14,16,26} Given the diversity of genes involved in CH, myriad inflammatory and non-inflammatory mechanisms likely exist for all downstream pathologies. As such, the prevailing immune dysregulation hypothesis as it currently exists does not completely reflect the complexity of CH across disease manifestations, and prospective assessment of collected patient samples and variant-specific mutational changes are needed.

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90 Despite ample evidence supporting the association of CH with malignancy risk and end organ 91 dysfunction, clinical guidelines for the identification, management, and surveillance of patients with CH 92 are lacking, and treatment strategies for CH are nascent. Likewise, while recent progress has been made 93 in our mechanistic understanding of CH progression and association with adverse outcomes, our clinical 94 comprehension of factors mediating CH expansion and risk of progression remains poorly understood. 95 This is due, in part, to the retrospective nature of available data and paucity of serial evaluation of CH-96 related clones. Because CH represents a broad array of genes and clinical outcomes, research 97 infrastructure must be built to study patients in a prospective manner to understand the mechanisms of 98 progression at the level of the individual mutation in variable germline contexts. Large-scale prospective 99 cohorts will allow for the resolution needed to not only codify the natural history of CH but also give insight 100 to possible therapeutic approaches. Ultimately, the development of clinical guidelines to risk-stratify and 101 treat patients with CH is needed to advance healthcare for a significant proportion of our aging 102 population. To begin to address these challenges, we developed CHIVE (Clonal Hematopoiesis and 103 Inflammation in the VasculaturE), a collaborative registry and biorepository, and here, we describe a 104 novel approach to identification and enrollment of patients at risk for CH. We collate an early evaluation 105 of clinical outcomes in CH patients compared to those considered at risk for CH demonstrating the 106 importance of development and maintenance of multidisciplinary, prospective CH clinics and 107 biorepositories.

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109 Methods

110 Identification and Inclusion of Study Participants

111 Prospective CHIVE participants were identified by outpatient providers across Vanderbilt University 112 Medical Center (VUMC). Patients were eligible for study inclusion if they were either over 40 years age or 113 over 18 years of age with a known risk factor for CH, could give informed consent, and did not have an 114 active hematologic malignancy (Figure 1). Our existing CH Clinic (established in 2018) includes patients 115 with idiopathic cytopenia of uncertain significance (ICUS), CCUS, or CH as noted on clinical next 116 generation sequencing (NGS): these patients were included in Arm A of CHIVE (n=57). By contrast, we 117 also sought out a population at risk for CH which liberally included patients over 40 years of age, or 18 years of age with a history of solid tumor, cardiovascular disease, renal disease, rheumatologic disease, 118 119 or diabetes: Arm B (n=122). To identify patients at risk, we collaborated with specialists in 120 hematology/oncology, cardiology, rheumatology, and genetic medicine, given the known associations between CH and cardiovascular disease,^{13,14,16} autoimmune disease,^{17,19} history of 121 chemotherapy/radiation treatment,^{27,28} and common hereditary cancer-related mutations,²⁹ our initial 122 123 collaborations were between these subspecialists. 124

125 Patients in Arm A were actively and voluntarily enrolled in CHIVE directly from CH Clinic. For those 126 patients in Arm B, enrollment occurred via initial collaborators as noted above, or from direct patient 127 interest in participation in research studies. In the case of the latter, our institution offers patients with 128 interest in research studies to be contacted when new opportunities arise, so, eligible patients with 129 interest in research studies were considered for CHIVE if deemed eligible via review of the electronic 130 medical record (EMR). This subset of patients with upcoming appointments at the hospital system were 131 contacted via telephone, introduced to the study, and if meeting criteria, offered the opportunity to 132 voluntarily participate in CHIVE.

133

Once enrolled, the research study was integrated with their regularly scheduled clinical care for all patients. Consensus guidelines are lacking regarding clinical and laboratory monitoring of patients with CH, though experts agree that CH patients with high-risk features (multiple mutations, high VAF, high-risk mutations) should be monitored with greater frequency.^{12,30} Accordingly, follow-up samples were collected at 6- to 12-month intervals based on a rubric created by clinical experts in CH (**Supplementary Figure 1**). Samples were collected from "high-risk" patients every six months, while collection was extended to
twelve months for those without CH or with "low-risk" CH. This study was reviewed and approved by the

141 Vanderbilt Institutional Review Board, and enrollment is ongoing.

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143 <u>Development of a Biorepository</u>

144 After participants gave informed consent, clinical data available from standard clinical care was collected, 145 including demographic data, medical histories, vital signs, laboratory studies, imaging studies, data from 146 bone marrow biopsies, and clinically ordered genotyping. Genetic data included germline testing, clinical 147 next generation sequencing mutation analyses, and chromosome analyses. Additional cardiovascular 148 studies including electrocardiogram data, and echocardiogram data were collected when available. Upon 149 study enrollment, initial research samples from peripheral blood draws were obtained at the time of 150 planned, routine, clinical sample collection. Similarly, aliquots from bone marrow aspirate and biopsies 151 were procured when available.

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Blood samples collected at 6- to 12-month intervals were stored within the *CHIVE* biorepository, a dedicated space with capacity to store peripheral blood and bone marrow samples. Specimens were maintained in a liquid nitrogen freezer with a password protected lock, which was housed in a dedicated laboratory space under supervision. Specimens were assigned a de-identified participant number for archiving to prevent subject identification; patient identifiers were separately stored in a REDcap database, accessible only with secure ID and password.

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160 CH Status Ascertainment

A low-cost custom oligonucleotide gene capture panel (Twist Bioscience) covering 95% of all CH gene mutations (**Supplementary Table 1**) was used to perform targeted sequencing of prospective *CHIVE* participants as previously described³¹. Briefly, DNA was extracted from whole blood using Qiagen Mini kits (Cat #27104) according to manufacturer's recommendations. DNA library preparation was performed using a hybrid capture system to selectively amplify genes of interest (Twist Bioscience) prior to sequencing on an Illumina Novaseg 6000 targeting 1000x coverage. Mutect2, a publicly available somatic 167 variant caller in the Genome Analysis Toolkit (GATK), was used to detect CH variants within the aligned sequencing data using the Tera biocomputing platform (http://Terra.bio).³² A putative variant list was 168 169 created and filtered. Variants with total low read depth (<100), low variant allele read depth (<3), or 170 variant allele fraction below the threshold for CHIP (<2%) were removed from the dataset. Manual filtering 171 was performed to remove known sequencing artifacts including variants that appear recurrently in multiple samples and/or across multiple projects but that are not known CHIP hotspots^{2,6,33}. We 172 173 additionally sought to distinguish germline from somatically occurring variants. We performed a binomial 174 test to determine whether the measured allele depth for the variant is statistically different from half of the 175 total allele depth at that site. We removed any variants that were not significant at p<0.05. We refer to 176 this sequencing assay henceforth as 'CHIVEseq'.

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For analysis, patients from Arm A or Arm B were included in the CH-positive (CH+) group if they met criteria for CH via the CHIVEseq assay at any time during their enrollment in the study (i.e., on initial or follow-up sequencing). Patients with confirmed CH mutations both with cytopenias (CCUS) and without cytopenias (CHIP) were included in the CH+ group. All consented, genotyped patients who were not found to have CH by the CHIVEseq assay at any point in time were included in the CH-negative (CH-) group. Notably, these CH- patients were not true controls because all patients enrolled in *CHIVE* were at higher risk for CH than the general population based on clinical characteristics.

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For any cases in which CH status determined via CHIVEseq assay differed from that determined via clinical genotyping, the discrepancy was rectified, and CH status was designated via manual evaluation of genotyping results. Common reasons for such discrepancies included misidentification of a germline variant as CH, VAF below 2%, and mutations found via clinical sequencing were in genetic regions not covered by the CHIVEseq assay. In the latter case these variants were reviewed and classified as CH if they otherwise met criteria used for CHIP determination in whole genome- or exome-based methods³³

193 Clinical Management

All patients followed in CH Clinic (Arm A) were referred to collaborating cardio-oncology for individualized risk assessment for cardiovascular disease. Patients in Arm A had blood pressure measurement, physical exam, and basic laboratory testing including CBC with differential, complete metabolic panel (CMP), and inflammatory markers. For patients in Arm B, who were not followed in CH clinic, laboratory and imaging data were recorded and maintained in the *CHIVE* database as available from routine clinical care.

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200 Care for CH patients demands a multidisciplinary approach as input from investigators across clinical 201 specialties enriches patient care. Our CH clinic, like most early CH clinics, emanated in hematology, but 202 as experience grows, it is important to assure that patients with CH or at risk for CH can be initially 203 managed at various points of entry. At our institution, patients can enter *CHIVE* from throughout the 204 medical system, and providers across specialties can initiate evaluation and enroll patients.

205

206 Baseline clinical characteristics and laboratory results collected during routine care were extracted from 207 the EMR and organized according to CH status. Laboratories were analyzed if collected within six months 208 of the most recently sequenced sample. If multiple laboratories were collected within this six-month 209 range, the lab values collected nearest in time to the sequencing sample were used for analysis. 210 Laboratory results from hemoglobin A1c (HbA1c) and brain natriuretic peptide (BNP) were analyzed if 211 collected as part of routine care within one year of the most recently sequenced sample. Resting ejection 212 fraction (EF) measurements were collected from a variety of tests of cardiovascular function, including 213 echocardiograms, cardiac magnetic resonance imaging, myocardial perfusion imaging, and left heart 214 catheterization.

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216 Statistical Analysis

Chi-squared tests were performed to determine statistical significance of categorical variables, and two sample t-tests were used to compare the means of continuous variables. If the assumptions of these parametric tests were violated, the nonparametric alternatives were used. To account for possible confounders, a multivariable regression was performed for each statistically significant outcome to assess independent contribution from age, sex, and body mass index (BMI), in addition to CH status. The largest VAF detected per individual with a CH variant was tested for an association with age using linear regression analysis and Pearson's correlation coefficient. Clonal hematopoiesis risk score were derived from initial blood count and sequencing information to categorize patient prognostic risk as high intermediate or low. A fisher's exact test was used to determine if there was a statistically significant correlation with risk categorization. All analyses were performed using R statistical software (v4.1.1) with a statistical significance alpha value defined as 0.05. For visualization of mutational landscape among CH patients, an UpSet plot was generated using the UpSetR package.^{34,35}

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230 Results

231 <u>Study Population Characteristics</u>

From October 2020 to April 2023, 261 patients were approached for consent to enroll in *CHIVE*. 34 patients did not meet inclusion criteria, 47 declined consent, and one patient voluntarily withdrew from the study. Therefore, genotyping results were obtained from 336 samples from 181 total patients: 99 patients were determined to have at least one CH mutation (CH+) and 82 patients had no CH mutations (CH-; **Figure 1**). Two hundred and forty-six samples were serial samples collected from 89 patients at regular intervals as dictated by the testing rubric (**Supplementary Figure 1**). Of the 181 patients included in the study, 63 were recruited from hematology, 69 from cardiology, 45 from genetics, and 4 from

239 rheumatology (Supplementary Table 2).

240

Males comprised 50.5% of the CH+ patients and 29.3% of the CH- patients (p = 0.006) (**Table 1**). Median age of CH+ patients was 71.91 years old and CH- patients is 62.90 (p < 0.001), and 74.2% of patients in the CH+ group were \geq 65 years old compared to 46.3% in the CH- group. The median BMI was similar between groups (p = 0.256).

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246 CH Mutation Analysis

247 The most commonly mutated genes were DNMT3A (n=44), TET2 (n=40), ASXL1 (n=10), and TP53

248 (n=10; Figure 2). Other genes found to be mutated in this population were SRSF2, IDH2, SF3B1,

249 PPM1D, JAK2, ASXL2, BRCC3, GNB1, and GNAS. The majority of CH+ patients (n=99), had single

250 mutations in either DNMT3A (n = 29) or TET2 (n=21). Twenty-eight of the 99 total CH patients (28.9%) 251 had multiple mutations (Figure 2). VAF ranged from 2.1 – 79.8%. The highest VAF for any gene for each 252 CH+ patient was plotted against age at genotyping revealing a nominal positive correlation between age 253 and VAF (Pearson's correlation coefficient r = 0.18, p=0.079, Supplementary Figure 2). Bone marrow 254 aspirates were collected during routine care for 15 patients. Of these, 8 had concordant mutations with 255 similar overall VAFs between bone marrow and peripheral blood. Five samples lacked mutations in either 256 the bone marrow or the peripheral blood. There was sample with a mutation in the peripheral blood with 257 no corresponding mutation in the BM and similarly, one mutation found in a bone marrow aspirate without 258 concordant findings in the peripheral blood. Putative germline variants were also able to be identified 259 within our CHIVE-seg assay. Thirteen patients harbored 17 mutations in CH genes in germline 260 distribution. None were known pathologic variants (Supplementary Table 3).

261

262 Of note, 57 patients recruited to CHIVE were included in Arm A and were suspected to have a CH 263 mutation based on a clinical sequencing panel. However, only 41 of these patients were found to have 264 CH using the CHIVEseq assay. We investigated the 16 discrepant results and identified that all variants 265 reported on in clinical panels did not meet conventional CH criteria (Table 2) Most of these (n=12 266 patients, n=16 variants) were missense variants in CH genes at non-hotspot sites present at a VAF of 267 roughly 50% and failing the binomial test, consistent with germline variants. Two patients had a missense 268 mutation in CUX1, a gene not included on the CHIVEseq assay. One individual had a JAK2 V617F 269 variant at 0.2% VAF, which was below the current 2% VAF threshold for CH diagnosis. One individual 270 had a SF3B1 K700E variant at a low VAF (3.1%) via clinical sequencing that was not subsequently 271 identified via CHIVEseq, even at VAF below 2%. The same patient had a DNMT3A L888Q variant, which does not meet conventional criteria for CH.^{13,33} Finally, one patient had a ASXL1 G646Wfs*12 variant in a 272 273 homopolymer region: by CHIVEseq, variants within this region at a VAF below 10% are considered artifactual.³³ This patient's ASXL1 G646Wfs*12 VAF was 6% and therefore not considered to represent 274 275 CH.

276

277 Clinical Findings

278 The median white blood cell (WBC) count, hemoglobin (Hgb), hematocrit (Hct), and platelets (Plts), and 279 the depth of cytopenias were not statistically significance between CH- patients and CH+ patients (Table 280 3). Creatinine values were significantly elevated in CH+ patients compared to CH- patients (0.98 vs. 281 0.90, p=0.015; **Table 3**), however multivariable regression analyses revealed that these differences were 282 independently associated with patient BMI but not with CH status (Supplementary Figure 3). Finally, 40 283 of 99 CH+ patients (41.2%) met criteria for chronic kidney disease (CKD) compared to 15 of 82 controls 284 (18.3%) (p=0.002; Table 3). In this case, multivariable regression analyses showed these differences 285 were independently associated with both patient age (p=0.012) and CH status (p=0.039; Supplementary 286 Figure 3).

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Significantly more CH+ patients had a history of coronary artery disease (CAD) compared to CH- patients (55.7% vs. 32.9%, p=0.004). Similarly, CH+ patients in this cohort had increased rates of hypertension diagnosis 79.4% vs. 52.4%, p<0.001) and heart failure diagnosis (22.7% vs. 9.8%, p=0.035) compared to the CH- group (**Table 4**). However, multivariable regression revealed that these differences were not independently associated with CH status in this small cohort.

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Overall non-hematologic cancers were prevalent in CHIVE patients due to recruitment from a hereditary
 cancer clinic. Among CH patients, 30 (30.9%) had other forms of malignancy while non-CH patients
 totaled 37 (45.1%). Breast cancer was the most frequent non-hematologic cancer in both subgroups
 (Supplementary Data Table 4).

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299 Patient Outcomes

Of the 99 CH+ patients, six (4.7%) progressed to frank hematologic malignancy over the course of the 2.5-year study. Two of these 6 patients (33%) harbored CH mutations in two or more genes, 4 (67%) had mutations in genes considered to be high risk, and 5 (83.3%) had one or more variants with a VAF greater than 10% (**Table 5**). The average VAF among these eight patients was 35.7% compared to 10.8% in those CH+ patients who have not progressed to malignancy. Interestingly, when also accounting for age, sex, and BMI, CH VAF was independently and significantly associated with a diagnosis of CCUS 306 (p=0.004) and with progression to hematologic malignancy (p=0.009), while other high-risk clone 307 features, presence of multiple mutations and presence of mutations in high-risk genes, were not 308 independently associated with either CCUS or malignancy progression in this initial cohort. However, the 309 total number of high-risk clone features present was significantly associated with both diagnosis of CCUS 310 (p = 0.009) and progression to hematologic malignancy (p = 0.004, Supplementary Figure 4). The Clonal Hematopoiesis Risk Score (CHRS) calculator was used assign prognostic risk categories (low, 311 intermediate, high) across the CHIVE cohort¹². Fifty patients were determined to be low risk with one 312 313 patient (2%) progressing to malignancy. Intermediate risk included 32 patients with one (3.1%) 314 progressing to malignancy while 14 patients were high risk and four (28%) progressed to malignancy. 315 CHRS categorization in our cohort was predictive of malignancy progression (Fisher's exact test, p = 316 0.007).

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Eight out of 99 CH+ patients (8.1%) and 2 of 82 CH- patients (2.4%) died over the course of the study period resulting in a trend toward decreased survival in CH+ patients (p = 0.112). The most common causes of death among CH+ patients were malignancy (n = 5) and septic shock (n = 3), while the two CHpatients died of trauma and renal failure (**Supplementary Table 5**).

322

323 Discussion

324 CH is an increasingly recognized condition with broad implications among aging populations. As NGS 325 continues to evolve and become more widely adopted, additional patients will be identified with putative 326 CH, underscoring the need for a greater understanding of the natural history of CH as well as the 327 development of hematopathology and clinical guidelines. Registries, biorepositories, and prospective 328 observational studies with well-described CH patients are critical to meeting this need. The CHIVE 329 biorepository is a proof-of-principle, single institution-wide effort to define and catalog CH patients with the 330 intention of building a cohort of patients from which new clinical insights and treatment strategies can be 331 derived. To our knowledge, this is the first prospective CH registry and biorepository with preliminary 332 outcomes to be described.

334 Analysis of several aspects of our data aligns with previous research from large-scale studies. Patients 335 with CH variants followed expected proportions of known CH genes with DNMT3A, TET2, ASXL1, and 336 TP53 as the most prominent. The median age of CH+ patients was a decade older than CH- patients, 337 providing further data supporting CH as an age-associated process. Patients with CH also had higher 338 mortality rates compared to those without CH without a clear categorical trend. CH+ patients in this cohort 339 had decreased blood counts across all hematopoietic lineages as well as increased rates of chronic 340 kidney disease. Finally, accumulation of multiple high-risk features of CH clones was associated with 341 increased rates of CCUS diagnosis and development of hematologic malignancy. Taken together, these 342 findings mirror larger retrospective datasets, demonstrating enhanced risk of CH across a spectrum of 343 pathologies.

344

345 Some elements of our data were not congruent with currently published studies. While we observed 346 higher rates of cardiovascular diagnoses in the CH+ group compared to the CH- group, these outcomes 347 were independently associated with other patient factors, such as age, sex, and BMI, and not with CH 348 status. These findings are attributable to a lack of power in our currently small cohort, more stringent 349 definition of CH-driver genes, and/or, additional patient factors that could serve as potential confounders. 350 Notably, our CH- cohort is not a true control group as all patients enrolled were deemed at risk for CH; 351 many of them (29%) were enrolled via cardiology due to known cardiovascular dysfunction. Given the 352 disproportionately high rates of cardiovascular disease in the CH- group compared to the general 353 population, the emergence of a trend towards worse cardiovascular outcomes in the CH+ group suggests 354 an association between CH and cardiovascular disease that may be partially masked within our cohort. 355

We also identified 'largest VAF' as positively associated with CCUS and development of malignancy in our cohort, while other clone features commonly considered high-risk (multiple mutations, specific highrisk mutations) were not. This observation may point to clone features within the "high-risk" category that confer even higher risk. The CHRS categorization of CHIVE patients were highly congruent with malignancy outcomes in this small cohort with 1-2 years of follow up. One third of patients progressed to malignancy who were categorized as high risk whereas only 2% progressed to malignancy who were in the low-risk category. While there is not enough longitudinal data to prospectively validate this score, it affirms the utility of such a score and represents an easy-to-use tool for clinicians. Continued refinement of this score through the accrual of prospective data will better inform and equip clinicians in serial monitoring and implementation of early prevention strategies, medical therapies, and treatment plan adjustments.

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This study is the first to actively recruit patients from outside of hematology, and 56 of the 117 patients recruited from cardiology, genetics, and rheumatology were found to have CH variants not previously identified. It is important to continue to find and recruit these patients to CH clinics to advance clinical and translational research into the natural history of CH, to identify potential high-risk features of clones that may warrant CLIA-approved sequencing and close monitoring, and to guide specialty-specific follow up of these newly identified CH patients.

374

375 This study also highlights current challenges associated with increasing rates of clinical use of NGS and subsequent referral practices. While there are specific genes that account for the vast majority of reported 376 CH, there is not a universally accepted list of CH driver genes.³³ Furthermore, the various NGS platforms 377 and panels differ considerably in which genomic regions are sequenced, and if and how variants are 378 reported out.³³ Predictably, these factors cause confusion among health care providers regarding what 379 380 constitutes a potential pathologic clone, and ultimately lead to referrals to clinics that may not be 381 necessary. In this real-world cohort, 16 patients were referred to CH Clinic and enrolled in CHIVE based 382 on mutations identified via a clinical NGS panel, butwho did not have a bona fide CH mutation. Though 383 these patients did not meet current criteria for CH prospective data such, as those from CHIVE, can be 384 used to clarify and validate definitions of CH, so following these patients for future analyses is critical. 385 This will serve as a basis for buttressed CH definitions which will provide guidelines for surveillance and 386 referral practices, and be useful in the evolving CH clinical trials.

387

There are certain limitations in this study that should be addressed and will improve with enrollment from more patients from multiple sites. First, *CHIVE* is a single-center study, with limited ethnic diversity. Our 390 novel recruitment strategy with inclusion of patients seen in hereditary cancer clinic (25% of cohort) likely contributed to the female skew and limited ethnic diversity of the patients in our cohort,³⁶ which limits 391 392 generalizability to other populations. We have opened CHIVE and are beginning enrollment at other sites 393 to address this directly. As a growing biorepository, our study currently lacks sufficient sample size, which 394 limits the ability to discern all but the strongest relationships within the data. For instance, some measures 395 of cardiovascular and renal function demonstrate decreased function in CH patients and will be expected 396 to meet statistical significance with larger sampling. Enrollment in CHIVE is ongoing, and we anticipate 397 that our ability to perform complex analyses will increase as we accumulate a more robust data set. The 398 expansion of participant recruitment intra- and inter- institutionally will both increase sample size and 399 further diversify our patient population.

400

401 In conclusion, we demonstrate the feasibility of a prospective, observational study of CH patients utilizing 402 a robust referral network to support both clinical care and translational research. A well-genotyped and 403 phenotyped cohort of CH patients will be critical to future translational research efforts and clinical trials -404 a key function of our study design. Early clinical findings from our cohort recapitulate large scale 405 retrospective datasets where CH patients are at an increased risk of development of hematologic 406 malignancy, end organ damage, and all-cause mortality. Scaling this resource in collaboration with other 407 centers is underway and will enable the development of clinical guidelines and treatment strategies for 408 this increasingly recognized patient population.

409

410 **Competing Interests Statement**

All unrelated to the present work: M.R.S. reports personal fees from AbbVie, BMS, CTI, Sierra Oncology,

412 Novartis, grants from Astex and Incyte, personal fees and other support from Karyopharm, Ryvu,

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- 415 Cytokinetics, Takeda, BeiGene, Kiniksa, Kurome Therapeutics, BitterRoot Bio, Deciphera, Regeneron,
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- 417 reports grants from Incyte. A.G.B. is a scientific co-founder and has equity in TenSixteen Bio. All other
- 418 authors declare that they have no competing interests.
- 419

420 Author Contributions

- 421 M.L.S., J.B.H., and S.O. Collected and analyzed data, recruited patients, drafted the original manuscript,
- 422 and revised the manuscript.
- 423 A.D., Z.C., C.S., A.J.S., D.B., T.S., M.B., K.P., A.K., S.S.S., and J.U. Collected data, recruited patients,
- 424 and revised the manuscript.
- 425 C.V. Collected and analyzed data and revised the manuscript. Y.X., M.B., J.M., E.J., P.B.F., D.S.,
- 426 conceived the study, collected and analyzed data, and revised the manuscript.
- 427 A.G.B., and M.R.S. Conceived of the study, supervised the study and revised the manuscript.

429 Figure Legends

Figure 1. A total of 265 patients were approached for consent and 181 were enrolled; 47 patients were excluded because they declined consent. Thirty-six did not meet inclusion criteria. One patient voluntarily withdrew from the study. Of the enrolled patients, 63 were recruited from CH Clinic in the department of hematology (Arm A) and 118 were recruited from elsewhere in the hospital system (Arm B). CH+ patients were defined as individuals with a CH variant present with a VAF of 2% or greater on the CHIVEseq assay (n = 99).

436

Table 1. Baseline demographic characteristics of CH+ patients compared to CH- patients. Values are
 presented as counts (percentage) for categorical variables or median (interquartile range) for continuous
 variables.

440

Figure 2. UpSet plot of CH-associated genes. Horizontal bars (Set Size) represent the number of
individual mutations in each gene present within our cohort of CH+ patients (n = 99). Vertical bars
(Intersection Size) represent the number of CH+ patients with a given mutational landscape. Connecting
dot plot displays the specific gene or combination of genes that are mutated in each patient group.

445

Table 2. Patients who were referred with positive clinical CH determination found to be CH- on CHIVEseq
assay. Mutation in question, clinical panel, and reasoning for non-CH diagnosis are reported.

448

Table 3. Selected laboratory values and clinical diagnoses of CH+ patients compared to CH- patients.
Values are presented as median (interquartile range) for continuous variables and counts (percentage)
for categorical variables. For blood counts, n = 151 (86 CH+ and 65 CH-). For BUN and creatinine, n =
155 (88 CH+ and 67 CH-). For glucose, n = 158 (90 CH+ and 68 CH-). For HbA1c, n = 83 (53 CH+ and
30 CH-). For ESR, n = 31 (19 CH+ and 12 CH-). For CRP, n = 35 (21 CH+ and 14 CH-). For CKD and
diabetes mellitus diagnoses, n = 181 (99 CH+ and 82 CH-).

- 456 **Table 4**. Selected measures of cardiovascular health in CH patients compared to those without CH.
- 457 Values are presented as median (interquartile range) for continuous variables and counts (percentage)
- 458 for categorical variables. For brain natriuretic peptide, n = 61 (46 CH+ and 15 CH-). For ejection fraction,
- 459 n = 43 (15 CH+ and 28 CH-). For systolic blood pressure, diastolic blood pressure, CAD diagnosis,
- 460 hypertension diagnosis, and heart failure diagnosis, n = 181 (99 CH+ and 82 CH-).
- 461
- 462 **Table 5**. Clone features of CH patients that developed hematologic malignancy over the course of the
- study. Clone features considered to be high-risk include total number of mutations, variant allele fraction
- 464 (VAF), and mutation(s) in high-risk genes.

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555 **Table 1.**

556 Table 1.

	CH - (n=82)	CH + (n=99)	p value
Sex			
Male	24 (29.3)	50 (50.5)	0.009
Female	58 (70.7)	49 (49.5)	
Age			
18-29	3 (3.7)	0 (0.0)	
30-49	14 (17.1)	1 (1.0)	
50-64	27 (32.9)	24 (24.8)	
65+	38 (46.3)	74 (74.2)	
Median +/- IQR	62.9 (51.5 - 72.7)	71.9 (64.0 - 77.5)	<0.001
Body Mass Index (BMI)			
<18.5	3 (3.7)	1 (1.0)	
18.5 - 24.9	23 (28.0)	22 (22.7)	
25.0 - 29.9	28 (34.2)	34 (35.1)	
30.0 - 34.9	17 (20.7)	23 (23.7)	
>35	11 (13.4)	17 (17.5)	

	27.4 (24.1 -	28.9 (25.4 -	
Median +/- IQR	32.4)	32.1)	0.253
Tobacco Use			
Current Smoker	2 (2.4)	4 (4)	0.691
Former Smoker	22 (26.8)	30 (30.3)	0.624

557

558 Table 2.

	Clinically		
Study	Identified		
ID	Mutation(s)	Clinical Panel	Reason(s)
	JAK2 p.V617F	Tempus (liquid	
0006	(VAF 0.2%)	biopsy)	Below 2% VAF threshold
			Germline mutation; mutation is outside of TET2
	TET2 p.A915P	Myeloid Neoplasm	catalytic domain & therefore not considered a CH
1020	(VAF 45%)	NGS Panel	variant by CHIVEseq
	BCOR		
	p.E1081K	Myeloid Neoplasm	Germline mutation; BCOR gene not covered on
1071	(VAF > 99%)	NGS Panel	CHIVEseq assay
	CUX1		
	p.P1080* (VAF	Myeloid Neoplasm	
1085	5.18%)	NGS Panel	CUX1 gene not covered on CHIVEseq assay
	JAK2 p.N691H	Myeloid Neoplasm	Germline mutation; mutation not considered a CH
1095	(VAF 47.87%)	NGS Panel	variant on CHIVEseq assay
	TET2 p.C88R		TET2: Germline mutation; mutation is outside of TET2
	(VAF 45.94%)	Myeloid Neoplasm	catalytic domain and therefore not considered a CH
1103	CSF3R	NGS Panel	variant by CHIVEseq

	p.R698C (VAF		CSF3R: Germline mutation; CSF3R gene not covered
	48.92%)		on CHIVEseq assay
	BCORL		
	p.V881E (VAF	Myeloid Neoplasm	Germline mutation; BCORL gene not covered on
2001	49.52%)	NGS Panel	CHIVEseq assay
	SH2B3		
	p.L429V (VAF	Myeloid Neoplasm	Germline mutation; SH2B3 gene not covered on
2006	48.58%)	NGS Panel	CHIVEseq assay
	CALR		
	p.E381del		
	(VAF 48.97%)		CALR: Germline mutation; CALR gene not covered on
	BCOR		CHIVEseq assay
	p.S209L (VAF	Myeloid Neoplasm	BCOR Germline mutation; BCOR gene not covered on
2011	99.2%)	NGS Panel	CHIVEseq assay
	JAK2 p.I724T		JAK2: Germline mutation; mutation not considered a
	(VAF 48.99%)		CH variant by CHIVEseq
	SMC1A		SMC1A: Germline mutation; SMC1A gene not covered
	p.l1062M (VAF		on CHIVEseq assay
	50.47%)		TET2: Germline mutation; mutation is outside of TET2
	TET2 p.A289P	Myeloid Neoplasm	catalytic domain and therefore not considered a CH
2015	(VAF 48.99%)	NGS Panel	variant by CHIVEseq
	CUX1		
	p.E1373Q		
	(VAF 48.62%)	Myeloid Neoplasm	Germline mutations; CUX1 gene not covered on
2016	CUX1	NGS Panel	CHIVEseq assay

	p.R843K (VAF		
	50.35%)		
	DNMT3A		
	p.A462V (VAF	Myeloid Neoplasm	
2019	57%)	NGS Panel	Germline mutation
	SF3B1		
	p.K700E (VAF		
	3.1%)		SF3B1: This site was sequenced but the SF3B1 K700E
	DNMT3A		variant was not identified, including at VAF <2%.
	p.L888Q (VAF	NeoTYPE	DNMT3A: mutation is not considered CH by
2041	2.1%)	MDS/CMML Profile	conventional definitions
	SH2B3		
	p.S213R (VAF	Myeloid Neoplasm	Germline mutation; SH2B3 gene not covered on
2046	47.77%)	NGS Panel	CHIVEseq assay
	KDM6A		
	p.R621H (VAF	Advanced NGS	Germline mutation; KDM6A gene not covered on
2059	51%)	Myeloid Report	CHIVEseq assay
			Commonly encountered artifact in a homopolymer
			region of the CHIVEseq assay. Our practice is to
	ASXL1		categorize these variants as CH when VAF is > 10%.
	p.G646Wfs*12	Advanced NGS	This variant was not considered CH because the VAF
2068	(10%)	Myeloid Report	was 6%.

Table 3.

	CH -	CH +	Unit	p value
Blood Counts				
White Blood Cells	6.8 (5.2-8.4)	6.2 (4.5 8.1)	x1000/mcL	0.455
Hemoglobin	13.3 (12.3-14.6)	12.9 (11.4 - 14.1)	gm.dL	0.136
Hematocrit	42 (37.0 - 44.0)	39.0 (35.0 - 43.0)	%	0.134
Platelet	245.0 (198.0 - 284.0)	203.0 (163.0 - 262.0)	x1000/mcL	0.093
Kidney Function				
BUN	16.0 (12.0 - 21.0)	18.0 (14.0 - 23.0)	mg/dL	0.168
Creatinine	0.9 (0.76 - 1.11)	0.97 (0.84 - 1.29)	mg/dL	0.015
CKD Diagnosis, n (%)	15 (18.3)	41 (41.2)		0.002
Blood Glucose				
Glucose	97.0 (88.0 - 117.0)	106.0 (91.0 - 121.0)	mg/dL	0.21
HbA1c	6.0 (5.4 - 6.8)	5.8 (5.3 - 6.4)	%	0.45
Diabetes Mellitus Diagnosis, n(%)	22 (26.8)	31 (30.9)		0.522
Inflammatory Markers				
ESR	16.0 (6.0 - 33.0)	20.0 (15.0 - 32.0)	mm/hr	0.67
CRP	3.2 (1.2 - 13.1)	8.2 (2.3 - 37.3)	mg/L	0.183

567 **Table 4.**

568

	CH -	CH +	Unit	p value
Cardiovascular Measurements				
Systolic Blood Pressure	125 (117 - 134)	129 (118 - 139)	mmHg	0.249
Diasolic Blood Pressure	75 (68 - 82)	72 (66 - 78)	mmHg	0.177
Coronary Artery Disease Diagnosis, n(%)	27 (32.9)	55 (55.7)		0.004
Hypertension Diagnosis, n(%)	43 (52.4)	77 (79.4)		<0.001
Clinical Heart Failure Diagnosis, n(%)	8 (9.8)	24 (22.7)		0.035
Brain Natriuretic Peptide	79 (47 - 110)	56 (34 - 184)	pg.mL	0.908
Ejection Fraction	60 (55 - 63)	61 (54 - 68)	%	0.424

569

570 Table 5.

	Number					
Patient ID	of Mutations	Mutation	Maximum VAF	High Risk Gene	Average VAF	Type of Malignancy
0004	4	TET2 R1516X	0.398	No	0.217	MDS
		TET2 Q695X	0.369	No		
		SRSF2 P95H	0.177	Yes		
		JAK2 V617F	0.02	Yes		
1060	1	SF3B1 R625C	0.241	Yes	0.236	MDS
1073	4	TET2 Q742X	0.422	No	0.237	CMML
		SRSF2 P95R	0.330	Yes		
		TET2 Y1245Lfs*22	0.270	No		
		TET2 N535Kfs*6	0.033	No		
1096	1	TET2 G1288D	0.796	No	0.758	CMML
2026	1	TP53 Y220C	0.676	Yes	0.676	AML

		TET2				
2038	1	Q749Rfs*15	0.021	No	0.021	MDS

1060	1	SF3B1 R625C	0.241	Yes	0.236	MDS
1073	4	TET2 Q742X SRSF2 P95R TET2 Y1245Lfs*22 TET2 N535Kfs*6	0.422 0.330 0.270 0.033	No Yes No No	0.237	CMML
1096	1	TET2 G1288D	0.796	No	0.758	CMML
2026	1	TP53 Y220C	0.676	Yes	0.676	AML
2038	1	TET2 Q749Rfs*15	0.021	No	0.021	MDS

Figure 1

Figure 1.



Figure 2



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Set Size

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