

Demonstration of Frequent Occurrence of Clonal T Cells in the Peripheral Blood of Patients With Primary Cutaneous T-Cell Lymphoma

By J. Marcus Mucbe, Ansgar Lukowsky, Khusru Asadullah, Sylke Gellrich, and Wolfram Sterry

Clonal T cells have been demonstrated in skin lesions of all stages of cutaneous T-cell lymphomas (CTCLs). However, there are conflicting data regarding the CTCL stage at which dissemination of clonal cells into peripheral blood occurs. Although the multifocal occurrence of cutaneous CTCL lesions and T-cell recirculation suggest an early appearance of neoplastic cells in the blood, circulating clonal T cells have only been detected in advanced stages. We investigated their occurrence by a highly sensitive polymerase chain reaction (PCR) assay amplifying T-cell receptor γ rearrangements and subsequent heteroduplex temperature gradient gel electrophoresis (HD-TGGE) of the amplification products. Circulating clonal T cells were found in 26 of 45 patients with mycosis fungoides (MF), six of seven with Sezary's syndrome (SS), 10 of 13 pleomorphic CTCLs, and three of four

unclassified CTCLs. Corresponding skin specimens carried clonal T cells in 29 of 40 MF, three of four SS, 12 of 12 pleomorphic, and two of two unclassified CTCL patients. Except for the blood specimen of a psoriatic patient, all samples of 60 controls (psoriasis vulgaris, atopic dermatitis, and healthy volunteers) revealed polyclonal amplification products. In 30 of 32 CTCL patients carrying a clonal rearrangement in blood and skin, identity of both clones was indicated by HD-TGGE and confirmed by sequencing six of these cases. We found an unexpected high frequency of identical clonal T cells in peripheral blood and skin of CTCL patients, including early stages of MF. This supports the concept of an early systemic disease in CTCL and raises new questions concerning the pathogenesis.

© 1997 by The American Society of Hematology.

CUTANEOUS T-CELL lymphomas (CTCLs) represent a heterogeneous group of non-Hodgkin's lymphomas clinically originating in the skin and subsequently disseminating into lymph nodes, blood, and other visceral organs.¹⁻³ According to the EORTC classification of primary cutaneous lymphomas, CTCLs are subgrouped into indolent (mycosis fungoides [MF], Sezary's syndrome [SS], pagetoid reticulosis, lymphomatoid papulosis, and large-cell CD30⁺ CTCL), aggressive (large-cell CD30⁻ CTCL), and some provisional entities.⁴

Since it is well established that CTCLs are clonal expansions of T cells carrying identical copies of rearranged T-cell receptor (TCR) genes, the demonstration of a predominant T-cell clone in cutaneous infiltrates confirms the diagnosis additional to clinical, histopathologic, and immunophenotypic criteria. Southern blotting displaying TCR-mediated diversity of the restriction fragment length and more sensitive polymerase chain reaction (PCR) assays characterizing the V-(D)-J junction of TCR rearrangements are applied to detect clonality.⁵⁻¹³ Using a sensitive PCR assay, we recently demonstrated clonal disease in skin lesions of early MF.¹⁴

In addition to skin biopsy samples, extracutaneous specimens have often been analyzed by molecular biological techniques to investigate an extracutaneous spread of CTCL. Regarding the peripheral blood, the majority of these studies demonstrated circulating clonal T cells only in SS and some cases of advanced stages of other CTCLs. In accordance

with the clinical course of these entities, an association of blood involvement with poorer prognosis, lymph node involvement, and an enlarged total body tumor burden was suggested.^{7,9,15-17}

However, the frequent occurrence of multifocal or diffuse cutaneous CTCL lesions and the T-cell nature of the malignant cell emphasize a stage-independent recirculation of the neoplastic cells via the peripheral blood to the skin.^{1,18} For this reason, circulating clonal T cells should already be detectable in early stages of all CTCL types. Interestingly, early hematogenous involvement in MF has been supposed by Bunn et al.¹⁹ However, the applied analytic techniques including E-rosette cytology, electron microscopy, and cytogenetics possess a low diagnostic specificity and are considered to be of only complementary value in the diagnosis of CTCL.²⁰ With a sensitive PCR-based method, the presence of circulating clonal T cells in early CTCL was demonstrated by Veelken et al²¹ in two patients with MF stage I. Additionally, Theodorou et al²² demonstrated clonality of blood samples in 47.2% of 37 CTCL cases. Although a high frequency of blood involvement was discussed, this study lacked the differentiation between MF and SS that is well recognized to carry clonal T cells in the peripheral blood²³ and the different MF stages, respectively. In conclusion, data concerning the occurrence and significance of blood clonality in CTCL are contradictory so far.

The aim of the present study was to investigate the occurrence of circulating clonal T cells in CTCL by applying a sensitive PCR/HD-TGGE assay to blood and skin samples of a larger cohort of well-classified CTCL. Special attention was paid to the analysis of early stages of MF.

SUBJECTS AND METHODS

Patient samples. Blood specimens were obtained from 129 adult individuals: patients with CTCL (n = 69), atopic dermatitis ([AD] n = 20), psoriasis vulgaris ([PV] n = 20), and healthy volunteers ([HV] n = 20). Additionally, in 98 of 129 patients, a skin biopsy was analyzed (Table 1). No significant differences between the age of the control group (AD, PV, and HV, range 43 to 76 years; median, 61) and that of CTCL patients (range, 43 to 88 years; median, 64) were found by the Mann-Whitney U test. The diagnosis was based on clinical criteria and histologic and immunohistologic assessment

From the Department of Dermatology, University Hospital Charité, Humboldt University Berlin, Berlin, Germany.

Submitted October 21, 1996; accepted March 19, 1997.

Supported by Grant No. Ste 366/7-1 from the Deutsche Forschungsgemeinschaft.

Address reprint requests to J. Marcus Mucbe, MD, Department of Dermatology, University Hospital Charité, Humboldt University Berlin, Schumannstraße 20/21, D-10117 Berlin, Germany.

The publication costs of this article were defrayed in part by page charge payment. This article must therefore be hereby marked "advertisement" in accordance with 18 U.S.C. section 1734 solely to indicate this fact.

© 1997 by The American Society of Hematology.

0006-4971/97/9004-0108\$3.00/0

Table 1. Investigated Individuals and Frequency of Detection of Clonal TCR γ Rearrangements

Diagnosis	Detection of Clonality			
	Blood Specimens		Skin Specimens	
	No.*	%	No.*	%
CTCL				
MF IA	6/13	46.2	9/12	75.0
MF IB	15/27	55.6	17/24	70.8
MF II-IV	5/5	100	3/4	75.0
SS	6/7	85.7	3/4	75.0
Pleomorphic	10/13	76.9	12/12	100
Unclassified	3/4	75.0	2/2	100
Total	45/69	65.2	46/58	79.3
Controls				
PV	1/20	5.0	0/20	0
AD	0/20	0	0/20	0
HV	0/20	0	nt	nt
Total	1/60	1.7	0/40	0

* Number of specimens containing a dominant T-cell clone v investigated samples.

of formaldehyde-fixed, paraffin-embedded skin specimens.²⁴ CTCLs were classified according to the revised EORTC classification.⁴ The TNM classification was applied for further subgrouping of MF cases.²⁴ Four cases of CTCL remained unclassified, since they did not fulfill the criteria of any distinct CTCL entity. The cell lines JM (rearranged V γ 8 and V γ 11) and PEER (rearranged V γ 9) and the peripheral blood of patient with $\gamma\delta^+$ T-cell acute lymphatic leukemia ([T-ALL] V γ 10+) served as positive clonal controls.

Sample preparation. Peripheral blood mononuclear cells (PBMC) were prepared from 10 mL heparinized blood by density gradient centrifugation through Ficoll-HyPaque (Pharmacia, Freiburg, Germany). Genomic DNA was prepared from about 1×10^6 PBMC or JM/PEER cells, respectively, by a standard procedure using proteinase K digestion.²⁵ For preparation of genomic DNA from the paraffin-embedded skin specimens, the paraffin of 10 sections per sample (10 μ m each) was dissolved with xylene. After centrifugation, the pellet was washed with ethanol and also digested by proteinase K.

TCR γ PCR. TCR γ rearrangements were amplified using primers annealing at the V and J segments, respectively (Table 2). PCR 1 (primers VG1, VG2, VG9, and JG12-a) was applied to all specimens, whereas PCR 2 (primers VG1, VG2, VG9, and JGP12-a) was performed in all control samples and the CTCL specimens appearing polyclonal in PCR 1. A primer for the JP segment was not included because JP is scarcely involved in TCR γ rearrangements.^{26,27} In addition, a different J segment should be rearranged at the second

allele. The reaction mixture included 0.5 to 1 μ g (5 μ L) genomic DNA, 1.75 U Taq Polymerase, 7.5 μ L 10x PCR buffer (Perkin Elmer, Branchburg, NJ), 0.1 mmol/L of each deoxynucleotide triphosphate ([dNTP] Pharmacia, Freiburg, Germany), and 0.6 μ mol/L of each primer in a final volume of 75 μ L. Amplification was performed on a thermal cycler (Varius-V; Vers, Hannover, Germany) by a 4-minute denaturation step at 95°C, followed by 40 cycles including 1 minute of denaturation at 94°C, 1 minute of annealing at 58°C, and 1 minute of extension at 72°C. Finally, an extension step of 5 minutes at 72°C was added. Six microliters of the PCR products were screened for successful amplification on a 2% agarose gel stained by ethidium bromide.

Determination of clonality. T-cell clonality was established by detection of a dominant TCR γ rearrangement in a heteroduplex-loaded temperature gradient gel electrophoresis (HD-TGGE). Eight microliters of the PCR products were prepared to form heteroduplexes (5 minutes of denaturation at 95°C, with gradual cooling to 50°C)²⁸ and separated on the Diagen TGGE-System (Diagen, Hilden, Germany). Electrophoretic assay and subsequent silverstaining were performed according to standard protocols.²⁹ Evaluation of the gradient gels was made blindly by two independent investigators.

Due to the denaturation-renaturation step, polyclonal (ie, not identical) amplification products form heteroduplexes that contain mismatches in the N region. These mismatches decrease the thermal stability of the N region and alter the fragment migration. As a result, a broad smear on the gel is formed in this case. In contrast, clonal (ie, identical) PCR products are expected to produce more stable homoduplexes that migrate as sharp bands into the high-temperature range of the gradient gel¹² (see Fig 1).

Cloning and sequencing of the TCR γ rearrangements. Thirty-two samples of CTCL patients and the clonal controls (JM, PEER, and Ra) were sequenced directly and/or after cloning of the PCR products. For direct sequencing, amplification products were separated by HD-TGGE. The distinct band was cut out and dissolved in 40 μ L 1x PCR buffer (Perkin Elmer) overnight. Five microliters of the solution was reamplified under the same conditions described. Primer JG12-i or JGP12-i was applied instead of JG12-a or JGP12-a, respectively (Table 2). The PCR product was purified by the QIAquick PCR purification kit (Qiagen, Hilden, Germany) and sequenced on an automated DNA sequencer (Model 373A; Perkin Elmer Applied Biosystems, Weiterstadt, Germany) by the Taq cycle sequencing method using primers VGseq, JG12-i, or JGP12-i (Table 2). Sequences were aligned to the published germline sequences of the TCR γ V and J segments.³⁰⁻³⁶ Cloning of the PCR products was performed by applying the TA Cloning Kit (Invitrogen, Fleck, The Netherlands). Plasmids were sequenced using the universal forward-sequencing primer for M 13 by the method mentioned above. For each sample, 12 randomly chosen clones were analyzed. Identical TCR γ sequences repetitively found in the clones of one tissue sample were considered as the predominant T-cell clone.

Table 2. PCR and Sequencing Primers for TCR γ V and J Genes

Name	Primed Segments	Position	Sequence (5' to 3')
VG1*	V γ 1, 2, 3, 4, 5, 5p, 6p, 7p, 8	104-121	CTCCATCCACTGGTACCT
VG9	V γ 9	121-138	ATTGGTATCGAGAGAGAC
VG2	V γ 10, 11, B, (A)	111-129/117-135	CACTGGTACKKGCAGAAAC
JG12-a*	J γ 1, 2	27-44	CAACAAGTGTGTGCCAC
JG12-i	J γ 1, 2	20-37	TGTTGTTCCACTGCCAAA
JGP12-a	J γ P1, P2	31-48	CTATGAGCYTAGTCCCTT
JGP12-i	J γ P1, P2	16-35	CCTTYWGCAAAYRTCTTGA
VGseq	V γ 1, 2, 3, 4, 5, 5p, 6p, 7p, 8	136-153	AGRCCCCACAGCRTCTTC

* Adapted from Volkenandt et al.¹⁰

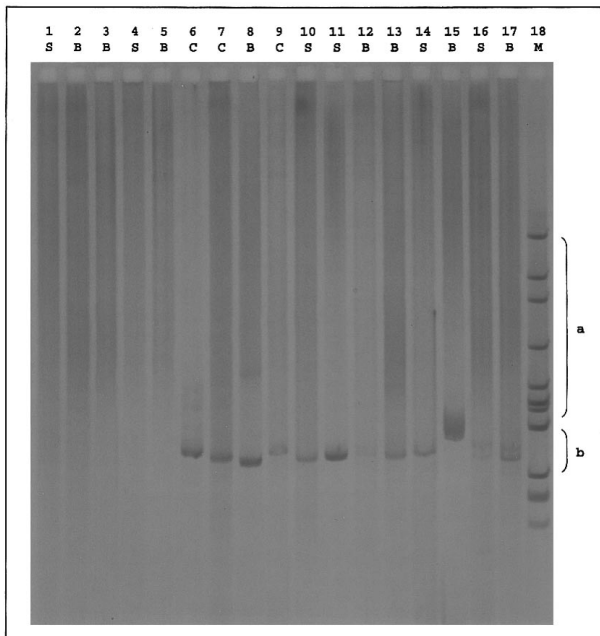


Fig 1. Temperature gradient gel of TCR γ PCR products. Lanes 1 to 5, polyclonal PCR products of PCR 1 using primers VG1, VG2, VG9, and JG12-a (1 to 3) and PCR 2 using primers VG1, VG2, VG9, and JGP12-a (4 and 5) appearing as broad smears in the middle range of the gel (a). Lanes 6 to 9, clonal controls (cell line JM [V γ 8], cell line PEER [V γ 9], T-ALL patient Ra [V γ 10], and cell line JM [V γ 11]) appearing as sharp bands below the middle range of the gel (b). Lanes 10 to 17, clonal PCR products of PCR 1 (11 to 13) and PCR 2 (14 and 15). Lanes 16 and 17, biallelic PCR products of PCR 1. Lane 18, *HincII* digest of phi X174. S, skin sample; B, blood sample; C, cell line; M, marker.

RESULTS

Validity of the diagnostic system. Ninety-nine of 100 PCR products from PBMC and skin specimens of the control groups (HV, PV, and AD) formed a broad smear in the gradient gel (Table 1 and Fig 1, lanes 1 to 5, range a). In contrast, amplification products from the cell lines and from PBMC of a T-ALL patient (Ra) revealed a clear-cut band below the observed smear (Fig 1, lanes 6 to 9, range b). Accordingly, clonality of a PCR product was considered if a clear-cut band appeared below the middle range of the temperature gradient gel (Fig 1, lanes 10 to 15, range b). Except for the cell lines, these cases revealed a smear of varying intensity above the sharp band representing the polyclonal background. In 10 samples (six blood and four skin specimens), two sharp bands were observed in the gradient gel (Fig 1, lanes 16 and 17, range b) indicating rearrangements of both TCR γ alleles in the T-cell clone.¹² These cases were also classified as clonal.

To confirm the specificity of our PCR primers as well as the reliability of the HD-TGGE analysis, 26 clonal and six polyclonal PCR products were sequenced. All clonal amplification products revealed a TCR γ sequence (Table 3). The clonality of the determined sequence was proved by repeated analysis of independent PCR products obtained from a particular specimen (data not shown). In 17 clonal samples

analyzed by both sequencing techniques, concordance was observed between direct sequencing and sequencing of multiple clones. The six polyclonal specimens (skin samples of patients Bo, Ti, Cz, and Me and blood samples of patients Ja and La) were sequenced after cloning. Evaluation of at least 12 clones per specimen revealed different TCR γ sequences (data not shown).

The sensitivity of our PCR/HD-TGGE system was determined by dilution of clonal T cells (JM cell line) in polyclonal PBMC of a healthy volunteer. After DNA preparation and amplification with primer VG1 and JG12-a, a distinct electrophoretic band was observed down to a dilution of 10^3 clonal JM cells in 10^6 PBMC, corresponding to a detection limit of 0.1% clonal in polyclonal cells (Fig 2, lane 5).

In conclusion, our diagnostic system revealed sufficient specificity and sensitivity.

Analysis of the blood specimens. A T-cell clone was discovered in 45 of 69 blood specimens obtained from CTCL patients (Table 1). Among these samples, the lowest frequency of detected blood clonality was found in MF (57.8%), whereas pleomorphic CTCL revealed clonal PCR products in 76.9% and SS in 85.7% of cases. Three of four unclassified CTCLs also yielded clonal PCR products. Regarding the occurrence of circulating clonal T cells during progression of the disease, in MF stage IA, 46.2% of the cases were found to be clonal, whereas MF stage IB showed clonality in 55.6% of the cases. All blood samples derived from MF stages II to IV showed clonal PCR products. Blood samples of stage I were shown to carry clonal T cells significantly less frequently than the blood specimens of the more advanced stages II to IV characterized by skin tumors or erythroderma and/or involved lymph nodes ($P < .05$, chi-square).

Among 60 control specimens, the sample of a single psoriatic patient revealed a clonal PCR product (Table 1). Circulating clonal T cells were significantly more frequently detected in CTCL patients than in controls ($P < .001$, chi-square).

Analysis of the skin specimens. In order to analyze whether the occurrence of circulating clonal T cells is associated with skin clonality, 98 simultaneously obtained skin specimens were analyzed. Clonal PCR products were detected in 79.3% of CTCL patients (Table 1). The highest percentage of clonal skin samples was found in pleomorphic CTCL (100%), whereas SS showed clonality in 75% and MF in 72.5% of the cases. All cutaneous specimens of unclassified CTCL were demonstrated to be clonal. No clonal T cells were detected in skin samples of the 40 controls (Table 1).

Analysis of corresponding skin and blood samples. In 58 CTCL patients where skin and blood samples were taken simultaneously, clonal T cells in both compartments were found in 32 cases, whereas eight revealed polyclonal rearrangements in blood and skin. Clonality was restricted to the skin in 11 of 40 MF cases and in three of 12 pleomorphic CTCL. In one of four SS patients and in three of 40 MF patients, detection of a T-cell clone was restricted to the blood. However, this phenomenon was not associated with any distinct MF stage (Table 4). To determine the identity of T-cell clones detected in the blood and skin of CTCL

Table 3. Sequences of Dominant TCR γ Rearrangements

Diagnosis	Patient No.	Site	Sequencing	V-Segment	N-Region*	J-Segment
MF IA	Ma	Sk	D + C	V8-ATTACTGTGCCACCTGGGAT	GAGC	AATTATTATAAGAAACTCTTTGG-J1/2
MF IA	Ma	Bl	D + C	V8-ATTACTGTGCCACCTGGGAT	GAGC	AATTATTATAAGAAACTCTTTGG-J1/2
MF IB	Ha	Sk	D + C	V2-ATTACTGTGCCACCTGGGACG	TACCTCGCCGGTAGG	AAGAAACTCTTTGG-J1/2
MF IB	Ha	Bl	D + C	V2-ATTACTGTGCCACCTGGGACG	TACCTCGCCGGTAGG	AAGAAACTCTTTGG-J1/2
MF IIA	Hö	Sk	D + C	V2-ATTACTGTGCCACCTGGGACGGG	CCTTAGC	AAGAAACTCTTTGG-J1/2
MF IIA	Hö	Bl	D + C	V2-ATTACTGTGCCACCTGGGACGGG	CCTTAGC	AAGAAACTCTTTGG-J1/2
MF IIB	He	Sk	D + C	V2-ATTACTGTGCCACCTGGGACGGG	CTTGAGAC	TATAAGAAACTCTTTGG-J1/2
MF IIB	He	Bl	C	V2-ATTACTGTGCCACCTGGGACGGG	CTTGAGAC	TATAAGAAACTCTTTGG-J1/2
LyPap	Zo	Sk	D	V2-ATTACTGTGCCACCTGGGACGG	—	ATTATTATAAGAAACTCTTTGG-J1/2
LyPap	Zo	Bl	D	V2-ATTACTGTGCCACCTGGGACGG	—	ATTATTATAAGAAACTCTTTGG-J1/2
pleoCTCL	Zw	Sk	D + C	V7p-ATTACTGTGCCACCTGGGA	ATTGCCCTTGGTGGTGGTGGGA	TTCAAGATATTTG-JP1
pleoCTCI	Zw	Bl	D + C	V7p-ATTACTGTGCCACCTGGGA	ATTGCCCTTGGTGGTGGTGGGA	TTCAAGATATTTG-JP1
MF IA	Ot	Sk	D + C	V2-ATTACTGTGCCACCTGGGACGGG	CTTGAGAC	TATAAGAAACTCTTTGG-J1/2
MF IA	Ot	Bl-1	D + C	V7p-ATTACTGTGCCAC	GACCTTTT	TTATTATAAGAAACTCTTTGG-J1/2
pleoCTCI	Le	Sk	D + C	V8-ATTACTGTGCCACCTGGGATAG	AA	ATTATAAGAAACTCTTTGG-J1/2
pleoCTCI	Le	Bl	D + C	V8-ATTACTGTGCCAC	CATTTCCTCAATCCAA	AATTATTATAAGAAACTCTTTGG-J1/2
MF IA	Bo	Bl	C	V2-ATTACTGTGCCACCTGGGACG	TGCCGGGTTG	GAAACTCTTTGG-J1/2
MF IB	Ja	Sk	D	V2-ATTACTGTGCCACCTGGGACGGG	CTTGACT	AGAAACTCTTTGG-J1/2
MF IB	La	Sk	C	V2-ATTACTGTGCCACCTGGGACGGG	CG	TTATTATAAGAAACTCTTTGG-J1/2
MF IB	Cz	Bl	D + C	V4-ATTACTGTGCCACCTGGGATGGG	CAA	ATTATAAGAAACTCTTTGG-J1/2
MF IB	Me	Bl	D + C	V7p-ATTACTGTGCCACCTGGGACAG	CCCC	ATTATAAGAAACTCTTTGG-J1/2
LyPap	Ti	Bl	D + C	V7p-ATTACTGTGCCACCT	CCCTCGATGTATTATGGTG	TATTATAAGAAACTCTTTGG-J1/2
Cell line	JM	Cells	D (VG1) [†]	V8-ATTACTGTGCCACCTGG	AAATT	TTATTATAAGAAACTCTTTGG-J2
Cell line	PEER	Cells	D (VG9) [†]	V9-TACTACTGTGCCTT	CGGGCCCG	AAGAAACTCTTTGG-J2
T-ALL	Ra	Bl	D (VG2) [†]	V10-ACTACTGTGCTGCGTGG	GAGGGGT	TTATTATAAGAAACTCTTTGG-J1/2
Cell line	JM	Cells	D (VG2) [†]	V11-GGTGGTACCACCTGTGCCTG	TCAGATCCTCACAGGGCGGGTT	TAAGAAACTCTTTGG-J1

Abbreviations: D, direct sequencing; C, sequencing after cloning; Sk, skin; Bl, blood; MF, Mycosis fungoides; SS, Sézary's syndrome; pleoCTCL, pleomorphic CTCL; LyPap, lymphomatoid papulosis.

* N region was determined according to Breit et al.⁴⁶

[†] V primer used for sequencing.

patients, PCR fragments from skin and blood samples were mixed, and these mixtures were separated by HD-TGGE (Fig 3). Thirty of the mixtures revealed migration patterns identical to those of the corresponding skin and blood samples. In two cases (patient Le, pleomorphic CTCL; and patient Ot, MF IA), two sharp bands were observed in the mixture lane. Each of these corresponded either to the band of the skin or of the blood sample, indicating different T-cell clones in blood and skin of patients Le and Ot (Fig 3 and Table 4). To confirm the HD-TGGE results, samples from patients Le and Ot and six randomly chosen patients with identical TCR γ rearrangements, as detected by HD-TGGE were sequenced directly and after cloning. In patients Le and Ot, different sequences of the dominating blood and skin rearrangements were determined. For the other six patients (Ma, Ha, Hö, He, Zo, and Zw), identity of the clonal TCR γ rearrangements was verified by sequencing.

In summary, identical T-cell clones were demonstrated in 51.7% of all CTCL patients including 33.3% of MF IA, 41.6% of MF IB, 75% of MF II to IV, SS, pleomorphic CTCL, and all unclassified CTCL cases (Table 4).

DISCUSSION

To evaluate an extracutaneous spread of malignant T cells in CTCL, several groups applied molecular biological techniques. The majority of these studies detected circulating clonal T cells only in SS and some cases of advanced MF or pleomorphic CTCL. Therefore, it was postulated that blood involvement is restricted to advanced cutaneous lymphoma and is associated with poorer prognosis, lymph node involvement, and an enlarged total body tumor burden.^{7,9,15-17} How-

ever, the frequent occurrence of multifocal or diffuse cutaneous CTCL lesions and the recirculatory behavior of T cells^{1,18} supports the hypothesis of an early occurrence of malignant T cells in the peripheral blood. Interestingly, early hematogeneous involvement in MF has been supposed by a few groups.¹⁹⁻²² However, Bunn et al¹⁹ used techniques of low diagnostic specificity such as E-rosette cytology, electron microscopy, and cytogenetics,²⁰ whereas the specific PCR-based studies of Veelken et al²¹ and Theodorou et al²² lacked a sufficient number of analyzed cases and, respectively, a differentiation between MF and SS and a stage-dependent analysis. Using a sensitive TCR γ PCR/HD-TGGE system to investigate a large cohort of well-classified CTCL, we demonstrated circulating clonal T cells in the majority of patients with MF and other CTCL. Surprisingly, this includes high frequencies of detected blood clonality in MF stage I (21 of 40) and pleomorphic CTCL (10 of 13).

PCR assays with subsequent high-resolution electrophoresis are well established for sensitive and specific detection of clonal TCR rearrangements in skin samples of CTCL patients, as well as blood specimens of patients suffering from T-cell leukemia.³⁷⁻³⁹ However, differences between the rearrangements are minimal and a high separation capacity of the electrophoresis is required.^{27,40,41} We applied the HD-TGGE technique¹² to separate our PCR products. Determining the lower detection limit of our test system, we were able to discover up to 10³ clonal in 10⁶ polyclonal T cells (0.1%).

On the other hand, increasing sensitivity might enable detection of minor clones of reactive lymphocytes in skin lesions of nonspecific dermatitis and cutaneous lymphoid

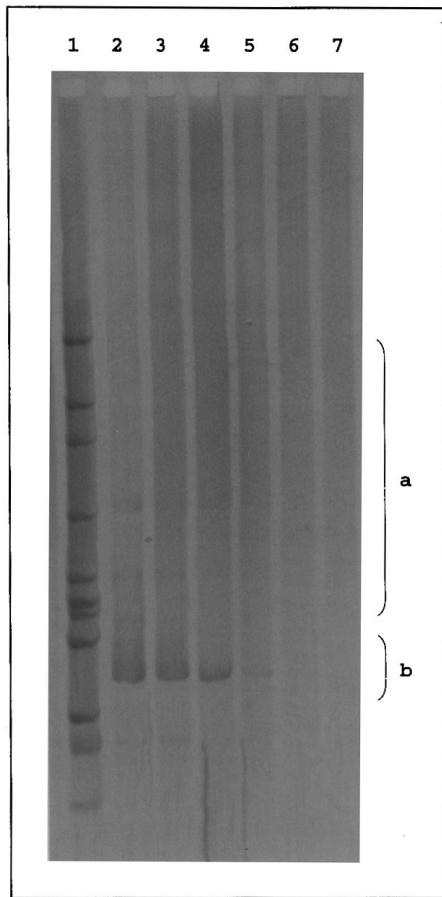


Fig 2. Temperature gradient gel of a dilution experiment. Lane 1, marker (*HincII* digest of psi 174); lane 2, 100% JM cells; lanes 3 to 6, 10%, 1%, 0.1%, and 0.01% JM cells in PBMC of a healthy volunteer; lane 7, 100% PBMC. Clonality is demonstrated down to 10^3 JM cells in 10^6 polyclonal PBMC (0.1%). a, range of polyclonal smears; b, range of clonal bands.

hyperplasia proposed as the “clonal dermatitis” concept.⁴² Moreover, there are some reports describing the detection of clonal T-cell populations in peripheral blood, most notably $CD8^+ \alpha\beta$ T cells in healthy elderly donors.⁴³ However, our sensitive technique detected no clonality in 40 skin speci-

Table 4. Clonality of the Corresponding Blood and Skin Specimens

Diagnosis	No.	Clonality in Skin + Blood	Skin Only	Blood Only	No Clonality in Skin + Blood
MF IA	12	5 (1)	4	0	3
MF IB	24	10	7	2	5
MF II-IV	4	3	0	1	0
Sézary's syndrome	4	3	0	1	0
Pleomorphic CTCL	12	9 (1)	3	0	0
Unclassified CTCL	2	2	0	0	0
Total	58	32 (2)	14	4	8

Numbers in parentheses indicate cases with clonal, but not identical rearrangement in both compartments.

Abbreviation: MF, Mycosis fungoides.

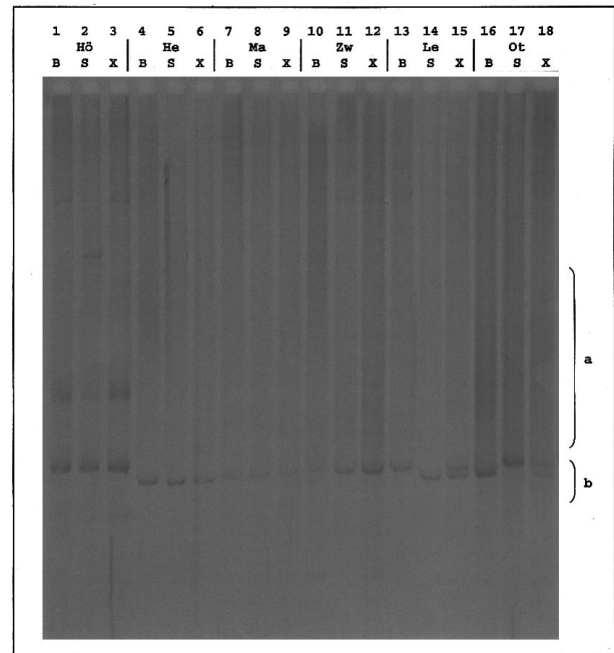


Fig 3. Temperature gradient gel of mixed corresponding clonal $TCR\gamma$ PCR products. S, skin sample; B, blood sample; X, mixture of blood and skin sample (1:1). Patients Hö, He, Ma, and Zw show identical patterns in all 3 lanes; patients Le and Ot have different patterns, whereby lane X appears as summation of B and S. a, range of polyclonal smears; b, range of clonal bands.

mens of AD/PV patients, and in blood samples, only one of 60 controls was found to be clonal. Statistical analysis revealed a significantly higher frequency of clonality detection in CTCL patients than in controls, although there was no significant difference regarding proband age.

Moreover, we confirmed the specificity of our PCR/HD-TGGE results by sequencing 26 clonal and six polyclonal amplification products. Applying two different strategies (direct sequencing and cloning with subsequent sequencing), a dominant $TCR\gamma$ rearrangement could be demonstrated in all clonal cases analyzed, whereas polyclonal samples revealed different sequences after cloning.

Using HD-TGGE and sequencing, in 30 of 32 CTCL patients carrying a clonal rearrangement in the skin and blood compartment, identity of the dominating T-cell clones was demonstrated. This includes 38.9% of all MF stage I cases analyzed and 75% of the investigated patients suffering from MF stage II to IV, SS, and pleomorphic CTCL. Therefore, our findings sufficiently show that CTCL is a systemic and monoclonal disease right from the beginning, even if extracutaneous spread is not yet clinically apparent. With respect to the published data,^{7,16,17,21,22} this concept is supported by the association between the detection limit of the applied diagnostic method and the frequency of discovered clonality. It can be speculated that increasing sensitivity, ie, clonospesific probes or primers, will enable demonstration of circulating CTCL cells in almost all CTCL cases. Therefore, we believe that the differences still observed in the frequency

of blood clonality detection in the distinct CTCL stages are not of qualitative but of quantitative nature.

The detection limit of clones in our assay is about 0.1%. Taking an average of 10^{10} T cells in the peripheral blood, we would calculate that there are approximately 10^7 circulating CTCL cells in the 30 CTCL patients. This high quantity could suggest a systemic origin of CTCL. Further support in this direction comes from the findings in four CTCL cases (one SS and three MF stage I/II) with T-cell clones detectable in the peripheral blood but not in skin biopsies. Further analysis in the course of the disease will show whether these clones are the malignant cells responsible for manifestation of the cutaneous lymphoma. It is also conceivable that these findings and the two cases with split clonality in skin and blood and the PV patient already discussed are examples of T-cell clonality occasionally detected in elderly persons,⁴³ or indications of other malignancies such as initial T-cell leukemia.

With respect to a recent data analysis demonstrating a favorable long-term outcome of MF patients with clinical stage IA,⁴⁴ blood clonality in the early stages as we demonstrated does not seem to be associated with a poorer prognosis. The explanation could be our observation of a high frequency of activated peripheral blood CD8⁺ T cells, suspected to be cytotoxic T cells, in the majority of early MF patients, indicating a considerable antitumor response.⁴⁵ Despite the favorable course of MF IA, our results indicating the occurrence of circulating clonal T cells in early MF might support the use of an early systemic treatment, ie, interferon.

In summary, we demonstrated a high frequency of occurrence of identical clonal T cells in peripheral blood and skin of CTCL patients, including early stages of MF. Our findings confirm the evidence for an early systemic disease in CTCL and, with regard to origin and dissemination of the cutaneous lymphoma cell, raise new questions concerning the pathogenesis of the disease. Longitudinal studies should provide further insight into this. Quantification of the circulating clonal cells might be useful as a prognostic parameter for long-term surveillance and as an indicator of therapy response.

ACKNOWLEDGMENT

We thank U. Heiduk and S. Richter for excellent technical assistance and T. Hansen-Hagge for a critical review.

REFERENCES

1. Edelson RL: Cutaneous T-cell lymphoma: Mycosis fungoides, Sezary syndrome, and other variants. *Am Acad Dermatol* 2:89, 1980
2. Willemze R, Beljaards RC, Meijer CJLM, Rijlaarsdam JR: Classification of primary cutaneous lymphomas. *Dermatology* 189:8, 1994
3. Vonderheid EC, Diamond LW, van Vloten WA, Scheffer E, Meijer CJLM, Cashell AW, Hardman JM, Lai SM, Hermans J, Matthews MJ: Lymph node classification systems in cutaneous T-cell lymphoma. *Cancer* 73:207, 1994
4. Willemze R, Kerl H, Sterry W, Burg G, Berti E, Cerroni L, Chimenti S, Diaz-Peréz JL, Geerts ML, Goos M, Ralfkiaer E, Santucci M, Smith N, Wechsler J, van Vloten WA, Meijer CJLM: EORTC classification for primary cutaneous lymphomas. *J Invest Dermatol* 107:499, 1996 (abstr)
5. Wood GS, Weiss LM, Warnke RA, Sklar J: The immunopathology of cutaneous lymphomas: Immunophenotypic and immunogenotypic characteristics. *Semin Dermatol* 5:334, 1986
6. LeBoit PE, Parslow TG: Gene rearrangements in lymphoma. Applications in Dermatopathology. *Am J Dermatopathol* 9:212, 1987
7. Weiss LM, Wood GS, Hu E, Abel EA, Hope RT, Sklar J: Detection of clonal T-cell receptor gene rearrangements in the peripheral blood of patients with mycosis fungoides/Sezary syndrome. *J Invest Dermatol* 92:601, 1989
8. Sklar J, Weiss LM: Applications of antigen receptor gene rearrangements to the diagnosis and characterization of lymphoid neoplasms. *Annu Rev Med* 39:315, 1988
9. Weiss LM, Hu E, Wood GS, Moulds C, Cleary ML, Warnke R, Sklar J: Clonal rearrangements of T-cell receptor genes in mycosis fungoides and dermatopathic lymphadenopathy. *N Engl J Med* 313:539, 1985
10. Volkenandt M, Soyer HP, Cerroni L, Koch OM, Atzpodien J, Kerl H: Molecular detection of clone-specific DNA in hypopigmented lesions of a patient with early evolving mycosis fungoides. *Br J Dermatol* 128:423, 1993
11. Trainor KJ, Brisco MJ, Wan JH, Neoh S, Grist S, Morley AA: Gene rearrangement in B- and T-lymphoproliferative disease detected by the polymerase chain reaction. *Blood* 78:192, 1991
12. Kneba M, Bolz I, Linke B, Bertram J, Rothaupt D, Hidde-mann W: Characterization of clone-specific rearranged T-cell receptor γ -chain genes in lymphomas and leukemias by the polymerase chain reaction and DNA sequencing. *Blood* 84:574, 1994
13. Bottaro M, Berti E, Biondi A, Migone N, Crosti L: Heteroduplex analysis of T-cell-receptor γ gene rearrangements for diagnosis and monitoring of cutaneous T-cell lymphomas. *Blood* 83:3271, 1994
14. Mielke V, Staib G, Boehncke WH, Duller B, Sterry W: Clonal disease in early cutaneous T-cell lymphoma. *Dermatol Clin* 12:351, 1994
15. Whittaker SJ, Smith NP, Jones RR, Luzzatto L: Analysis of beta, gamma, and delta T-cell receptor genes in mycosis fungoides and Sezary syndrome. *Cancer* 68:1572, 1991
16. Bakels V, Van Oostveen JW, Gordijn RL, Walboomers JM, Meijer CJ, Willemze R: Frequency and prognostic significance of clonal T-cell receptor β -gene rearrangements in the peripheral blood of patients with mycosis fungoides. *Arch Dermatol* 128:1602, 1992
17. Dommann SNW, Dommann-Scherrer CC, Dours-Zimmermann MT, Zimmermann DR, Kural-Serbes B, Burg G: Clonal disease in extracutaneous compartments in cutaneous T-cell lymphomas. A comparative study between cutaneous T-cell lymphomas and pseudolymphomas. *Arch Dermatol Res* 288:163, 1996
18. Abel EA: Clinical features of cutaneous T-cell lymphoma. *Dermatol Clin* 3:647, 1985
19. Bunn PA, Huberman MS, Whang-Peng J, Schechter GP, Guccion JG, Matthews MJ, Gazdar AF, Dunnick NR, Fischmann AB, Ihde DC, Cohen MH, Fossieck B, Minna JD: Prospective staging evaluation of patients with cutaneous T-cell lymphomas: Demonstration of a high frequency of an extracutaneous dissemination. *Ann Intern Med* 93:223, 1980
20. Kuzel TM, Roenigk HH, Rosen ST: Mycosis fungoides and the Sézary syndrome: A review of pathogenesis, diagnosis and therapy. *J Clin Oncol* 9:1298, 1991
21. Veelken H, Wood GS, Sklar J: Molecular staging of cutaneous T-cell lymphoma: Evidence for systemic involvement in early disease. *J Invest Dermatol* 104:889, 1995
22. Theodorou I, Delfau-Larue MH, Bigorgne C, Lahet C, Cochet G, Bagot M, Wechsler J, Farcet JP: Cutaneous T-cell infiltrates: Analysis of T-cell receptor γ gene rearrangement by polymerase

chain reaction and denaturing gradient gel electrophoresis. *Blood* 86:305, 1995

23. Weinberg JM, Jaworsky C, Benoit BM, Telegan B, Rook AH, Lessin SR: The clonal nature of circulating Sézary cells. *Blood* 86:4257, 1995

24. Kerl K, Sterry W: Classification and staging, in Burg G, Sterry W (eds): EORTC/BMFT Cutaneous Lymphoma Project Group: Recommendations for Staging and Therapy of Cutaneous Lymphomas. Brussels, Belgium, European Organisation for Research in Treatment of Cancer, 1987

25. Sambrook J, Fritsch EF, Maniatis T: *Molecular Cloning: A Laboratory Manual*, vol 3. Cold Spring Harbor, NY, Cold Spring Harbor Laboratory, 1989

26. Breit TM, Wolvers-Tettero ILM, Hählen K, van Wedering ER, van Dongen JJM: Limited combinatorial repertoire of $\gamma\delta$ T-cell receptors expressed by T-cell acute lymphoblastic leukemias. *Leukemia* 5:116, 1991

27. Theodorou I, Bigorgne C, Delfau MH, Lahet C, Cochet G, Vidaud M, Raphael M, Gaulard P, Farcet JP: VJ rearrangements of the TCR γ locus in peripheral T-cell lymphomas: Analysis by polymerase chain reaction and denaturing gradient gel electrophoresis. *J Pathol* 178:303, 1996

28. Keen J, Lester D, Inglehearn C, Curtis A, Bhattacharya S: Rapid detection of single base mismatches as heteroduplexes on Hydrolink gels. *Trends Genet* 7:5, 1991

29. Qiagen Inc: *Handbook for the DIAGEN TGGE-System*. Chatsworth, CA, Qiagen Inc, 1994, p 29

30. Lefranc MP, Forster A, Baer RJ, Stinson MA, Rabbitts TH: Diversity and rearrangement of the human T-cell rearranging gamma genes: Nine germline variable genes belonging to two subgroups. *Cell* 45:237, 1986

31. Font MP, Chen Z, Bories JC, Duparc N, Loiseau P, Degos L, Cann H, Cohen D, Dausset J, Sigaux F: The V-gamma locus of the human T-cell receptor gamma gene. *J Exp Med* 168:1383, 1988

32. Huck S, Dariavach P, Lefranc MP: Variable region genes in the human T-cell rearranging gamma (TRG) locus: V-J junction and homology with the mouse genes. *EMBO* 7:719, 1988

33. Forster A, Huck S, Ghanem N, Lefranc MP, Rabbitts TH: New subgroups in the human T-cell rearranging V (gamma) gene locus. *EMBO* 6:1945, 1987

34. Huck S, Lefranc MP: Rearrangements to the JP1, JP and JP2 segments in the human T-cell rearranging gamma gene (TRGgamma) locus. *FEBS Lett* 224:291, 1987

35. Lefranc MP, Forster A, Rabbitts TH: Rearrangement of two distinct T-cell gamma-chain variable-region genes in human DNA. *Nature* 319:420, 1986

36. Lefranc MP, Chuchana C, Dariavach P, Nguyen C, Huck S, Brockly S, Lefranc G: Molecular mapping of the human T-cell receptor gamma (TRG) genes and linkage of the variable and constant regions. *Immunology* 19:989, 1989

37. Wood GS, Haeffner A, Dummer R, Crooks CF: Molecular biology techniques for the diagnosis of cutaneous T-cell lymphoma. *Dermatol Clin* 12:231, 1994

38. Tailor JJ, Rowe D, Williamson IK, Christmas SE, Proctor SJ, Middleton PG: Detection of T-cell receptor γ chain V gene rearrangements using the polymerase chain reaction: Application to the study of clonal disease cells in acute lymphoblastic leukemia. *Blood* 77:1989, 1991

39. Kneba M, Bolz I, Linke B, Hiddemann W: Analysis of rearranged T-cell receptor β -chain genes by polymerase chain reaction (PCR) DNA sequencing and automated high resolution PCR fragment analysis. *Blood* 86:3930, 1995

40. Greiner TC, Raffeld M, Lutz C, Dich F, Jaffe ES: Analysis of T cell receptor- γ gene rearrangements by denaturing gradient gel electrophoresis of GC-clamped polymerase chain reaction products. *Am J Pathol* 46:46, 1995

41. Menke MAOH, Tiemann M, Vogelsang D, Boie C, Parwar-esch R: Temperature gradient gel electrophoresis for analysis of a polymerase chain reaction-based diagnostic clonality assay in the early stages of cutaneous T-cell lymphomas. *Electrophoresis* 16:733, 1995

42. Wood GS, Tung RM, Haeffner AC, Crooks CF, Liao S, Orozco R, Veelken H, Kadin ME, Koh H, Heald P, Barnhill RL, Sklar J: Detection of clonal T-cell receptor γ gene rearrangements in early mycosis fungoides/Sézary syndrome by polymerase chain reaction and denaturing gradient gel electrophoresis (PCR/DGGE). *J Invest Dermatol* 103:34, 1994

43. Fitzgerald JE, Ricalton NS, Meyer AC, West SG, Kaplan H, Behrendt C, Kotzin BL: Analysis of clonal CD8⁺ T cell expansions in normal individuals and patients with rheumatoid arthritis. *J Immunol* 154:3538, 1995

44. Kim YH, Jensen RA, Watanabe GL, Varghese A, Hoppe RT: Clinical stage IA (limited plaque) mycosis fungoides: A long-term outcome analysis. *J Invest Dermatol* 106:844, 1996 (abstr)

45. Asadullah K, Friedrich M, Döcke WD, Jahn S, Volk HD, Sterry W: Enhanced expression of T-cell activation and natural killer cell antigens indicates systemic anti-tumor response in early primary cutaneous T-cell lymphoma. *J Invest Dermatol* 108:743, 1997

46. Breit TM, Van Dongen JJM: Unravelling human T-cell receptor junctional region sequences. *Thymus* 22:177, 1994