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Circulating Immature Cell Counts on the Harvest Day Predict the Yields of CD34⁺ Cells Collected After Granulocyte Colony-Stimulating Factor Plus Chemotherapy-Induced Mobilization of Peripheral Blood Stem Cell

To the Editor:

Autologous peripheral blood stem cell (PBSC) transplantation (PBSCT) has been increasingly used and may replace autologous bone marrow transplantation for treatment of cancer patients with high-dose chemotherapy. Granulocyte-macrophage progenitors (colony-forming units-granulocyte-macrophage) and CD34⁺ cells have been preferentially used to quantitate PBSC contents of apheresis products to ensure rapid engraftment after PBSCT.¹⁻⁵ However, it is difficult to determine the optimal timing for harvesting the maximum number of PBSC. We have observed that circulating immature cells (CIC), identified morphologically as myeloblasts, promyelocytes, myelocytes, metamyelocytes, and erythroblasts in May-Giemsastained peripheral blood (PB) smears, often increase during PBSC mobilization induced by chemotherapy and granulocyte colony-stimulating factor (G-CSF). We were particularly interested to know whether the measurement of CIC could be used to determine the optimal timing for PBSC harvests because CIC is easily and quickly performed on routine blood counts.

We investigated whether the yield of CD34⁺ cells in PBSC harvests could be predicted by CIC number on the day of harvest. Between 1994 and 1996, 64 patients undergoing PBSC harvests were entered into this study after informed consent was obtained (Table 1). No patient had any evidence of bone marrow involvement at the time of PBSC harvest. Thirty-seven patients were treated with high-dose etoposide (500 mg/m² for 3 days or 300

Table	1	Patients	Charact	eristic

No. of patients64Median age (range)43 (16-70)Sex (M/F)33/31Disease31Hodgkin's lymphoma31Hodgkin's disease3Germ cell tumor5Small cell lung cancer6Breast cancer6Acute myelogenous leukemia1Multiple myeloma4Status at harvest16First complete remission16Second complete remission3Partial remission28Relapse8Primary refractory7Postoperation2Cycles of prior chemotherapy (range)4 (0-10)Chemotherapy for PBSC harvest37High-dose etoposide37Intermediate-dose cytosine arabinoside9High-dose epirubicin6High-dose epirubicin6Others5		
Sex (M/F)33/31Disease31Non-Hodgkin's lymphoma31Hodgkin's disease3Germ cell tumor5Small cell lung cancer6Breast cancer6Acute myelogenous leukemia1Multiple myeloma4Status at harvest16First complete remission36Partial remission28Relapse8Primary refractory7Postoperation2Cycles of prior chemotherapy (range)4 (0-10)Chemotherapy for PBSC harvest37High-dose etoposide37High-dose cyclophosphamide6High-dose epirubicin6	No. of patients	64
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Status at harvestFirst complete remission16Second complete remission3Partial remission28Relapse8Primary refractory7Postoperation2Cycles of prior chemotherapy (range)4 (0-10)Chemotherapy for PBSC harvest37High-dose etoposide37Intermediate-dose cytosine arabinoside9High-dose epirubicin6	Acute lymphoblastic leukemia	1
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Second complete remission3Partial remission28Relapse8Primary refractory7Postoperation2Cycles of prior chemotherapy (range)4 (0-10)Chemotherapy for PBSC harvest37High-dose etoposide37Intermediate-dose cytosine arabinoside9High-dose epirubicin6	Status at harvest	
Partial remission28Relapse8Primary refractory7Postoperation2Cycles of prior chemotherapy (range)4 (0-10)Chemotherapy for PBSC harvest37High-dose etoposide37Intermediate-dose cytosine arabinoside9High-dose epirubicin6	First complete remission	16
Relapse8Primary refractory7Postoperation2Cycles of prior chemotherapy (range)4 (0-10)Chemotherapy for PBSC harvest37High-dose etoposide37Intermediate-dose cytosine arabinoside9High-dose epirubicin6	Second complete remission	3
Primary refractory7Postoperation2Cycles of prior chemotherapy (range)4 (0-10)Chemotherapy for PBSC harvest37High-dose etoposide37Intermediate-dose cytosine arabinoside9High-dose epirubicin6	Partial remission	28
Postoperation2Cycles of prior chemotherapy (range)4 (0-10)Chemotherapy for PBSC harvest37High-dose etoposide37Intermediate-dose cytosine arabinoside9High-dose cyclophosphamide6High-dose epirubicin6	Relapse	8
Cycles of prior chemotherapy (range)4 (0-10)Chemotherapy for PBSC harvest37High-dose etoposide37Intermediate-dose cytosine arabinoside9High-dose cyclophosphamide6High-dose epirubicin6	Primary refractory	7
Chemotherapy for PBSC harvestHigh-dose etoposide37Intermediate-dose cytosine arabinoside9High-dose cyclophosphamide6High-dose epirubicin6	Postoperation	2
High-dose37Intermediate-dose cytosine arabinoside9High-dose cyclophosphamide6High-dose epirubicin6	Cycles of prior chemotherapy (range)	4 (0-10)
Intermediate-dose cytosine arabinoside9High-dose cyclophosphamide6High-dose epirubicin6	Chemotherapy for PBSC harvest	
High-dose cyclophosphamide6High-dose epirubicin6	High-dose etoposide	37
High-dose epirubicin 6	Intermediate-dose cytosine arabinoside	9
o	High-dose cyclophosphamide	6
Others 5	High-dose epirubicin	6
	Others	5

 mg/m^2 for 3 days plus 300 mg/m^2 of carboplatinum on day 1). G-CSF was started on the day of nadir of neutrophils at a dose of 5 $\mu {\rm g/kg}$ intravenously or 2 $\mu {\rm g/kg}$ subcutaneously. Blood samples were obtained for white blood cells (WBC) counts with leukocyte differentials each day that an increase in WBC counts was documented. Conventional leukocyte differential of 100 WBC was performed on PB smears by technicians who were not informed of this study. CIC counts were calculated by multiplying a percentage of CIC by each corresponding WBC count. PBSC harvests were performed using a Spectra (Cobe Laboratories, Lakewood, CA), as described,³ when WBC and platelet counts were rapidly increasing and greater than 3×10^{9} /L and $30 \times$ 10⁹/L, respectively. The median processed blood volume per apheresis was 150 mL/kg, ranging from 120 to 200 mL/kg. Flow cytometric analysis for CD34⁺ cells was performed as described.4

A total of 93 PBSC aphereses were performed in 64 patients (Table 2). The median percentage and count of CIC on the harvest day were 6% (range, 0% to 55%) and 1.1×10^9 /L (range, 0 to 28.1 × 10⁹/L), respectively. The median number of CD34⁺ cells harvested per apheresis was 4.7×10^6 /kg (range, 0 to 73.5 × 10⁶/kg). Numbers of CD34⁺ cells in PBSC products were plotted against the corresponding number of CIC in PB on each harvest day (Fig 1). CIC counts correlated significantly with the numbers of CD34⁺ cells per kilogram collected (Pearson's rank correlation analysis; r = .59, P < .001). In contrast, numbers of WBC or monocytes in PB were not correlated with the yields of CD34⁺ cells (data not shown).

Our study indicates that measurements of CIC count are useful for predicting the yields of $CD34^+$ cells harvested. Rapid increases in numbers of WBC, monocytes, and platelets are common clinical determinants for the timing of PBSC harvests, but they are less than quantitative and their meaning is uncertain. In fact, our data show that WBC counts and monocytes counts do not predict the yields of $CD34^+$ cells harvested. An increase of WBC count is predictive after G-CSF administration, but the ratio of immature to mature neutrophils varies enormously. Our results suggest that PBSC harvests will not be successful if pri-

Table 2. Results of PBSC Harvests				
Total no. of apheresis	93			
No. of apheresis per patient				
1	42			
2	17			
3	5			
Blood cell counts in the peripheral blood on				
the day of harvest*				
WBC count (×10 ⁹ /L)	14.7 (3.1-77.2)			
Percentage of CIC (%)	6 (0-55)			
CIC count (×10 ⁹ /L)	1.1 (0.0-28.1)			
Platelet count (×10 ⁹ /L)	82 (30-236)			
No. of cells harvested*				
Mononuclear cells (×10 ⁸ /kg)	3.3 (1.0-14.3)			
CD34 ⁺ cells (×10 ⁶ /kg)	4.7 (0.0-73.5)			

* Data are expressed as a median (range).

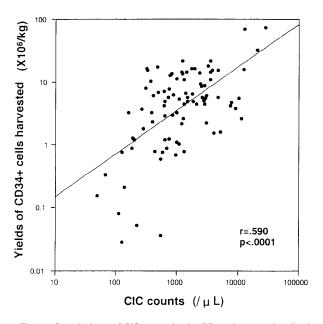


Fig 1. Correlations of CIC count in the PB on harvest day (horizontal axis) and CD34⁺ cell yield in the apheresis products (vertical axis). A regression line and results of statistical analysis are shown.

marily neutrophils increase; in such a case, CIC can prevent an unnecessary apheresis. It was recently reported that concentrations of CD34⁺ cells or immature reticulocytes in PB on the day preceding harvest day were correlated well with the numbers of CD34⁺ cells harvested.⁴⁻⁶ CD34⁺ cell measurements are greatly affected by small changes in gating because of their low frequency. In contrast, CIC have a relatively high frequency, resulting in a smaller error in quantitation. An increase of CIC count is easily and rapidly recognized with routine blood counts without labor-intensive assays, and PBSC harvests could therefore be timed to coincide with the increases in CIC. Measurements of CIC would clearly be advantageous for financial and operational efficiency of PBSC harvests. This study suggests that an increase of CIC at a level of 2×10^9 /L may be a good indicator to harvest greater than 1×10^6 /kg of CD34⁺ cells in a single apheresis.

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RH Gene Structure: Reassignment of Two Exon-Exon Junctions

To the Editor:

In a recent article, ¹ Cheng-Han Huang compared RH hybrid genes from dCCee and DC^w-phenotypes and claimed that two exon-exon junctions that we described in previous studies² were misidentified. We have now resequenced the exon4/exon5 junction, and we do agree that the boundary needs be set to nucleotide positions 634/635 (nt +1 is the A residue of the ATG initiation codon). In contrast, we disagree with the proposed exon6/exon7 boundary that Huang identifies at nucleotide positions 940/941. We have previously sug-