

measurements and reviewed the manuscript; D.R.T. organized the Registry protocols, maintained the institutional review board approvals, supervised the remission evaluations, and reviewed the manuscript; S.K.V. organized the Registry protocols, supervised the data analysis and interpretation, and reviewed the manuscript; and J.N.G. managed the patients, organized the data, assisted with analysis and interpretation, and wrote the manuscript.

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ORCID profiles: J.A.K.H., 0000-0002-1300-7135; S.K.V., 0000-0003-3448-0156.

Correspondence: James N. George, College of Public Health, Room CHB 237, The University of Oklahoma Health Sciences Center, P.O. Box 26901, Oklahoma City, OK 73126-0901; e-mail: james-george@ouhsc.edu.

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To the editor:

Long-term use of pegfilgrastim in children with severe congenital neutropenia: clinical and pharmacokinetic data

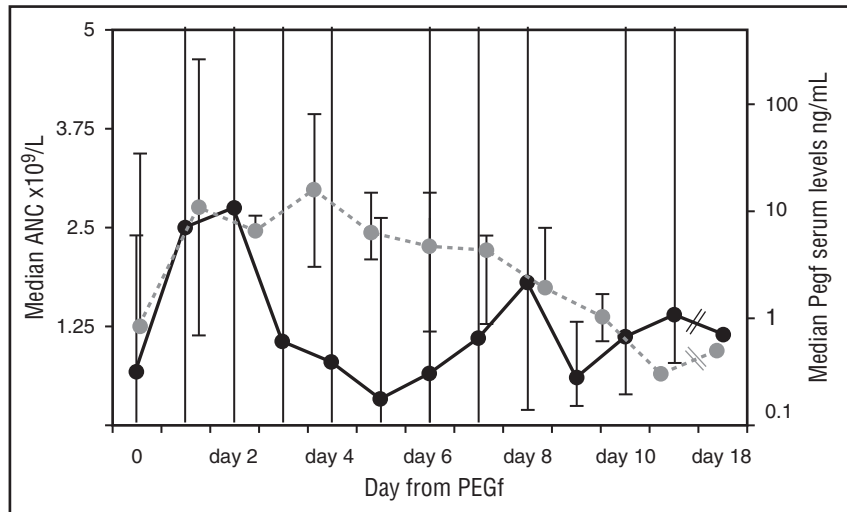
Francesca Fioredda,¹ Tiziana Lanza,¹ Federica Gallicola,¹ Francesca Riccardi,¹ Marina Lanciotti,¹ Elena Mastrodicasa,² Sara Signa,¹ Sabrina Zanardi,³ Michaela Calvillo,¹ and Carlo Dufour¹

¹Unit of Hematology, Istituto Giannina Gaslini, Istituto di Ricovero e Cura a Carattere Scientifico (IRCCS), Genoa, Italy; ²Unit of Paediatric Oncology and Haematology, Santa Maria della Misericordia Hospital, Perugia, Italy; and ³Biostatistic and Epidemiology Unit, Istituto Giannina Gaslini, IRCCS, Genoa, Italy

Severe congenital neutropenia (SCN) is a rare disease characterized by a severe defect in neutrophil production and by high risks of lethal infection.^{1,2} Lifetime treatment with granulocyte colony-stimulating factor (G-CSF) is indicated in patients responding to standard doses (up to 5 µg/kg per day). In those requiring higher doses of G-CSF (>8 µg/kg per day) or those who have transformed into myelodysplasia acute myeloid leukemia (MDS/AML), hematopoietic stem cell transplantation might be considered, especially if an excellent HLA-matched donor is available.³⁻⁵ Subcutaneous daily injection of G-CSF may seriously limit treatment compliance, thus increasing the risk of infections, particularly in the youngest children. Because of its long half-life, the pegylated form of filgrastim, pegfilgrastim (PEGf), would enable significant reduction in the frequency of injections,

thus improving adherence to therapy and infection control. This drug is currently used in patients with solid tumors to shorten the duration of neutropenia and in the autotransplant setting to mobilize stem cells.⁶⁻⁸ The use of PEGf in SCN has been reported only in single patients and in retrospective cohorts with limited pharmacokinetic analysis.⁹⁻¹² One limitation might derive from severe skin and lung toxicities, which were mainly observed in patients with cyclic neutropenia or glycogen storage disease type Ib but not in classical SCN.⁹ In this study, we describe the long-term outcome of PEGf treatment in children with SCN who were poorly compliant to classical G-CSF (filgrastim). Five patients entered this study (registered at the Observatory of the Italian Ministry of Health, Eudract Code 2005-003096-20) after informed consent was obtained from the parents. Two children were already

Figure 1. ANC and pharmacokinetic (PK) in the whole cohort. Black line represents the ANC trend at given days after a single injection of PEGf over the entire follow-up in the whole group; dots are median values of ANC; and the bars correspond to the maximum/minimum for each day after PEGf inoculum. Likewise for PK (dotted gray line); dots indicate median PK values observed at a given day after a single PEGf injection, and the bars correspond to minimum/maximum for the days when available.



described, with considerably shorter follow-up.¹⁰ After 72-hour washout from filgrastim, subcutaneous PEGf was initially administered at a dose of 100 $\mu\text{g}/\text{kg}$ at an interval not shorter than 4 days. Subsequent injections aimed to maintain median absolute neutrophil count (ANC) at 1×10^9 to $5 \times 10^9/\text{L}$ and/or to control infection. Bone marrow morphology, cytogenetics, granulocyte-colony stimulating factor receptor (G-CSFR) mutation analysis, abdominal ultrasound scan, and bone density assessment by dual energy radiograph absorptiometry were performed at baseline and then yearly. Blood count, biochemistry, and serum concentration of PEGf (enzyme-linked immunosorbent assay, Quantikine HS; R&D System Inc., MN) were frequently evaluated within the first 6 months and then again 3 to 4 times per year. Quality of life was evaluated using the Short Form Health Survey questionnaire (SF-36) by the parents at the beginning and end of follow-up.¹³ Infections were quantified by infectious ratio (IR), which considers the number of documented infections supported by clinical, imaging, biochemical, and/or microbiological findings over the period at risk/patient, normalized by 1000 days.¹⁴ From July 2006 to October 2015, 5 consecutive patients (3 males) diagnosed with SCN (4 mutated in ELANE and 1 in HAX-1 genes) at a median age of 2 months (0-18 months) were enrolled in the study. Characteristics of the cohort are shown in Table 1. Before PEGf, 4/5 patients were treated with daily subcutaneous G-CSF, to which they were poorly compliant, for a median of 36 months (0.23-89 months). Filgrastim median dose was 7.5 $\mu\text{g}/\text{kg}$ (5-25 $\mu\text{g}/\text{d}$). The initial PEGf schedule was 50 to 100 $\mu\text{g}/\text{kg}$ every 7 to 12 days to reach the ANC between 1×10^9 and $5 \times 10^9/\text{L}$. Median age at start of PEGf was 50 months (7-110 months). Median follow-up was 46 months (7-111 months). PEGf increased neutrophils in 4/5 patients. Median ANC of the cohort was $1.5 \times 10^9/\text{L}$ (0 to $34 \times 10^9/\text{L}$), which is higher, although not significantly, than that on filgrastim ($1 \times 10^9/\text{L}$). Median IR was 5.1 (3.7-6.3), which is lower, although not significantly, than that on filgrastim. However, when PEGf was given every 7 to 8 days, median ANC was significantly higher ($1.28 \times 10^9/\text{L}$) than that achieved by administration every 9 to 12 days ($0.67 \times 10^9/\text{L}$; $P = .002$, Kruskal-Wallis test). Median IR was significantly lower with the 7- to 8-day schedule (4.5) as compared with the 9- to 12-day schedule (6.3; $P = .029$, Kruskal-Wallis test). The ANC (Figure 1), shows a bimodal pattern with a first ANC peak 24 to 48 hours after PEGf administration, a decline below $1 \times 10^9/\text{L}$ after 2 to 5 days, and a second rise on days 6 to 7 without any further drug administration, followed by a second drop. Peak serum concentration of PEGf was achieved 24 to 72 hours

after administration, and then levels declined to those of the washout phase (pre-PEGf) within day 9. PEGf serum concentrations of day 0 were comparable to those measured at the same time point (before drug injection) during filgrastim treatment and did not increase over the yearly follow-up. Compliance and quality of life measured through the SF-36 questionnaire showed a global amelioration because of reduced physical and mental limitation in turn attributable to better control of body pain ($P =$ not significant). Neither local nor generalized reactions occurred during PEGf. No cytogenetic abnormalities were documented. In 1 patient, 2 G-CSFR mutations (c.2384C>T and c.2425T>G) and progression to osteoporosis were documented (after 24 months of G-CSF and 46/40 months of PEGf treatment). Renal and liver function tests remained normal. No organ toxicity was reported over the entire follow-up. Although in a small-sized cohort, this is the first comprehensive prospective analysis with the longest ever reported follow-up (maximum 9 years) of the outcome of PEGf treatment in SCN patients. This study shows that PEGf allowed the median ANC count to rise above $1.5 \times 10^9/\text{L}$ and to reduce infections in comparison with the previous filgrastim phase. Benefits (increased ANC and reduced IR) were more clearly evident (ie, statistically significant) as compared with the prior filgrastim phase, when PEGf was given every 7 to 8 days vs every 9 to 12 days. Infections were not fully cleared during PEGf despite the increased neutrophil count probably because of the lack of full rescue of neutrophil function. However, the catch-up growth seen in 2 patients during the PEGf compared with the G-CSF period could be an indirect effect of better infection control. Overall, PEGf was safe because no acute/chronic side effects were reported, with the exception of 1 patient who developed osteoporosis and after a few months acquired a G-CSFR mutation. Because of prior G-CSF treatment, we cannot establish the exact role of PEGf in these events. In addition, these effects may not be attributed unequivocally to therapy because of the intrinsic tendency of the disease itself toward osteoporosis and clonal evolution that may be exacerbated by G-CSF. Transformation to MDS/AML occurs at variable rates of 11% to 31% after 10 to 15 years of G-CSF therapy, and it is dose dependent.¹⁵⁻¹⁸ Peak serum concentrations of PEGf were comparable to those measured in solid tumor patients and did not increase over time. Moreover, the lowest levels of G-CSF were similar during filgrastim and PEGf, thus excluding the risk of overexposure of the stem cells as compared with the previous filgrastim phase. Regarding the costs, at the prices the company offered to the pharmacy of our institute at the time of protocol initiation, a daily dose of 5 $\mu\text{g}/\text{kg}$ of filgrastim was equivalent to that of a full vial of PEGf (including discarded amount) given every 8 days, an interval of administration that

Table 1. Patient characteristics and comparison between G-CSF and PEGf

Patient	Characteristics of the patients				G-CSF treatment				PEGf treatment						
	Date of birth	Age at diagnosis (mo)	Type of mutation	Dose ($\mu\text{g}/\text{kg}$ per d)	Length FUP (mo)	Median ANC $\times 10^9/\text{L}$	IR	Type of infection	Growth percentile (weight/ height)	Dose ($\mu\text{g}/\text{kg}$ per d)	Length FUP (mo)	Median ANC $\times 10^9/\text{L}$	IR	Type of infection	Growth percentile (weight/ height)
1/F	July 2002	10	ELANE: Ex 5 g.4988 T>A c.704T>A p.Val235Glu	10	38	0.82 (0-4)	10.5	Otitis Mastoiditis Skin abscesses	10th/10th	60/7	111	1.18 (0-34)	6.3	Otitis	25th/10th
2/M	November 2004	2	ELANE: Ex 2 g.1894T>C c.176T>C p.Leu59Pro	10-25	25	0.2 (0-6.7)	10.6	Otitis Skin abscesses Periodontitis Pneumonia	<5th/5th	55/7	103	0.52 (0-7)	5.1	Mastoiditis	10th/25th
3/F	February 2010	2	ELANE: Ex 5 g.4901T>C c.617T>C p.Leu206Ser	7.5-10	36	0.5 (0-3.4)	11.1	Otitis Skin abscesses Pneumonia	3th/10th	100/12	18	0.69 (0-5.4)	3.7	Skin abscesses	10th/10th
4/M	October 2002	18	HAX-1: c.409C>T p.Gln137X	5	89	2.2 (0.37-10.300)	6.25	Pneumonia Periodontitis	10th/25th	60/8	46	1.3 (0.34-8.3)	5.1	Periodontitis	25th/50th
5/M	December 2014	Birth	ELANE: Intr 4 g.4716G>A (+1) p.Val190_Phe199del	5	0.25	0.16 (0.12-1.2)	-	Otitis Mastoiditis Skin abscesses	10th/10th	50/21	7	1.8 (0.23-19)	4.7	Otitis	10th/25th

The comparison between the median ANC and IR values in the whole cohort if compared with the overall G-CSF period and the PEGf period was not significant, but the same comparison done for PEGf administered every 7-8 d vs 9-12 d was statistically significant for ANC ($P = .002$) and IR ($P = .029$).

significantly reduced IR, thus pointing to an additional indirect cost advantage.

In conclusion, this analysis, even if it includes a limited number of patients, is rather extensive and shows that PEGf may be a beneficial alternative in patients poorly compliant to classical G-CSF, because, during long-term follow-up, it increases neutrophils, reduces IR, and improves quality of life at a cost of drug exposure similar to that for classical G-CSF. Increasing the number of patients and prolonging follow-up will provide further information on the risk of clonal evolution and on the role of PEGf vs filgrastim in the management of SCN patients.

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Contribution: C.D., F.F., and M.C. conceived and designed the study and wrote the manuscript; S.S., F.G., and E.M. collected the materials; S.Z. performed the statistical analysis; M.L. and T.L. performed PK analysis and molecular studies; and F.R. analyzed physiological aspects.

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ORCID profiles: F.F., 0000-0002-7096-4580.

Correspondence: Francesca Fioredda, IRCCS Giannina Gaslini, Children's Hospital, Via Gerolamo Gaslini 5, 16147 Genova, Italy; e-mail: francescafioredda@gaslini.org.

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To the editor:

The CLL-IPI applied in a population-based cohort

Caspar da Cunha-Bang,¹ Ilse Christiansen,² and Carsten Utoft Niemann¹¹Department of Hematology, Rigshospitalet, Copenhagen University Hospital, Copenhagen, Denmark; and ²Department of Hematology, Aalborg University Hospital, Aalborg, Denmark

The rapid development in treatment options for patients with chronic lymphocytic leukemia (CLL) in parallel with a much more detailed understanding of the underlying pathogenesis has warranted the development of novel prognostic indices for patients with CLL to replace the clinical staging systems developed by Rai and Binet 40 years ago.^{1,2}

Bahlo and colleagues from an international consortium have developed a new international prognostic index for patients with chronic lymphocytic leukemia (CLL-IPI) based on a combination of molecular and clinical baseline characteristics for patients with CLL.^{3,4} The impact of previously proposed prognostic models has been limited due to omission of molecular characteristics,⁵ inclusion of parameters not widely used,⁶ or restriction to cytogenetic findings.⁷ With an initial assessment of 27 baseline markers in patients enrolled in 8 clinical trials, they have established the CLL-IPI prognostic model based on 5 parameters becoming widely available: *TP53* aberrations (including del(17p) and *TP53* mutation), IGHV mutational status, $\beta(2)$ microglobulin level, clinical stage and age. The model was validated in 2 external cohorts including patients followed from time of diagnosis.

The establishment of a robust and widely accepted international prognostic index in CLL to guide treatment decisions and assess the composition of in trial populations is an important and valuable tool.⁸ The CLL-IPI was developed based on participants in clinical trials before the era of chemoimmunotherapy, with only 571 out of 3725 patients receiving chemoimmunotherapy as first-line treatment. The included patients were younger (median age, 61 years) and mainly physically fit (96% ECOG performance status [PS] 0-1) compared with the general population of newly diagnosed patients with CLL.⁴ Thus, application and validation of the CLL-IPI in a population-based cohort of patients with newly diagnosed CLL in the current era of chemoimmunotherapy is warranted prior to broader implementation.

Here, we present data from the prospective Danish National CLL Registry, which is a nationwide, mandatory registry including and prospectively following all consecutive patients diagnosed with CLL in Denmark since 2008 to estimate time to event (TTE; treatment or death) and overall survival (OS) according to the 4 CLL-IPI risk groups.⁹ All

prognostic variables were analyzed at the time of diagnosis according to the Danish national guidelines for CLL.

In total, all 5 variables for the CLL-IPI were available for 1514 patients (861 low risk, 453 intermediate risk, 193 high risk, and 34 very high risk) diagnosed with CLL between 2008 and 2015. Excluded from the analyses were an additional 1509 patients included in the registry who were missing 1 or more of the 5 variables. The majority of patients (917 [60%]) were male, the median age was 69 years (interquartile range, 61-76 years), 306 (20%) were Binet stage B or C, 1498 (97%) were PS 0-1, and 3-year OS and 3-year event-free survival rates were 88% and 74%, respectively. 3-year OS in the low-risk, intermediate-risk, high-risk, and very high-risk CLL-IPI groups was 91%, 86%, 76%, and 62%, respectively. A total of 295 patients (19%) (60 low risk [7%], 128 intermediate risk [28%], 87 high risk [45%], and 20 very high risk [59%]) were treated for CLL, and 249 patients (16%) (89 low risk [10%], 89 intermediate risk [20%], 56 high risk [30%], and 15 very high risk [44%]) died during follow-up. The median observation time was 3.2 years, and the median survival was not reached. For patients excluded from the analysis due to ≥ 1 missing CLL-IPI variables, 898 (61%) were male, 71 years was the median age, 335 (24%) had Binet stage B or C, 1356 (93%) had PS 0-1, the 3-year OS was 80%, and the 3-year event-free survival was 70%.

For our analyses, the 4 different risk categories proposed by Bahlo et al³ predicted significantly different TTE and OS ($P < .001$) for each of the 4 risk categories (Figure 1). Thus, the robustness of the CLL-IPI index in an unselected cohort of patients with newly diagnosed patients CLL in the era of chemoimmunotherapy could be confirmed.

As single-agent targeted treatment and combinations of chemotherapy- and non-chemotherapy-based options are evolving, the CLL-IPI may be used to identify at the time of diagnosis CLL patients who will likely not benefit from conventional chemoimmunotherapy, as proposed by Bahlo et al. Our data presented here provide the basis for external validation of the CLL-IPI in a population-based cohort exposed to chemoimmunotherapy. As such, the CLL-IPI could prove a critical step in predicting the time from diagnosis to a need