LYMPHOID NEOPLASIA

CME Article

Risk of multiple primary malignancies following treatment of Hodgkin lymphoma

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Key Points

- Hodgkin lymphoma survivors who developed a second malignancy remain at high risk of developing subsequent malignancies.
- Treatment options for these malignancies may be more restricted making early detection especially important to improving outcome.

We assessed risk, localization, and timing of third malignancies in Hodgkin lymphoma (HL) survivors. In a cohort of 3122 5-year HL survivors diagnosed before the age of 51 years and treated between 1965 and 1995, we examined whether risk factors for second and third malignancies differ and whether the occurrence of a second malignancy affects the risk of subsequent malignancies, using recurrent event analyses. After a median follow-up of 22.6 years, 832 patients developed a second malignancy and 126 patients a third one. The risk of a second malignancy was 4.7-fold increased (95% confidence interval [CI], 4.4-5.1) compared with risk in the general population; the risk for a third malignancy after a second malignancy was 5.4-fold (95% CI, 4.4-6.5) increased. The 10-year cumulative incidence of any third malignancy was 13.3%. Compared with patients still free of a second malignancy, patients with a second malignancy had a higher risk of developing subsequent malignancies. This risk depended on age, with hazard ratios of 2.2, 1.6, and 1.1 for patients aged <25, 25 to 34, and 35 to 50 years at HL treatment, respectively. In HL survivors who had a second malignancy, treating physicians should be aware of the increased risk of subsequent malignancies. (*Blood.* 2014;124(3):319-327)

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Learning objectives

- 1. Describe the risks for second and third malignancies in survivors of Hodgkin lymphoma (HL), based on a cohort study.
- 2. Distinguish localization of second and third malignancies in survivors of HL.
- 3. Assess timing and prognosis of third malignancies in survivors of HL.

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Introduction

Over the past decades, advances in treatment of Hodgkin lymphoma (HL) have led to strongly improved survival, with cure rates over 80%.^{1,2} Consequently, there is a growing number of HL survivors at risk for long-term treatment-related complications, such as second malignancies. Many studies have shown that the incidence of second malignancies in HL survivors is substantially increased compared with the general population.³⁻⁷ Only a few studies in childhood cancer⁸⁻¹¹ and breast cancer¹² survivors have reported on the development of third and additional malignancies due to previous cancer treatment and genetic factors. The risk of third malignancies in survivors of adult and pediatric HL has not been previously investigated.

It is likely that HL survivors who survived a second malignancy may remain at increased risk of developing subsequent malignancies as a consequence of their treatment of HL. The risk of third and additional malignancies might also be more strongly increased than the risk of a second malignancy, for example, due to increased prevalence of host susceptibility factors (eg, genetic predisposition, immunodeficiency).

In this study, we assessed the risk, localization, and timing of subsequent malignancies in HL survivors in a large Dutch cohort with complete follow-up. The quantification of these risks can be of use for optimization and individualization of surveillance protocols for HL survivors.

Patients and methods

Study population

We performed a cohort study in patients treated for HL in 7 Dutch University hospitals or cancer centers (The Netherlands Cancer Institute, Erasmus University Medical Center Rotterdam, Leiden University Medical Center, Vrije Universitet Medical Center, Radboud University Nijmegen Medical Center, Emma Children's Hospital/Academic Medical Center, University Medical Center Utrecht) or in the affiliated hospitals of the population-based Eindhoven Cancer Registry. Patient selection and methods of data collection have been described in detail previously.^{7,13-15} In brief, patients were below age 51 years at HL diagnosis, first treated between 1965 and 1995 with radiotherapy and/or chemotherapy, who survived at least 5 years.

Data collection procedures

Data were collected on dates of birth and HL diagnosis, treatment (date of start of treatment, radiation fields, chemotherapy regimens, and number of cycles) for primary HL and relapses, and date of most recent medical information or death. Information on subsequent malignancies was collected directly from the medical records and/or obtained by contacting general practitioners and attending physicians in other hospitals (up to 2004: 94% complete follow-up¹⁶) and through linkage with the nationwide network and registry of histopathology and cytopathology¹⁷ and the population-based Netherlands

Cancer Registry (NCR)¹⁸⁻²⁰ up to 2010, resulting in a virtually complete follow-up for subsequent malignancies in our cohort. Second and third malignancies occurring in paired organs were included if there was evidence that the third malignancy was not a recurrence of the second one. Basal cell carcinomas of skin were not included in the analyses because these are not registered in the NCR. Although a noninvasive malignancy, we included ductal carcinoma in situ (DCIS) of the breast in our analyses. Patients diagnosed with a malignancy other than HL before HL diagnosis or within 5 years after HL diagnosis were excluded.

Second and third malignancies were considered synchronous when the interval between the 2 tumors was <6 months and metachronous if otherwise. All subsequent malignancies were categorized as occurring below or above the diaphragm to facilitate analyses related to radiotherapy fields, that is, we separated esophageal cancer from other gastrointestinal (GI) tract cancers.

Complete follow-up for vital status and dates of death was obtained up to November 2012 by linkage with the Dutch Central Bureau of Genealogy, which keeps computerized records of all deceased persons in The Netherlands since 1994.

Treatment

Over time, a wide variety of treatment regimens was used. Although primary treatment was usually given according to treatment protocols of the European Organization for Research and Treatment of Cancer,²¹⁻²⁵ relapse treatment was generally not standardized. Radiotherapy techniques changed over the years, from orthovoltage therapy or cobalt 60 in the 1960s to linear accelerators from the 1970s onward. Individual blocks were used to shield normal tissues as much as possible. Patients usually received 40 Gy in fractions of 1.5 to 2.0 Gy when they received radiotherapy only and 30 to 36 Gy when they also received chemotherapy. Mantle field irradiation (including mediastinal, axillary, and neck nodes) was the most commonly applied radiation from the early 1970s to the late 1980s. Since the late 1980s, a growing number of patients received more limited radiation fields (involved field irradiation). For radiotherapy, patients were categorized into (1) no radiotherapy; (2) radiotherapy above the diaphragm; and (3) radiotherapy above and below or only below the diaphragm.

From the 1960s to the 1980s chemotherapy consisted mainly of mechlorethamine, oncovin (vincristine), procarbazine and prednisone (MOPP). In the 1980s, anthracycline-containing regimens such as MOPP/ adriamycin (doxorubicin), bleomycin and vinblastine (ABV) and ABV with dacarbazine were introduced as part of primary treatment.

Statistical analysis

Second and third malignancy incidence rates in the cohort were compared with age-, sex-, and calendar period–specific cancer incidence rates in the Dutch population, accounting for person-years of observation. Cancer incidence data from the Eindhoven Cancer Registry²⁶ up to 1988 and from the NCR^{19,20} from 1989 to 2009 were used as reference. The cancer incidence reference data were composed according to the International Agency for Research on Cancer rules²⁷ for multiple primaries, according to which cancer is included only once in case a patient has 2 cancers in a paired organ or at sites with the same International Classification of Diseases code.

Table 1. Characteristics of the HL cohort and survivors with subsequent malignancies
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			Subsequent malignancies in HL survivors*								
	Entire cohort		Sec	ond	Th	ird	Fourth				
Characteristic	No.	%	No.	%	No.	%	No.	%			
Total	3122	100	832	100	126	100	16	100			
Sex											
Male	1776	56.9	410	49.3	42	33.3	4	25.0			
Female	1346	43.1	422	50.7	84	66.7	12	75.0			
Age at HL treatment, y											
Median	27.3	_	29.2	_	26.9	_	20.1	_			
<25	1288	41.3	293	35.2	52	41.3	10	62.4			
25-34	1011	32.4	270	32.5	45	35.7	3	18.8			
≥35	823	26.3	269	32.3	29	23.0	3	18.8			
Treatment period HL											
1965-1974	666	21.3	273	32.8	47	37.3	6	37.5			
1975-1984	1043	33.4	329	39.5	61	48.4	9	56.3			
1985-1995	1413	45.3	230	27.7	18	14.3	1	6.2			
HL treatment†											
RT only	941	30.1	307	36.9	68	54.0	7	43.8			
CT only	319	10.2	41	4.9	2	1.6	0	0			
RT + CT	1862	59.6	484	58.2	56	44.4	9	56.2			
Follow-up after HL treatment, y											
Median	22.6	_	24.6	—	30.5	_	32.1	—			
5-9	308	9.9	66	7.9	2	1.6	1	6.2			
10-19	869	27.8	210	25.3	16	12.7	1	6.2			
20-29	1211	38.8	299	35.9	44	34.9	4	25.0			
≥30	734	23.5	257	30.9	64	50.8	10	62.6			

CT, chemotherapy; RT, radiotherapy; y, years.

*Pathological confirmation was obtained for an estimated 95% of all second malignancies and 90% of all third malignancies.

†Included primary and salvage therapy. RT includes all radiotherapy fields.

In the accumulation of person-years of observation in the study population, time at risk for a second malignancy began 5 years after date of HL treatment and ended at date of diagnosis of the second malignancy, date of most recent medical information, or date of death, whichever came first. Time at risk for a third malignancy began at date of diagnosis of the second malignancy and ended at date of diagnosis of the third malignancy, date of most recent medical information, or date of death, whichever came first. The standardized incidence ratios (SIRs) for both second and third malignancies were calculated as the ratios of the observed and expected numbers of malignancies in the cohort. The absolute excess risks were calculated as the observed numbers of second and third malignancies in our cohort minus the expected numbers, divided by person-years at risk, multiplied by 10000. The confidence intervals (CIs) of the SIRs were calculated using exact Poisson probabilities of observed numbers.²⁸ P values for tests for heterogeneity or trend were calculated according to standard methods.²⁹ Only invasive malignancies were included in our comparison with the general population because historical incidence rates for DCIS were not available in our analysis program. Thus, when a patient developed a DCIS of the breast as a second malignancy and invasive breast cancer as a third malignancy, the invasive breast cancer was included as the second malignancy. The cumulative incidence of second or third malignancies was estimated in the presence of death as a competing risk.³⁰ Comparison of cumulative incidence curves was based on competing risk regression.³¹

We assessed whether HL survivors with a second malignancy were at a greater risk of developing a subsequent malignancy compared with those who did not develop a second malignancy using a conditional Cox recurrent event analysis. To evaluate whether treatment-associated risks were similar with regard to the development of second and third malignancies, we performed Cox recurrent event analysis, using a marginal approach, in which the second and third malignancy were assumed to be independent events. In this analysis, time at risk for a third malignancy was also calculated from 5 years after date of HL treatment and ended at date of diagnosis of the third

Table 2. Cancer site distribution	for subsequent malignancies	according to sex
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	Subsequent malignancy													
	Men							Women						
	Second	%	Third	%	Fourth	%	Second	%	Third	%	Fourth	%		
Total*	405	100	41	100	4	100	419	100	84	100	12	100		
All solid (nonbreast)	297	73.3	37	90.2	3	75.0	184	43.9	32	38.2	5	41.7		
Lung	103	25.4	11	26.8	0	0	37	8.8	5	6.0	0	0		
GI tract	68	16.8	9	22.0	0	0	42	10.0	11	13.1	1	8.4		
Urogenital tract	40	9.9	7	17.1	1	25.0	30	7.2	5	6.0	4	33.3		
Other	86	21.2	10	24.3	2	50.0	75	17.9	11	13.1	0	0		
Breast	2	0.5	1	2.4	0	0	184	43.9	46	54.8	7	58.3		
Leukemia and MDS	29	7.2	2	5.0	0	0	18	4.3	0	0	0	0		
NHL	57	14.1	1	2.4	1	25.0	22	5.3	5	6.0	0	0		
Unknown primary	20	4.9	0	0	0	0	11	2.6	1	1.2	0	0		

GI, gastrointestinal (esophagus excluded); MDS, myelodysplastic syndrome; NHL, non-HL.

*Hematologic malignancies (other than leukemia, MDS, and NHL) are excluded.

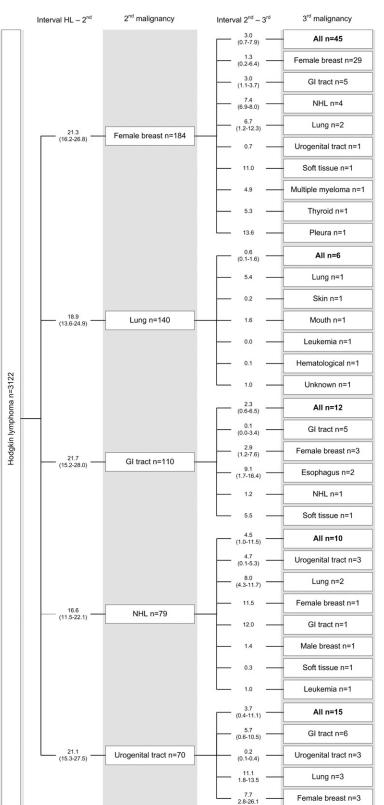


Figure 1. Subsequent malignancies in HL survivors. Second and third malignancies occurring either as ipsilateral malignancies (with different histology) or as contralateral cancers (in paired organs) were included. "Female breast cancer" includes DCIS tumors. Twenty-four patients had a synchronous second and third malignancy (breast, n = 10; urogenital tract, n = 3; Gl tract, n = 2; different sites/organ systems, n = 9). Interval in years. Gl, gastrointestinal (esophagus excluded); NHL, non-HL.

malignancy, date of most recent medical information, or date of death. We performed this analysis separately for all malignancies and for solid nonbreast tumors occurring as second or third malignancies, as it has been shown that chemotherapy for HL is associated with a decreased risk of breast cancer,^{32,33} although it may increase the risk of lung cancer^{6,34} and GI tract cancer.³⁵⁻³⁷ When analyzing all malignancies combined, any effect of chemotherapy on

certain malignancies would be diluted. Furthermore, in this analysis, we focused on patients who developed solid tumors, as most HL survivors who developed hematologic malignancies had a poor survival and were therefore not at risk for subsequent malignancies. In these analyses, primary HL treatment comprised all treatment (radiotherapy and/or chemotherapy) received within 5 years after HL, including relapse treatment. The

Table 3. Treatment	of second	malignancy	/ in H	L survivors

	Second malignancy											
	All		All Female breast		Lung		GI tract		NHL		Other	
	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
Total	832		184		140		110		79		319	
Treatment												
RT (+/- surgery)	78	14.0	10	6.3	17	20.0	4	5.6	4	8.5	43	21.9
CT (+/- surgery)	167	29.9	56	35.0	29	34.1	23	32.4	28	59.6	31	15.8
RT + CT (+/- surgery)	43	7.7	15	9.3	9	10.6	2	2.8	12	25.5	5	2.6
Surgery alone	207	37.0	75	46.9	13	15.3	30	42.3	0	0	89	45.4
Other	64	11.4	4	2.5	17	20.0	12	16.9	3	6.4	28	14.3
Treatment unknown	273		24		55		39		32		123	

Abbreviations are explained in Tables 1 and 2.

occurrence of a HL relapse within these first 5 years was accounted for by inclusion of a separate relapse variable. Treatment of HL relapses received 5 years or more after HL was included using time-dependent variables. Further variables considered in these analyses were sex and age at HL treatment. To obtain variance estimators that adjust for within-subject correlation, we used robust estimation of the variance of estimated regression coefficients.³⁸ Analyses were performed using STATA statistical software (STATA 11; Statacorp LP); a *P* value <.05 was considered statistically significant.

Results

The study population comprised 3122 HL survivors. Median age at initial HL treatment was 27.3 years (Table 1). Most patients received either radiotherapy alone (30.1%) or radiotherapy with chemotherapy (59.6%); 10.2% received chemotherapy only. Median follow-up time was 22.6 years and 23.5% of the patients were followed for >30 years.

During follow-up, 832 patients developed a second, 126 patients a third, and 16 a fourth primary malignancy. Median ages at diagnosis of the second and third malignancies were 50.5 years (interquartile range [IQR], 42.8-57.9) and 53.9 years (IQR, 47.0-60.8), respectively. The median interval between HL and the second malignancy was 19.4 years (IQR, 13.8-25.8) and the median interval between the second and third malignancy was 4.3 years (IQR, 1.0-10.1). The 5-year survival was 42.6% for patients who developed a second malignancy and 42.9% after a third malignancy. Two hundred ninety patients with a second malignancy (34.9% of all second malignancies) and 35 patients with a third malignancy (27.8% of all third malignancies) died in the first year following diagnosis.

Table 2 shows the frequency of second and third malignancies according to localization and sex. In women, breast cancer was the most frequently observed second (n = 184) and third (n = 46) malignancy, accounting for 43.9% of all second and 54.8% of all third malignancies. In men, lung cancer was the most frequent second (n = 103) and third (n = 11) malignancy, accounting for 25.4% of all second and 26.8% of all third malignancies.

Figure 1 illustrates the pattern of occurrence of third malignancies following specific second malignancies and the time interval between malignancies. Twenty-nine of 184 women with breast cancer as their second malignancy developed another breast cancer (including 10 synchronous bilateral breast cancers), after a median interval of 1.3 years (IQR, 0.2-6.4). After a second malignancy in the GI tract (n = 110), 12 patients developed a third malignancy, of whom 5 had another GI tract cancer. Fifteen of 70 patients with urogenital cancer as their second malignancy developed a third malignancy, of which cancers of the GI tract (n = 6) were the most frequent. As expected, in patients who had a poor-prognosis second malignancy, such as lung cancer (n = 140) and esophageal cancer (n = 24) (supplemental Figure 1, available at the *Blood* Web site), relatively few patients developed a third malignancy (6 and 2 third malignancies, respectively). None of the 47 patients diagnosed with leukemia as a second malignancy developed a third malignancy (supplemental Figure 1); 36 patients died within 1 year after leukemia diagnosis.

For 67% of the patients, information on treatment of the second malignancy was available. Most patients were treated with surgery alone (37.0%) or chemotherapy (29.9%) for their second malignancy (Table 3). Relatively few patients received radiotherapy (14.0%) or a combination of radiotherapy and chemotherapy (7.7%).

HL survivors had a 4.7-fold (95% CI, 4.4-5.1) increased SIR of developing a second malignancy compared with the general population, corresponding to 121.2 excess cases per 10 000 patient-years. A slightly higher SIR was found for a third malignancy after a second malignancy (SIR, 5.4; 95% CI, 4.4-6.5), resulting in an absolute excess risk of 309.3 per 10 000 patient-years. The SIRs for lung cancer as second and third malignancies were 6.8 (95% CI 5.7-8.1) and 6.0 (95% CI 2.5-9.8), respectively. For breast cancer as a third malignancy (SIR, 8.2; 95% CI, 5.6-11.4 vs SIR, 4.9; 95% CI, 4.2-5.8, respectively). For women and men, the SIRs for a third after a second malignancy were 6.2 (95% CI, 4.9-7.9) and 4.4 (95% CI, 3.1-5.9) (*P* value, .073), respectively. When excluding breast cancer, the SIRs were 5.2 (95% CI, 3.7-7.2) and 4.3 (95% CI, 3.0-5.8) (*P* value, .376), respectively.

Estimated from the date of HL treatment, the 30-year cumulative incidence of developing a second malignancy was 30.7% (95% CI, 28.7-32.7) and of a third malignancy 4.6% (95% CI, 3.7-5.6) (Figure 2A). Estimated from diagnosis of the second malignancy, the 10-year cumulative incidence of any third malignancy was 13.3% (95% CI, 10.9-15.9). The 10-year cumulative incidence was higher for women (17.1%; 95% CI, 13.3-21.3) than for men (9.2%; 95% CI, 6.5-12.5; P < .001) (Figure 2B). After breast cancer, the 10-year cumulative incidence was 13.8% (95% CI, 9.0-19.6) for developing another breast cancer and 5.9% (95% CI, 2.9-10.5) for developing a solid nonbreast tumor as third malignancy (Figure 2C). The 5-year cumulative incidences of any third malignancy after cancer of the GI tract, lung cancer, non-HL, and cancer of the urogenital tract were 7.5% (95% CI, 3.5-13.6), 3.6% (95% CI, 1.4-7.8), 8.0% (95% CI, 3.3-15.5), and 13.4% (95% CI, 6.6-22.7), respectively (Figure 3).

Using a marginal approach, hazard ratios (HRs) for developing a second or third malignancy were found to significantly differ for sex ($P_{\text{interaction}} = .003$), initial radiotherapy ($P_{\text{interaction}} = .022$), and initial chemotherapy ($P_{\text{interaction}} = .003$) (Table 4). Although men

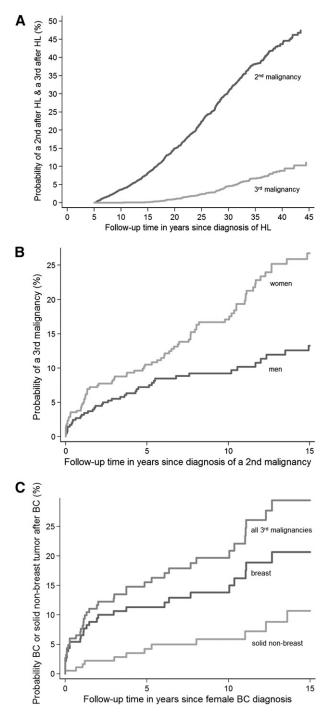


Figure 2. Cumulative incidences of second and third malignancies in HL survivors. Cumulative incidence of (A) a second malignancy in HL survivors and a third malignancy in HL survivors and of (B) a third malignancy in HL survivors by sex and of (C) breast cancer or a solid nonbreast tumor after breast cancer as a second malignancy in HL survivors. BC, breast cancer.

were found to have lower risks both for developing a second or a third malignancy compared with women, men had an even more strongly decreased risk (HR, 0.4) of developing a third malignancy than of developing a second malignancy (HR, 0.7). Compared with patients who did not receive initial radiotherapy, radiotherapy above and below the diaphragm was associated with a 5.2-fold increased risk of a third malignancy while increasing risk of a second malignancy 2.6-fold. Chemotherapy received for HL during the first 5 years of follow-up was not associated with risk of a second malignancy

(HR, 0.9), but was associated with a significantly decreased risk of a third malignancy (HR, 0.6). The risk of both second and third malignancies increased with more advanced age at HL treatment (>35 years vs <25 years; HR, 2.4), was higher for patients who had a relapse <5 years after primary treatment, higher for patients treated with radiotherapy for a HL relapse \geq 5 years after primary treatment, whereas chemotherapy for HL relapse \geq 5 years after primary treatment did not affect second or third malignancy risk (HR, 0.9).

When analysis was restricted to solid nonbreast tumors, HRs for second or third malignancies did not differ, except for the risk associated with initial radiotherapy ($P_{interaction} = .027$). Compared with no radiotherapy, radiotherapy above and below the diaphragm was associated with a significantly higher risk of developing a third malignancy (HR, 5.3) than of a second malignancy (HR, 2.8). Male HL patients had a higher risk of developing either a second or third solid nonbreast tumor compared with female patients, as did patients who were older at HL treatment and patients who received radiotherapy for a HL relapse \geq 5 years after primary treatment.

In a conditional recurrent event analysis, the risk of developing a subsequent malignancy was 1.5-fold increased (HR; 95% CI, 1.3-1.9) in patients who already developed a second malignancy compared with patients who were still free of a second malignancy. However, this risk differed according to age at HL treatment ($P_{\text{interaction}} = .020$); the risk was 2.2-fold higher (95% CI, 1.5-3.2) for patients aged <25 years and 1.6-fold higher (95% CI, 1.1-2.3) for patients aged 25 to 34 years at HL treatment, but not increased for older patients (HR, 1.1; 95% CI, 0.7-1.7).

Discussion

To the best of our knowledge, this is the largest study evaluating the long-term risk of third malignancies in both adult and pediatric HL survivors. In a multicenter cohort of HL survivors with virtually complete follow-up, we show that patients who developed a second malignancy remain at increased risk of developing subsequent malignancies (SIR, 5.4) compared with the general population. The median age at diagnosis of a third malignancy was very young (53.9 years). The 10-year cumulative incidence of any third malignancy after a second malignancy was significantly higher among women

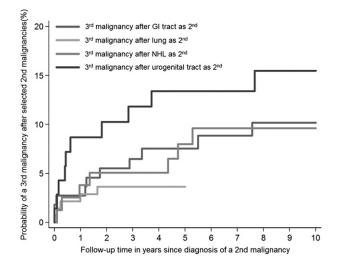


Figure 3. Cumulative incidences of third malignancies following selected second malignancies. GI, gastrointestinal (esophagus excluded).

Table 4. Risk factors for development of a third malignancy after a second malignancy in HL survivors

		All maligna	ncies		Solid nonbreast tumor after solid nonbreast tumor							
Risk factor	Cohort, n = 3122	2nd, n = 832	3rd, n = 126	HR	95% CI	Inter action P	Cohort, n = 3122	2nd, n = 514	3rd, n = 51	HR	95% CI	Interaction P
Sex						.003						.744
Female	1346	422	84	1.0			1346	195	19	1.0		
Male	1776	410	42				1776	319	32	1.3	1.0-1.5	
Male				0.7	0.6-0.9							
(2nd malignancy)												
Male				0.4	0.3-0.6							
(3rd malignancy)												
Age at HL treatment, y						.381						.223
<25	1288	293	52	1.0			1288	158	14	1.0		
25-34	1011	270	45	1.4	1.2-1.7		1011	168	16	1.7	1.3-2.1	
35-50	823	269	29	2.4	2.0-2.8		823	188	21	3.4	2.7-4.3	
HL treatment												
RT, <5 y*						.022						.027
No	339	43	3	1.0			339	29	2	1.0		
Above diaphragm	1339	343	44				1339	210	14			
Above and below diaphragm ⁺	1444	446	79				1441	275	35			
Above diaphragm				2.1	1.5-2.9					2.2	1.5-3.3	
(2nd malignancy)												
Above diaphragm				2.8	0.9-9.0					2.0	0.4-8.5	
(3rd malignancy)												
Above and below diaphragm				2.6	1.9-3.7					2.8	1.9-4.1	
(2nd malignancy)												
Above and below diaphragm				5.2	1.6-16.8					5.3	1.3-22.2	
(3rd malignancy)												
CT, <5 y*						.003						.769
No	1025	334	69	1.0			1025	193	21	1.0		
Yes	2096	498	57				2096	321	30	1.1	0.9-1.4	
Yes				0.9	0.8-1.1							
(2nd malignancy)												
Yes				0.6	0.4-0.8							
(3rd malignancy)												
RT, ≥ 5 y‡						.764						.846
No	96	22	2	1.0			96	15	1	1.0		
Above diaphragm	46	18	4	2.4	1.5-3.9		46	15	1	2.9	1.7-4.9	
Below diaphragm	54	16	2	1.6	0.9-2.7		54	9	1	1.6	0.8-3.2	
CT, ≥ 5 y‡						.274						.224
No	39	13	4	1.0			39	10	2	1.0		
Yes	157	43	4	0.9	0.8-1.1		157	29	1	1.2	0.7-2.0	
Relapse <5 y after HL treatment						.475						.217
No	2450	629	98	1.0			2450	393	35	1.0		
Yes	672	203	28	1.6	1.3-1.9		672	121	16	1.5	1.1-1.9	

HRs based on Cox recurrent event analyses with marginal approach. 2nd, second malignancy; 3rd, third malignancy. y, years.

*Includes all relapse treatment within 5 years after HL (672 patients with relapse within 5 years).

†Includes 316 patients treated with radiotherapy below the diaphragm only.

‡Treatment of relapse 5 years or more after HL, time-dependent (196 patients with relapse ≥5 years after HL).

(17.1%) than among men (9.2%). Radiotherapy was associated with a somewhat higher risk of developing a third malignancy than a second malignancy. Chemotherapy received for HL during the first 5 years of follow-up was not associated with risk of a second malignancy, but was associated with a decreased risk of a third malignancy. Compared with patients still free of a second malignancy, patients who had developed a second malignancy had a higher risk of developing a subsequent malignancy. This risk depended on age, with HRs of 2.2, 1.6, and 1.1 for patients aged <25, 25 to 34, and 35 to 50 years at HL treatment, respectively.

In interpreting our results regarding the localization of subsequent malignancies it is important to consider that survival of the second malignancy is required for the development of subsequent malignancies.³⁹ Third malignancies were relatively common among female HL survivors who developed breast cancer as a second malignancy because breast cancer has a more favorable prognosis than, for example, lung cancer or leukemia. Men more often developed second malignancies with a poor prognosis (eg, lung cancer) compared with women and therefore had less time to develop third malignancies. But also when we took survival time after a second malignancy into account, women had a higher cumulative incidence of a third malignancy than men due to their high incidence of breast cancer. However, when comparing SIRs between men and women, accounting for background cancer incidence in the general population, this difference was not significant. When restricting analyses to nonbreast cancers, no male/female difference was observed, neither for SIRs nor for cumulative incidence.

Although the median interval between HL and the second malignancy was 19.4 years, the median interval between the second and third malignancy was only 4.3 years. The latter short interval can partly be explained by the fact that once patients have survived the "latency period" between the HL treatment-induced DNA damage and the clinical occurrence of a second malignancy, another treatment-related malignancy may also become clinically manifest, especially when these patients are reaching ages at which cancer becomes more common in the general population.

The 10-year cumulative incidence of any third malignancy after a second malignancy was 17.1% in women. This means that 1 in 6 women who developed a second malignancy can be expected to develop a third malignancy within 10 years after the second malignancy, conditional on surviving the latter. This is a high risk in view of the rather young age of our study population at the time these second malignancies were diagnosed and at the end of follow-up (median ages, 47.9 years [IQR, 40.5-55.7] and 51.7 years [IQR, 46.4-58.8], respectively). In comparison, the risk of developing a first primary malignancy for a Dutch woman between the ages of 45 and 55 years was estimated to be 5.4%.²⁰

Among HL patients with breast cancer as a second malignancy, 64% of all subsequent malignancies again were breast cancers. This pattern also raised concern in the article on third malignancy risk in childhood cancer survivors.⁹ Among women who were tumor-free at 1 year from the first breast malignancy, 10% developed a subsequent breast malignancy within 10 years. In our analyses, we found a slightly higher 10-year cumulative incidence of 13.8% (95% CI 9.0-19.6) for breast cancer as a third malignancy after breast cancer as a second malignancy. This is much higher than the cumulative incidence of contralateral breast cancer among Dutch breast cancer patients in general, which was $\sim 4.2\%$.⁴⁰ The risk of subsequent breast cancer might be underestimated if many women would have had a prophylactic contralateral mastectomy after breast cancer as a second malignancy. To get some insight into the extent into which prophylactic mastectomies might affect our results, we collected additional data on prophylactic mastectomies in the hospital where this procedure was most commonly offered. Prophylactic contralateral mastectomy was performed in 11 of 64 women with breast cancer as a second malignancy in this hospital. Most of these women underwent contralateral mastectomy several years after their breast cancer as a second malignancy. The proportion of overestimated person-time in our analysis was only 12.9%, rendering material underestimation of breast cancer risk unlikely.

Although chemotherapy did not seem to be associated with second malignancy risk, it was associated with a decreased risk of a third malignancy. The lack of an association with risk of a second malignancy can be, at least partly, explained by the inverse association of alkylating chemotherapy with risk of leukemia/ myelodysplastic syndrome⁴¹ (chemotherapy strongly increases risk) and risk of breast cancer (chemotherapy decreases risk).^{32,33} As treatment-related leukemias mostly occurred within a short interval after HL treatment,41 leukemia was a frequent second but a very rare third malignancy whereas breast cancer remained a frequent third malignancy. As chemotherapy may differentially affect risk of breast cancer^{32,33} and risk of other solid tumors, ^{6,34,42} we specifically examined whether HL- and treatment-related risk factors for solid nonbreast tumors occurring as second and third malignancies differed. We found that risks indeed were largely in the same direction, except for the risk associated with initial radiotherapy.

We found that patients who had developed a second malignancy had a higher risk of developing a subsequent malignancy compared with patients still free of a second malignancy. This risk decreased with higher age at HL treatment. This may suggest that survivors who developed a second malignancy and were young at HL treatment are either more genetically susceptible to develop cancer or received HL treatment at an age at which tissues were more susceptible to carcinogenesis, leading to the development of multiple treatmentinduced malignancies.

One question which may arise is whether the risk of third malignancies is indeed due to treatment of HL and not due to treatment of the second malignancy. It is well-known that radiotherapy increases the risk of second malignancies after an induction period of >5 to 10 years. Because the median interval between the second and third malignancy was only 4.3 years (IQR, 1.0-10.1) and many patients were treated with surgery only for their second malignancy (partly due to previous radiation for HL), we consider it unlikely that treatment of the second malignancy played an important role in the development of third malignancies. On the other hand, surveillance after the second malignancy may have resulted in earlier or even increased diagnosis of a third malignancy.

Now that cancer survivors have an increasingly long life expectancy, it is important to develop appropriate methods to estimate risk of recurrent late complications. Very few studies conducted such risk assessments. Valid methods of analysis are especially needed as development of recurrent adverse events (third and additional malignancies) is dependent on survival of the first adverse event. Our study is the first one that used a conditional recurrent event approach to examine whether HL survivors with a second malignancy were at a greater risk of developing a subsequent malignancy, compared with those who did not develop a second malignancy.

Risks of late effects are expected to change over time because of changes in treatment. Risks of subsequent malignancies, for instance, are expected to decrease in more recently treated HL patients especially because radiation volumes and dose have been decreasing over time.⁴³⁻⁴⁵ However, both HL survivors and their treating physicians should be well aware of the fact that the risk of developing new primary malignancies remains increased after diagnosis of a second malignancy. Due to the previous HL treatment, treatment options for the second malignancy may already be limited. Treatment options for the third malignancy may become even more restricted, possibly influencing the prognosis dramatically. Therefore, detection of subsequent malignancies in an early stage is especially important to improve treatment possibilities and outcome.

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Authorship

Contribution: A.M.v.E., M.S., B.M.P.A., and F.E.v.L. designed the study; P.J.L., A.D.G.K., J.P.d.B., J.M.Z., J.M.M.R., L.C.M.K., J.M.R., and M.W.J.L. contributed data; A.M.v.E. and M.S. performed statistical analysis and made figures; and A.M.v.E., M.S., P.J.L., A.D.G.K., J.P.d.B., J.M.Z., J.M.M.R., L.C.M.K., J.M.R., M.W.J.L., B.M.P.A., and F.E.v.L. contributed to manuscript writing and approved the manuscript.

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