this is a hypothesis that has yet to be proven, but it remains a viable potential explanation for the immunologic changes we observed.

Psomas et al also highlight the different conclusions reached by our trials regarding the effects of maraviroc intensification on changes in T-cell activation and monocyte activation. As discussed in our recent paper,<sup>1</sup> we agree that technical issues and differences in patient populations may have contributed to the reductions in T-cell activation observed in several uncontrolled trials of maraviroc intensification.<sup>2-4</sup> Psomas et al discount the possibility that increased adherence to the background antiretroviral therapy regimen could have contributed to the decreased T-cell activation levels or plasma 16S ribosomal DNA levels observed in their study because levels did not significantly change between enrollment and the start of study medication, but adherence typically improves when trial subjects start taking a study medication, particularly when they know that pills are being counted. This appeared to be the case in the placebo arms of our trial and another recent placebo-controlled treatment intensification study.<sup>1,5</sup> This is one of the reasons why double-blind randomized placebo-controlled trials are the gold standard for evidence in clinical research. We agree that further research will be necessary to understand many of the unexpected effects of maraviroc intensification on the immune system in treated HIV infection, but strongly suggest that this work be conducted in the context of adequately powered randomized controlled trials so that observed effects can be clearly attributed to the intervention.

#### Peter W. Hunt

Department of Medicine, University of California, San Francisco, San Francisco, CA

#### Michael M. Lederman

Department of Medicine, Case Western Reserve University, Cleveland, OH

#### Steven G. Deeks

Department of Medicine, University of California, San Francisco, San Francisco, CA Acknowledgments: The original study was funded by investigatorinitiated research grants from Pfizer, Inc, and the American Foundation for AIDS Research (amfAR, http://www.amfar.org/, 107170-44-RGRL). Additional support was provided from the National Institutes of Health (P30 AI27763 and UL1 RR024131). The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

**Contribution:** P.W.H. wrote the first draft of the manuscript; and M.M.L. and S.G.D. assisted with the interpretation, discussion, and editing of the letter.

**Conflict-of-interest disclosure:** The authors declare no competing financial interests.

**Correspondence:** Peter W. Hunt, UCSF Positive Health Program, SFGH Building 80, Ward 84, 995 Potrero Ave, San Francisco, CA 94110; e-mail: phunt@php.ucsf.edu.

### References

- Hunt PW, Shulman NS, Hayes TL, et al. The immunologic effects of maraviroc intensification in treated HIV-infected individuals with incomplete CD4+ T-cell recovery: a randomized trial. *Blood.* 2013;121(23):4635-4646.
- Cuzin L, Trabelsi S, Delobel P, et al; ANRS 145 MARIMUNO Study Group. Maraviroc intensification of stable antiviral therapy in HIV-1-infected patients with poor immune restoration: MARIMUNO-ANRS 145 study. J Acquir Immune Defic Syndr. 2012;61(5):557-564.
- Gutiérrez C, Díaz L, Vallejo A, et al. Intensification of antiretroviral therapy with a CCR5 antagonist in patients with chronic HIV-1 infection: effect on T cells latently infected. *PLoS ONE*. 2011;6(12):e27864.
- Wilkin TJ, Lalama CM, McKinnon J, et al. A pilot trial of adding maraviroc to suppressive antiretroviral therapy for suboptimal CD4+ T-cell recovery despite sustained virologic suppression: ACTG A5256. J Infect Dis. 2012;206(4):534-542.
- Hatano H, Scherzer R, Wu Y, et al. A randomized controlled trial assessing the effects of raltegravir intensification on endothelial function in treated HIV infection. J Acquir Immune Defic Syndr. 2012;61(3):317-325.

© 2013 by The American Society of Hematology

# To the editor:

# MYD88 (L265P) mutation is an independent risk factor for progression in patients with IgM monoclonal gammopathy of undetermined significance

*MYD88* (L265P) is a recurrent somatic mutation in Waldenström macroglobulinemia (WM).<sup>1-4</sup> By means of allele-specific polymerase chain reaction (AS-PCR), the *MYD88* mutation is detectable in almost all patients with WM and in roughly half the patients with IgM monoclonal gammopathy of undetermined significance (IgM-MGUS).<sup>2,3,5</sup>

IgM-MGUS patients have a probability of progression to WM or to other lymphoproliferative disorders (LPD) of  $\sim 1.5\%$  per year, and the initial concentration of the serum monoclonal (M) protein is the main predictor of progression.<sup>6</sup>

In a case-control study of 77 IgM-MGUS patients, we previously demonstrated that the *MYD88* mutation was associated with higher disease burden and with a higher risk of progression to WM or to other LPD.<sup>2</sup>

We have now analyzed by AS-PCR bone marrow samples, collected at the time of diagnosis, of 136 consecutive IgM-MGUS patients, with the aim to confirm the prognostic role of the *MYD88* mutation in a longitudinal study and to evaluate the effect of the *MYD88* mutation and of the other potential risk factors in multivariate analysis. Genomic DNA was extracted from bone marrow mononuclear cells (n = 92) or archival Giemsa-stained slides (n = 44). AS-PCR was performed as previously described.<sup>2</sup> Sensitivity of AS-PCR was 0.1%. Cumulative probability of progression was calculated using the Kaplan-Meier product-limit method. The effects of potential risk factors on progression rates were examined in a Cox proportional hazards model.

The *MYD88* (L265P) mutation was detected in 71 of 136 patients (52%). Patients were followed for a total of 469 person-years (median, 34 months). During follow-up, 11 of them (8%) progressed to WM (n = 9) or to marginal zone lymphoma (n = 2). Eight of 9 patients who progressed to WM and 1 of 2 patients who progressed to marginal zone lymphoma carried the *MYD88* (L265P) mutation at the time of diagnosis of IgM-MGUS. The other 2 patients were *MYD88* wild type at diagnosis as well as at progression.

In a competing-risk model considering death for any cause as a competing event, the 5- and 10-year cumulative incidence of progression was respectively 15% and 45% in patients with the *MYD88* mutation compared with 2% and 14% in patients with *MYD88* wild

#### **Cristiana Pascutto**

Department of Hematology Oncology, Fondazione Istituto di Ricovero e Cura a Carattere Scientifico, Policlinico San Matteo, Pavia, Italy

#### Silvia Mangiacavalli

Department of Hematology Oncology, Fondazione Istituto di Ricovero e Cura a Carattere Scientifico, Policlinico San Matteo, Pavia, Italy

#### Manuel Gotti

Department of Hematology Oncology, Fondazione Istituto di Ricovero e Cura a Carattere Scientifico, Policlinico San Matteo, Pavia. Italv

#### Lara Pochintesta

Department of Hematology Oncology, Fondazione Istituto di Ricovero e Cura a Carattere Scientifico, Policlinico San Matteo, Pavia, Italy

#### Marco Paulli

Anatomic Pathology Section, Fondazione Istituto di Ricovero e Cura a Carattere Scientifico, Policlinico San Matteo, Pavia, Italy Department of Molecular Medicine, University of Pavia, Pavia, Italy

#### Mario Cazzola

Downloaded from http://ashpublications.net/blood/article-pdf/122/13/2284/1368409/2284.pdf by guest on 11 June 2024

Department of Hematology Oncology, Fondazione Istituto di Ricovero e Cura a Carattere Scientifico, Policlinico San Matteo, Pavia, Italy Department of Molecular Medicine, University of Pavia, Pavia, Italy

**Contribution:** M.V., L.A. and M.C. designed the research; S.Z. developed the allele-specific PCR and did molecular investigations; E.B. and M.P. reviewed histological diagnosis; S.R., S.M., M.G. and L.P. collected clinical data; and C.P. performed statistical analysis.

Conflict-of-interest disclosure: The authors declare no competing financial interests.

**Correspondence:** Marzia Varettoni, Department of Hematology Oncology, Fondazione IRCCS Policlinico San Matteo, via Golgi 19, 27100 Pavia, Italy; e-mail: m.varettoni@smatteo.pv.it.

# References

- Treon SP, Xu L, Yang G, et al. MYD88 L265P somatic mutation in Waldenström's macroglobulinemia. N Engl J Med. 2012;367(9):826-833.
- Varettoni M, Arcaini L, Zibellini S, et al. Prevalence and clinical significance of the MYD88 (L265P) somatic mutation in Waldenstrom's macroglobulinemia and related lymphoid neoplasms. *Blood.* 2013;121(13):2522-2528.
- Xu L, Hunter ZR, Yang G, et al. MYD88 L265P in Waldenström macroglobulinemia, immunoglobulin M monoclonal gammopathy, and other B-cell lymphoproliferative disorders using conventional and quantitative allele-specific polymerase chain reaction. *Blood.* 2013;121(11):2051-2058.
- Jiménez C, Sebastián E, Chillón MC, et al. MYD88 L265P is a marker highly characteristic of, but not restricted to, Waldenström's macroglobulinemia. *Leukemia*. 2013;27(8):1722-1728.
- Landgren O, Staudt L. MYD88 L265P somatic mutation in IgM MGUS. N Engl J Med. 2012;367(23):2255-2256, author reply 2256-2257.
- Kyle RA, Therneau TM, Rajkumar SV, et al. Long-term follow-up of IgM monoclonal gammopathy of undetermined significance. *Blood.* 2003;102(10): 3759-3764.

© 2013 by The American Society of Hematology





type (P = .027) (Figure 1). In multivariate analysis, the *MYD88* mutation and the concentration of the serum M protein were independent prognostic factors for progression, with a hazard ratio of 5.45 (P = .04) and 3.96 (P < .001), respectively.

We constructed a risk-stratification model incorporating the MYD88 mutational status and the concentration of the serum M protein, using a cutoff level of 1.5 g/dL. Forty-seven patients (36%) had none of the risk factors, 64 (48%) had 1 risk factor, and 21 (16%) had both risk factors.

The 5- and 10-year progression rates were respectively 1% and 12% for patients with none or 1 risk factor, compared with 31% and 60% for patients with 2 risk factors (P = .007).

These findings indicate that the *MYD*88 (L265P) mutation is an independent predictor of progression of IgM-MGUS to WM or to other LPD, irrespective of the concentration of the M protein. The presence of both *MYD*88 mutation and a serum M protein >1.5 g/dL at diagnosis identifies a subset of IgM-MGUS patients at high risk of progression.

#### Marzia Varettoni

Department of Hematology Oncology, Fondazione Istituto di Ricovero e Cura a Carattere Scientifico, Policlinico San Matteo, Pavia, Italy

#### Silvia Zibellini

Department of Hematology Oncology, Fondazione Istituto di Ricovero e Cura a Carattere Scientifico, Policlinico San Matteo, Pavia, Italy

#### Luca Arcaini

Department of Hematology Oncology, Fondazione Istituto di Ricovero e Cura a Carattere Scientifico, Policlinico San Matteo, Pavia, Italy Department of Molecular Medicine, University of Pavia, Pavia, Italy Emanuela Boveri

# Anatomic Pathology Section,

Fondazione Istituto di Ricovero e Cura a Carattere Scientifico, Policlinico San Matteo, Pavia, Italy

#### Sara Rattotti

Department of Hematology Oncology, Fondazione Istituto di Ricovero e Cura a Carattere Scientifico, Policlinico San Matteo,

Pavia, Italy