

practical or even feasible. This may be particularly true with FA patient cells, which expand poorly in culture and senesce early. On the other hand, iPS cells offer a much superior platform for sophisticated genetic engineering than any somatic cell, allowing for careful selection and characterization of corrected cells, for example, by screening for safe vector integration sites or by gene targeting by homologous recombination.<sup>4,5</sup> Furthermore, reprogramming itself may induce DNA damage, exacerbated in a background of defective DNA damage repair, but cells that harbor a great mutational load seem to be selected against (accounting for the reduced reprogramming efficiency in FA).<sup>6,7</sup> Finally, reprogramming of FA cells also selects for genetically corrected cells that express the therapeutic transgene, as demonstrated in both the present study and the study by Raya et al,<sup>3</sup> so it may be possible to correct and reprogram simultaneously and screen corrected iPS cell clones at the end of the process to exclude genotoxicity imposed by both the genetic modification and reprogramming at once. Which would be the preferred strategy? Further studies to address which strategy can yield iPS cells with ad-

equated efficiency and quality together with anticipated advances in reprogramming and genetic modification methods will eventually inform the next steps toward translation to the clinic.

*Conflict-of-interest disclosure:* The author declares no competing financial interests. ■

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G-CSF priming has not found widespread acceptance.

To Pabst et al's great credit a primary purpose of the current, and larger, study (HOVON-42) was to confirm the findings of AML-29, as well as to see if the OS benefit might be more widespread. HOVON-42 was initially conducted within the context of a randomization to either conventional dose ara-C, given as in AML-29, or escalated dose ara-C: cycle 1 = 1g/m<sup>2</sup> twice daily × 10, cycle 2 = 2g/m<sup>2</sup> twice daily days 1, 2, 4, and 6. Within each of these groups patients were randomized to +/− G-CSF, given during each cycle's chemotherapy. Nine hundred seventeen patients were randomized to +/− G-CSF with 709 receiving conventional dose and 207 escalated dose ara-C. Despite striking similarities between the conventional-dose ara-C arms of AML-29 and HOVON-42, the latter could not reproduce the decrease in relapse risk seen generally in the G-CSF arm of the former, nor the improvement in EFS and OS observed in the intermediate-risk cytogenetic group when given G-CSF (HRs 0.95 and 1.01, respectively, in HOVON-42). There was, however, the above-noted improvement in EFS (HR 0.59, *P* = .003) and OS (HR 0.65, *P* = .012), due primarily to less risk of relapse, in the escalated dose ara-C group given G-CSF.

Pabst and colleagues explicitly seek explanations for the discrepant results, but find none specifically related to the 2 studies that appear plausible. They clearly recognize the possibility that the improved EFS and OS in patients given escalated dose ara-C + G-CSF in HOVON-42 will eventually prove to be a chance observation, even though they adjusted the above-noted *P* values to reflect the several tests of statistical significance they performed.

Therapeutic findings aside, Pabst et al's report is an important reminder of the limitations of even very well conducted randomized trials (phase 3) such as AML-29 and HOVON-42. There are several reasons why such trials may prove misleading. Most basically, as the authors imply, the results are statistics, not facts. Assume that among 100 new treatments for AML, 90 are truly not useful while 10 are truly useful; history suggests this is not unrealistic.<sup>5</sup> Further assume a phase 3 trial formulated to have a 5% false positive rate (ie, *P* = .05) and a 20% false negative rate (ie, power = 80%). Eight of the 10 truly useful treatments will be called useful as will 4 of the truly not useful treatments. Hence,

## CLINICAL TRIALS

Comment on Pabst et al, page 5367

# Be quick, but don't hurry

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In this issue of *Blood*, Pabst et al report that granulocyte-colony stimulating factor (G-CSF) "priming" improves event-free and overall survival (EFS and OS) only in those adults less than 60 years old given escalated doses of cytarabine (ara-C) for treatment of newly diagnosed acute myeloid leukemia (AML).<sup>1</sup>

Efforts to improve the frequently unsatisfactory results after treatment of this disease typically entail other cytotoxins in combination with, or as replacements for, standard daunorubicin (or idarubicin) plus ara-C. Another approach emphasizes noncytotoxic drugs to sensitize ("prime") AML blasts to standard therapy. Use of CXCR4 inhibitors to detach marrow blasts from their protective stroma is a recent example,<sup>2</sup> but a much earlier example was G-CSF. Originally given before and/or during standard induction therapy to place more blasts into S-phase of the cell cycle where sensitivity to such therapy is thought greatest, G-CSF priming has had a

checkered 20-year history.<sup>3</sup> A particularly noteworthy study (HOVON-SAKK AML-29) whose authors include some of those from the current study randomized 730 adults less than 60 years old with newly diagnosed AML to receive or not receive G-CSF beginning 1 day before, and continuing during, chemotherapy: cycle 1 = idarubicin, + ara-C at 200 mg/m<sup>2</sup> daily × 7, cycle 2 = amsacrine, + ara-C at 1g/m<sup>2</sup> twice daily × 12.<sup>4</sup> Although G-CSF generally reduced the risk of relapse, an improvement in EFS (hazard ratio [HR] 0.75, *P* = .01) and OS (HR 0.75, *P* = .02) occurred only in the 72% of patients with intermediate risk cytogenetics. Despite these results,

A recent paper was provocatively entitled “Why most published research findings are false.”<sup>10</sup> Even without necessarily subscribing to this view, physicians’ seeming reluctance to be influenced by results of even randomized trials is understandable, even if the reasons for this reluctance are often intuitive. An adage attributed to the late legendary college basketball coach John Wooden is, “Be quick, but do not hurry.” Perhaps, and depending on effect size, we should be quick to organize follow-up trials to confirm “positive” results of well-conducted trials such as that of Pabst et al, but

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Living in an oxidative environment as we do, red cells accumulate oxidative damage that could include changes to CD47, according to