

Mast cell modulation of the vascular and lymphatic endothelium

Christian A. Kunder,¹ Ashley L. St John,^{1,2} and Soman N. Abraham¹⁻⁴

¹Department of Pathology, Duke University Medical Center, Durham, NC; ²Program in Emerging Infectious Diseases, Duke–National University of Singapore, Singapore; and Departments of ³Immunology and ⁴Molecular Genetics and Microbiology, Duke University Medical Center, Durham, NC

Mast cells (MCs) promote a wide range of localized and systemic inflammatory responses. Their involvement in immediate as well as chronic inflammatory reactions at both local and distal sites points to an extraordinarily powerful immunoregulatory capacity with spatial and temporal versatility. MCs are preferentially found in close proximity to both vascular and lymphatic vessels. On activation, they undergo a biphasic secretory response in-

volving the rapid release of prestored vasoactive mediators followed by de novo synthesized products. Many actions of MCs are related to their capacity to regulate vascular flow and permeability and to the recruitment of various inflammatory cells from the vasculature into inflammatory sites. These mediators often work in an additive fashion and achieve their inflammatory effects locally by directly acting on the vascular and lymphatic endo-

thelia, but they also can affect distal sites. Along these lines, the lymphatic and endothelial vasculatures of the host act as a conduit for the dissemination of MC signals during inflammation. The central role of the MC-endothelial cell axis to immune homeostasis is emphasized by the fact that some of the most effective current treatments for inflammatory disorders are directed at interfering with this interaction. (Blood. 2011;118(20):5383-5393)

Introduction

Mast cells (MCs) are granulated hematopoietic cells that reside in nearly all tissues. They are characterized by their biphasic response to stimuli, which involves rapid degranulation and release of preformed inflammatory mediators followed by de novo synthesis and a slower but sustained secretion of a wide range of pharmacologically active mediators. Because of their preponderance at the host-environment interface and their large repertoire of cell surface receptors, such as the high-affinity IgE receptors, complement component receptors, and various TLRs, MCs are capable of responding to a wide variety of exogenous and endogenous stimuli, making them versatile detectors of allergens, tissue injury, and infection.^{1,2} Anaphylaxis, a rapid and whole body immune reaction, rheumatoid arthritis, a chronic inflammatory reaction localized to joints, and bacterial clearance at sites of infection are examples of 3 very distinct inflammatory responses that have all been linked to MCs and to their capacity to activate the host vasculature and to enhance large-scale trafficking of various immune cells.

The human or mammalian vascular system is composed of a network of vessels lined by endothelial cells (ECs). In addition to its critical role in gas exchange, blood components are distributed to tissues via this route, systemically and at high speed, including nutrients, hormones, growth factors, inflammatory mediators, and inflammatory cells. In the capillaries, part of the blood volume is filtered out of the vascular space by hydrostatic pressure. Some of this protein-depleted fluid reenters the blood on the venous side, and the remaining fluid is removed from the tissues by the lymphatic system. From the perspective of immune responses, this latter path through lymphatics (also formed of endothelial cell conduits) and lymph nodes (LNs) is critically important because it gives the host the ability to monitor these fluids for infection and to assess the inflammatory status of tissues. MCs also use this network to affect systemic immune responses in the host.

The close proximity of MCs to the host's vascular and lymphatic endothelia enables their products to act directly on ECs and also to enter

the vasculature and spread to distal sites, promoting local and long-distance effects. Activation of vascular ECs is required for the timely recruitment of circulating leukocytes to a site of inflammation and for the regulation of vascular permeability and blood flow to the site. MCs produce many mediators that functionally overlap in promoting enhanced expression of adhesion molecules on ECs, vascular permeability, and blood flow. At rest, the blood endothelium is highly impermeable to molecules larger than $\sim 3 \text{ nm}^3$; however, acute changes in vascular permeability result in loss of fluid and plasma proteins from the intravascular space into the interstitium near the affected blood vessel, leading to edema. This allows the delivery of large defensive humoral factors (such as immunoglobulin and complement) to the tissue and facilitates the extravasation of leukocytes. MCs have the capacity to both initiate and sustain cellular trafficking out of the vasculature because of the 2-phase release of vasoactive compounds (Table 1). By packaging some of their bioactive mediators within the matrix of their granules, structurally stable nano-sized particles, mediators appear to be slowly released, enhancing their activity.⁴ During inflammation, when these mediator-loaded particles are released in the vicinity of lymphatic vessels, some particles enter the lymphatics and traffic to the draining LNs.⁴ Many MC-derived or -associated products can also be readily detected in the blood after activation or during MC-promoted pathologic conditions,^{5,6} further showing their potential to generate systemic responses. Here, we describe the interactions between MC products and ECs during inflammation and their effect on the host.

Proximity to the vasculature provides MCs broad spatial influence

MCs are found in highest concentration immediately beneath the epithelial surfaces of the skin and the mucosae. Estimated concentrations of MCs range from 500 to 4000/mm³ in the lungs, 7000 to 12 000/mm³ in the skin, and 20 000/mm³ in the gastrointestinal

Table 1. Vasoactive MC mediators

	Vascular permeability	WPB exocytosis	Chemoattraction	Adhesion molecule up-regulation	Angiogenesis/lymphangiogenesis
Preformed					
Histamine	+	+		*	+
Tryptase	+	+	*	Δ	Δ
Chymase	*				Δ
Cathepsin G	+	+			*
Serglycin-heparin proteoglycan			Δ		Δ
TNF	+	Δ		+	+
IL-8			+		+
VEGF	+	+		Δ/*	+
bFGF			Δ	Δ/*	+
TGFβ	Δ				+
Eicosanoids					
LTB ₄			+		
LTC ₄	+	+			
LTD ₄	+	+			
LTE ₄	+	+			
PGD ₂	Δ/*		*		
PAF	+	+	+		+
Selected de novo cytokines					
TNF	+			+	+
IL-1	Δ/*			+	+
IL-6	Δ			Δ	+
GM-CSF					*
CCL1			+		
MCP1 (CCL2)			+	Δ	/*
MIP1α (CCL3)			+		Δ/*
MIP1β (CCL4)			+		
MIP2 (CXCL2)			+		Δ

+ indicates clear evidence for a direct role in this process; Δ, possible role/limited or conflicting evidence; and *, potentiates the effect of another mediator.

tract.⁷ Their preferential location at the host-environment interface suggests a central role for these cells in immune surveillance that has been supported by numerous studies examining the responses of MCs to various pathogens. One of the earliest observations about MCs, made by their discoverer, Paul Ehrlich, is that they frequently adopt a perivascular localization within tissues⁸ (Figure 1A-C). MCs also exist in close proximity to lymphatic vessels in connective tissues (Figure 1B-C). The anatomy of peripheral tissues ensures that released MC mediators can affect both vasculatures soon after their elaboration, making the vascular networks distribution channels for MCs to quickly raise a systemic alarm response.

Activation of MCs can set off a cascade of events occurring directly at a site of insult, at distal sites of moderate distance from the site of MC activation (such as in draining LNs), or even systemically. These distal and systemic effects of MCs are achieved through distribution of MC products through blood or lymphatic vasculature. Yet MCs also facilitate the interaction of the central circulatory system with a local inflammatory site, in part by promoting the recruitment of cells into a site of inflammation, primarily from the bloodstream. For example, MCs can mediate early neutrophil recruitment, which is often the first line of defense against pathogens; however, in various models they have also been shown to promote the recruitment of a variety of other cell types into tissues, including eosinophils, dendritic cell (DC) precursors, T cells, and natural killer cells.^{1,9} Longer distance communication to distal sites, such as to the draining LN, potentiates immune responses. Along these lines, MCs are indispensable for the sequestration of lymphocytes within draining LNs, which promotes the presence of rare Ag-specific lymphocytes during the initiation

of adaptive immune responses and the egress of multiple subtypes of DCs to draining LNs.¹ These observations show one way that MCs coordinate host responses on a systemic level, by regulating the trafficking of immune cells from the blood to a site of localized inflammation, as well as to draining LNs.

Temporally defined action of MC products on vascular endothelium

The first phase of response, degranulation, can have functional effects within minutes of MC activation. This initial response can be further subdivided into the effects of the completely soluble mediators and those that remain associated with the structurally stable exocytosed granules. The effects of these MC-derived particles are potentially long lasting, because these particles can also remain extracellular for hours.⁴ MCs begin generating de novo mediators soon after activation, but the first to be elaborated are the arachidonic acid metabolites. With these come a second round of MC-derived vascular effects. The production of new protein mediators takes the longest and contributes to the so-called "late phase" of allergic inflammation. The following discussion of various MC mediators is structured around this progression.

Preformed mediators (first phase response)

MC granules are built around a framework of proteoglycans composed of a serglycin core protein that is extensively decorated with heparin chains. The extremely high negative charge density of

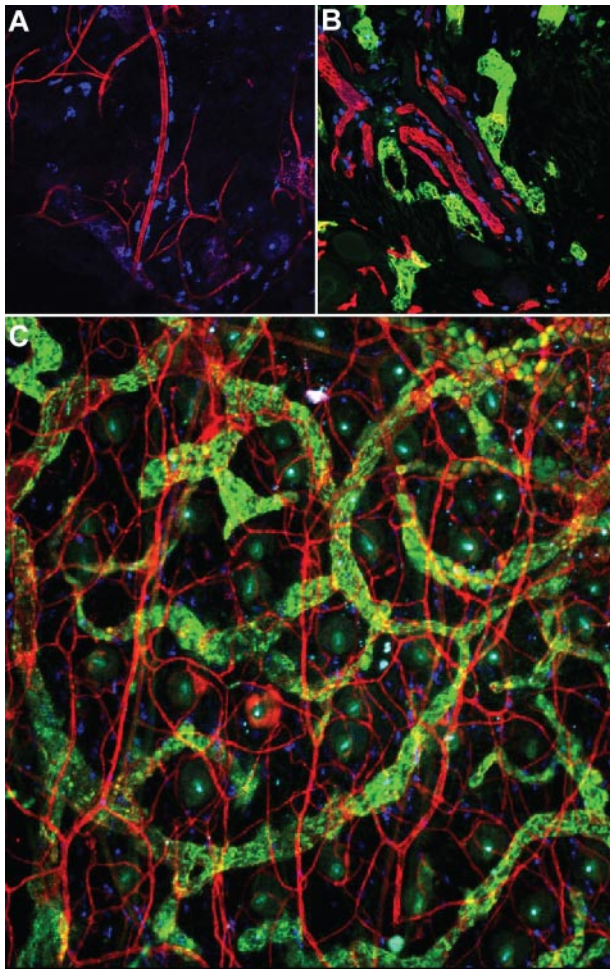
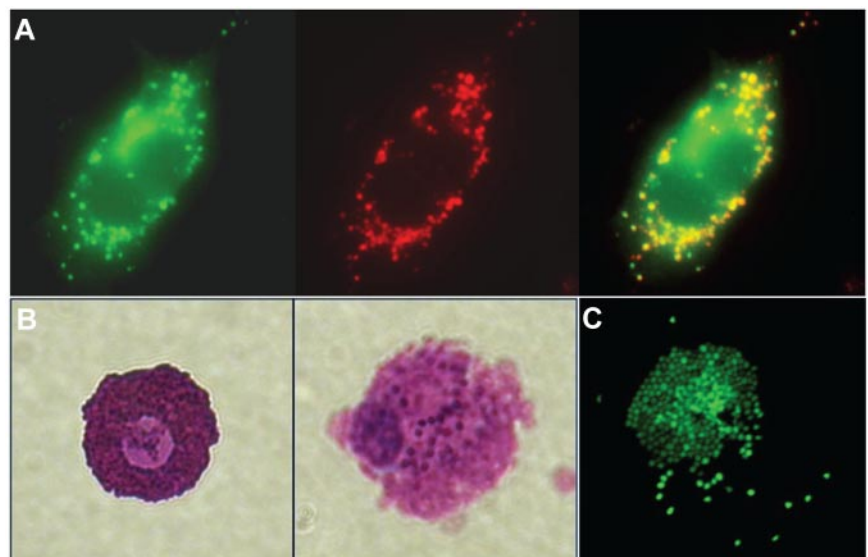


Figure 1. MCs and vascular endothelium are intimately associated. (A) MCs (blue, stained with the heparin-binding probe, avidin) are visible lining blood vessels (CD31, red) in tissue from the mouse ear, which was stained in whole mount ($20\times$ mag, $20\times/0.75$). (B) Proximity of MCs (blue) to blood (red, CD31) and lymphatic (green, LYVE-1) vessels in the mouse skin ($20\times$ mag, $20\times/0.75$ objective). (C) Extensive association of MCs with both vasculatures is apparent after staining mouse ear tissue in whole mount as in other panels for vascular and lymphatic endothelia ($10\times$ magnification, $10\times/0.25$ NA objective). Images were acquired using a Nikon Eclipse TE200 microscope and EZ-C1 Version 3.6 software. Additional image processing was performed using Autoquant software and Adobe Photoshop (Version 9).

heparin, combined with the highly positively charged MC proteases, allows the formation of a polyelectrolyte complex. This charge-based binding is so stable that a granule retains its shape even after exocytosis and remains a discrete particle in the extracellular space.¹⁰ Granule-stored products that are not highly charged, including histamine, easily diffuse away from the matrix on exposure to the extracellular fluid. In contrast, other mediators such as certain proteases and TNF (Figure 2A) are retained in the granule matrix after exocytosis,^{4,11} which should affect their activity and may prolong their presence in the extracellular space near the releasing MCs. Activated MCs in the process of releasing granules can be viewed in Figure 2B-C. MC-derived particles have been visualized moving through tissues and lymphatics and have been shown to act as delivery vehicles for shuttling inflammatory mediators to distant sites, including the LNs draining a site of inflammation.⁴ As shown by TNF, it seems that when low abundance, short-lived signals are retained within the particle structure, protected from dilution, degradation, and free diffusion, their activity is enhanced *in vivo*.⁴ Another key unexplored potential is that, because the key granule component, heparin, binds to many extracellular signaling molecules, these particles may regulate and concentrate the activities of other granular mediators, as well as of mediators released from other nearby cells.

Histamine is stored in high concentrations in MC granules,¹² yet it is thought to be immediately solubilized during granule exocytosis to promote increases in vascular permeability. In support of this, antihistamines effectively reduce vascular permeability occurring with pharmacologic MC activation.¹³ The half-life of histamine is ~ 1 minute.¹⁴ Thus, it exerts its effects quickly, and these effects also resolve quickly. This feature is critical for vascular homeostasis, because it ensures the retention of plasma proteins in the intravascular space. The mechanisms of histamine action on the vasculature during acute inflammatory responses are also well characterized and result from activation of the 2 primary receptors for histamine, H1 and H2.¹⁵ The H1 receptor is expressed most strongly on venular ECs and is responsible for most of histamine's acute vascular effects.¹⁶ Its activation greatly increases the permeability of the venular endothelium via the formation of gaps between ECs, resulting in extravasation of fluid as well as plasma proteins.¹⁶ H1 is a G-coupled protein receptor (GPCR) that uses the $G_{\alpha q/11}$ family of proteins and, ultimately, promotes calcium flux

Figure 2. Particulate release of MC Mediators. (A) Rat lymphoblastic leukemia-2H3 cells (a MC-like cell line), which express a TNF-green fluorescent protein fusion protein (green), incorporate TNF and other mediators, including serotonin (red), into their granules. Colocalization of these markers can be viewed in the merged image where the overlapping areas appear yellow. The construction of these cells is described in Kunder et al⁴ ($60\times/1.40$ NA, oil objective). (B) A resting MC (left) and a compound 48/80-activated mast cell (right), both obtained from rat peritoneal lavage, and stained with toluidine blue ($60\times/1.40$ NA oil objective). (C) An activated, rat peritoneal MC stained with avidin to show the granules, some of which have diffused away from the cell after release as discrete particles. Confocal images were acquired using a Nikon Eclipse TE200 microscope and EZ-4 Version 3.6 software. Bright field images were captured using a Nikon Eclipse TE200 microscope and a Nikon Coolpix 4500 camera. Additional image processing was performed using Adobe Photoshop Version 9.



within activated ECs. This calcium has several downstream targets that can influence vascular permeability, including endothelial nitric oxide synthase (eNOS),¹⁷ one function of which is to induce vascular smooth muscle relaxation.¹⁸ A component of the eNOS pathway, AKT1, in ECs was shown to be essential for histamine-induced vascular permeability.¹⁹ Histamine can also promote the influx of inflammatory cells into a tissue, which begins when circulating leukocytes encounter “activated endothelium.” The earliest event in this process involves the release of preformed products that microvascular ECs store within their own granules, Weibel-Palade bodies (WPBs), which contain mediators that include VWF, P-selectin, and (in previously stimulated cells) IL-8,²⁰ and which can contribute to the rolling, activation, and diapedesis of leukocytes along postcapillary venules. Calcium-dependent exocytosis of WPBs can be induced by several agonists, including histamine.²⁰ Endothelial presentation of P-selectin mediates early neutrophil rolling, but it is rapidly endocytosed within ~ 20 minutes.²¹ The amounts of leukocyte-recruiting products stored within WPBs are not probable to support sustained influx into the tissue; however, it is probable that WPB exocytosis acts in concert with other early events as a critical bridge for cellular recruitment before the *de novo* products required for full-scale endothelial activation have been generated. Histamine also has synergistic effects in combination with other mediators, such as by enhancing the expression of E-selectin and ICAM1 on ECs responding to TNF.²² The most rapid actions of MCs on the vasculature appear to be histamine dependent.

Functional studies have begun to investigate the contributions of histamine to many pathologic or protective processes *in vivo*. Mice lacking histidine decarboxylase (HDC) are unable to convert histidine to histamine and have provided a tool to examine the physiologic relevance to histamine, although with the caveat that additional MC-related functions may be influenced because of altered MC numbers and granulation.^{23,24} One study has shown that histamine is unlikely to influence the drop in blood pressure associated with anaphylaxis,²³ but others have implicated histamine in increased vascular permeability, such as at the blood-brain barrier.²⁵ In the latter study, it was shown that mice lacking HDC were protected from severe malaria, which was attributed to reduced vascular leakage at the blood-brain barrier.²⁵ However, overexpression of H1 on mouse ECs, unexpectedly, reduced blood-brain barrier permeability in a bacterially induced experimental encephalitis model.²⁶ These contrasting findings show the need to further examine the effects of histamine and its many receptors on the vasculature. Interestingly, a study in zebrafish also implicated histamine in the branching of blood vessels.²⁷ Because MCs are major histamine producers, they probably contribute to these physiologic processes in which histamine is consequential. However, further studies to define the specific contributions of MC-derived histamine are required, particularly in light of evidence that HDC-deficient mice have defects, such as in angiogenesis, that MC-deficient mice do not.²⁸

Proteases, some of which are specific to MCs, are the most abundant proteins stored in MC granules and constitute a main structural component. These play a role in the storage of other granule-associated factors, because genetic deficiency of one protease can also affect the storage of other granule products.²⁹ Use of mice deficient in unique MC proteases is beginning to define functional roles in EC processes for these granule components, despite the potential of altered granule composition in these animals. For example, in models of experimentally induced aneurysm, mice deficient in murine MC protease 6 (mMCP6)³⁰ or

mMCP4³¹ had reduced pathology compared with controls. In a model of ischemia-reperfusion injury, mMCP5 (but not mMCP1)-deficient mice were protected.³² These reports show the unique contributions of individual MC proteases to vascular responses. MC tryptases are thought to promote neutrophil recruitment during inflammation because the injection of recombinant mMCP6 or human tryptase³³ into mice was shown to promote rapid neutrophil influx and production of the neutrophil chemoattractant, IL-8.³⁴ Another tryptase, mMCP7, is able to degrade fibrinogen and was implicated in regulation of coagulation due to its ability to degrade fibrinogen, which could have larger implications for limiting clot formation and promoting vascular leakage during inflammatory processes.³⁵

The link between tryptase and endothelial activation has not been entirely elucidated, but it probably involves the activation of one of the family of protease-activated receptors, PAR2.³⁶ These GPCRs on ECs are activated by tryptase through protease cleavage of part of the extracellular domain, allowing a tethered “ligand” to interact with the rest of the receptor, leading to signal transduction.³⁷ PAR2 agonists can elicit leukocyte rolling and adhesion,³⁸ and PAR2-deficient animals have defective early leukocyte rolling after surgical trauma.³⁹ Like histamine, PAR2 activation stimulates an increase in cytoplasmic Ca⁺⁺ that results in exocytosis of WPBs and, therefore, leukocyte recruitment.^{40,41} This effect was also seen when tryptase was used as the stimulus.⁴² Like histamine, tryptase can also stimulate platelet-activating factor (PAF) production by ECs.⁴² Likewise, it has been shown *in vitro* that tryptase can reduce the barrier function of ECs.⁴³ PAR2 activators also up-regulate endothelial cyclooxygenase 2.⁴⁴ In addition, endothelial IL-6 production in response to TNF is augmented by PAR2 activation,⁴⁵ which provides further support of the notion that inflammatory mediators in various combinations can result in qualitatively or quantitatively different responses, including additive effects.

Chymases are also stored in MC granules and are thought to be regulators of vascular tone, although less is known about their role in inflammation. One study showed that intradermal injection of chymase greatly potentiated the size of histamine-induced wheals in allergic dogs, whereas it did not elicit wheals when injected alone.⁴⁶ Chymase was first recognized for its role in angiotensin II generation; however, the ultimate contributions of MC chymase to angiotensin conversion *in vivo* are, as yet, uncertain.⁴⁷ Chymase also promotes degradation of extracellular matrix, and its breakdown of fibronectin has been implicated in the apoptosis of smooth muscle cells.⁴⁸ These functions are thought to have drastic effects on vascular homeostasis and may contribute to pathologic conditions, such as atherosclerosis. Indeed, MC chymase levels are correlated with atherosclerotic plaques in human patients and in animal models, highlighting the potential of chymase to affect vascular homeostasis with injury, disease, or age.⁴⁷

Another abundant protease within MC granules is carboxypeptidase A. With reference to the vasculature, one report suggests it may participate (along with chymase) in angiotensin II generation, resulting in vasoconstriction in mice.⁴⁹ MCs also store significant quantities of cathepsin G (primarily considered a neutrophil enzyme) in their granules.⁵⁰ The physiologic function of MC-derived cathepsin G has not been determined, but some insight may be gleaned from the neutrophil literature. The signaling elicited by cathepsin G promotes intraendothelial gap formation,⁵¹ as well as PAF production.⁵² Like tryptase, it is capable of eliciting calcium flux in ECs.⁵³

Heparin is a structural element of the MC granule, and MCs that cannot produce heparin also have significantly reduced levels of many other preformed mediators.^{54,55} It is also required to form

complexes that remain insoluble in the extracellular space after exocytosis.¹¹ A highly specific (ie, not simply charge-based) interaction of heparin is with antithrombin III, which is the basis for the use of heparin clinically as an anticoagulant. Although a similar role may be played *in vivo* inside the vasculature by heparan sulfate on the luminal surface of ECs, the interaction of antithrombin III with heparin may be important during inflammatory events to deter the activation of the coagulation cascade in the interstitial space. Heparin was also recently described as having another interaction with the coagulation cascade, through the activation of protease factor XII. The resulting production of bradykinin was shown, *in vivo*, to promote edema, adhesion of cells to the vascular endothelium, and blood vessel dilation resulting in lowered blood pressure.⁵⁶ *In vitro*, heparin can also induce lacunae in endothelial monolayers and stimulate EC migration, events which might be relevant to the role of MCs in angiogenesis.^{57,58}

A large number of biologic molecules, including growth factors and cytokines, bind to heparin because of its incredibly high negative charge density.⁵⁹ Although with lower affinity than to heparin, these molecules also can bind to heparan sulfate, which is a less-sulfated constituent of the endothelial basement membrane.⁶⁰ Heparin binding of growth factors and cytokines by such particles moving through edematous tissues might deliver signals to sites that would ordinarily be too distant to be influenced by small quantities of preformed mediators.

TNF is preformed in MCs⁶¹ and has rapid effects on ECs, increasing permeability by causing cytoskeletal rearrangements.^{62,63} We know these effects occur rapidly *in vivo* because infusion of recombinant TNF can cause hypotension and death within minutes.⁶³ Although TNF also induces stress fiber formation,⁶² the mechanism of activation must be different from that of histamine, because TNF does not induce intracellular Ca^{++} accumulation. Instead, it stimulates the production of diacylglycerol (and consequent activation of protein kinase C) without inositol 1,4,5-triphosphate generation.⁶⁴ Protein kinase C activation appears to be required for TNF-dependent endothelial contraction.⁶⁵ TNF also induces transcriptional endothelial activation, including adhesion molecules and chemokines.⁶⁶ For example, MC-derived TNF induces expression of E-selectin on inflamed vascular endothelium at sites of bacterial infection, as shown through the reconstitution of MC-deficient mice with BM-derived MCs from TNF-deficient animals.⁶⁷ Finally, cyclooxygenase 2 is increased after TNF exposure, promoting the production of prostaglandins.⁶⁶ These products fill the roles that P-selectin and possibly preformed IL-8 play in the earliest stage of the response once endothelial inflammatory transcription has commenced. Interestingly, the transcriptional program induced by TNF treatment is similar to that induced by bacterial cell wall component, lipopolysaccharide, which signals through TLR4 and ultimately also activates NF κ B.⁶⁸ Because TNF is prestored within MC granules, its potent effects on ECs can be exerted from the beginning of the response. The kinetics of TNF release also extend beyond the initial burst of quickly solubilized cytokine because TNF is at least partially retained within exocytosed particles.⁴ This could have implications not only for the temporal persistence of the cytokine's effects within the site of inflammation but also on the extent of the vascular network that can be influenced because of the flow of these particles *in vivo*, although within the constraints of anatomical barriers.

Newly synthesized mediators (second phase)

The most rapidly acting *de novo*-produced mediators are the eicosanoids, leukotrienes and prostaglandins. Meaningful quanti-

ties of these mediators can be released within minutes of stimulation, because no transcription is required, only enzymatic activity.⁶⁹ As one indication of the diversity of potential responses mediated by MCs, not all degranulating stimuli result in the production of large amounts of eicosanoids.⁷⁰ The association of these factors with anaphylaxis underscores the potential detrimental effects that MCs can have on a systemic level.

Leukotrienes are potent vasoactive inflammatory mediators, which were once collectively known as the slow-reacting substance of anaphylaxis (because it cannot be detected in unstimulated tissues and its release lags behind that of histamine and other preformed mediators). For the production of leukotrienes, arachidonic acid is first converted into leukotriene A₄ (LTA₄) by 5-lipoxygenase.⁷¹ The production of all 3 cysteinyl leukotrienes (LTC₄, LTD₄, and LTE₄) depends on the initial conversion of LTA₄ to LTC₄ by LTC₄ synthase (LTC₄S).⁷¹ Activated MCs produce LTC₄, which can be further converted to LTD₄ and LTE₄ in the extracellular environment.⁷² All 3 of these species produce potent, long-lasting wheal-and-flare responses on injection into human skin, suggesting they may enhance and prolong the immediate vascular changes evoked by histamine.⁷³ In a hamster model, it was shown that LTC₄ and LTD₄ are 100 times more potent than histamine in eliciting increased vascular permeability.⁷⁴ These mediators act primarily through the leukotriene receptor CysLT₁, another GPCR expressed on endothelium.⁷¹ Like histamine or protease-activated receptors, leukotrienes elicit Ca^{++} mobilization in ECs, leading to secretion of WPBs and P-selectin externalization.⁷⁵ This promotes neutrophil adhesion, which is probably enhanced by leukotriene-stimulated endothelial production of PAF.⁷⁶ In LTC₄S, CysLT₁, and CysLT₂ knockout animals, the increased vascular permeability seen during experimental allergic inflammation or zymosan peritonitis is greatly reduced.⁷¹ There is also evidence to suggest that MCs may emit smaller quantities of LTB₄,⁷⁷ which is a neutrophil and T-cell chemoattractant.⁷⁸ In support of a role in neutrophil chemoattraction, animals deficient for LTA₄ hydrolase (the enzyme that generates LTB₄) have impaired early neutrophil recruitment in a zymosan peritonitis model,⁷⁹ which is a process that is partially MC dependent.⁸⁰ MC-derived leukotrienes also potentially contribute to vascular pathology, because it has been shown that in human tissues during aneurysm, leukotriene conversion is increased and that enhanced LTC₄S expression colocalizes with MC markers.⁸¹

Prostaglandins constitute a second class of eicosanoids, of which prostaglandin D₂ (PGD₂) is the main form generated by MCs.⁸² PGD₂ injection in human skin causes erythema without substantial edema (probably because of vasodilation) and inhibits platelet aggregation.⁸³ It has also been shown to increase vascular permeability in rats.⁸⁴ Intriguingly, although intranasal application of PGD₂ did not cause any allergic-type symptoms in rats, when applied simultaneously with histamine, it increased the potency of histamine for causing these effects by 1000-fold.⁸⁵ PGD₂ was shown to enhance the ability of memory T cells to detect CCL21, promoting their transendothelial migration, by augmenting the function, but not expression, of CCR7 on those cells.⁸⁶ PGD₂ was also shown to inhibit LTC₄ but not LTB₄ production by BM-derived MCs,⁸⁷ whereas LTE₄ was shown to promote PGD₂ production by human MCs,⁸⁸ emphasizing the importance of further work to understand the temporal regulation of eicosanoid production.

PAF is also produced by activated MCs,⁸⁹ as well as by endothelium in response to products produced by MCs, including histamine, proteases, leukotrienes, and cytokines, including TNF and IL-1.⁹⁰ The PAF receptor is a GPCR whose activation results in

cytoskeletal rearrangements within ECs.⁹¹ In addition to prompting increases in vascular permeability, PAF induces leukocyte recruitment,⁹² and, like histamine, this is mediated through gap formation at interendothelial junctions.⁹³ PAF receptor-deficient animals are resistant to death from experimental passive systemic anaphylaxis, and they show no evidence of increased pulmonary vascular permeability, contrasting with wild-type animals.⁹⁴ Similarly, intravenous PAF induces a rapid hypotensive anaphylactoid condition in mice, which is unrelated to platelet activation,⁹⁵ and blockade of PAF can protect mice from anaphylaxis.⁹⁶ In humans, levels of PAF also correlate to the severity of anaphylaxis.⁹⁷ It is important to note, however, that basophils also can produce PAF and can promote anaphylaxis. In an IgG-mediated passive anaphylaxis mouse model (contrasting IgE-mediated), it was shown that basophils produced PAF with allergen challenge and that these, but not MCs, were required for shock.⁹⁸ Because mouse MCs are not thought to express the high-affinity receptor for IgG, in contrast to human MCs,⁹⁹ further studies are needed to determine the contributions of MCs and MC-derived PAF to IgG-mediated anaphylaxis in humans. In another example of interaction between multiple MC mediators, combined PAF and H1 inhibition almost completely abolished the hypotension seen in passive systemic anaphylaxis.¹⁰⁰ Recent evidence that PAF also can induce MC degranulation has suggested that PAF may act in an autocrine fashion to augment local or systemic MC degranulation responses.¹⁰¹

MCs are an important source of cytokines during inflammatory responses. In various settings, they have the capacity to release a wide array of cytokines,¹⁰² with MC-derived TNF being one of the best characterized. In addition to releasing preformed TNF, activated MCs also actively produce and secrete it.⁶¹ In chronic inflammation, there are many cellular sources of TNF, so the specific contribution of MC-derived TNF remains unclear. Still, basic studies have shown accumulation of blood vessel-associated MCs at rheumatoid arthritic lesions¹⁰³ and colocalization between MC markers and TNF.¹⁰⁴ Another study hints at this association with chronic inflammation because airway hyperreactivity was reduced in a MC-dependent asthma model.¹⁰⁵ IL-1 is produced by MCs and has similar effects to TNF, in that it enhances vascular permeability and up-regulates the expression of adhesion molecules, chemokines, and other effectors.^{106,107} It has also been shown to enhance TNF-dependent hyperpermeability.¹⁰⁸ Another MC-produced cytokine that can affect endothelial barrier function is IL-6,^{109,110} which also may promote lymphocyte adhesion.^{111,112} Importantly, many of the cytokines that can be produced by MCs are known to modulate the functions of other hematopoietic cells involved in the inflammatory response and the generation of immunity. MC production of chemokines appears to promote cellular infiltration into sites of infection, as shown by the observed MC-dependent recruitment of NK cells to sites of viral challenge.⁹ Yet another critical factor to EC function that MCs can produce is VEGF, forms of which promote angiogenesis, as well as lymphangiogenesis. MC-derived VEGF is thought to mediate much of the influence of MCs on these 2 processes, although many other MC products, including TGF β , fibroblast growth factor-2, TNF, and others, also have been ascribed angiogenic properties.¹¹³ With their extensive panel of de novo-generated and stimulus-specific inflammatory mediators, MCs may not only promote the recruitment of cells but also modulate their subsequent functions through specialized cytokine production and produce long-lasting vascular remodeling at a site of inflammation.

Action of MC products on lymphatic endothelium

In contrast to the vascular endothelium, less is known about the activities of the lymphatic endothelium during inflammation. Lymphatic vessels form the interstitium-lymph boundary and perform a barrier function in regulating the movement of substances into lymph. Unlike the vascular endothelium, the initial lymphatic endothelium is highly permeable to the flow of fluid.¹¹⁴ When the tissue becomes edematous, these junctions are pulled open by connections between the outer wall of the vessel and the surrounding connective tissue, and the diameter of such openings can reach several microns.¹¹⁵ This process has previously been assumed to be purely mechanical, but a few reports now hint that it is an active process. First, electron microscopy of initial lymphatics during inflammation (induced both by thermal injury and histamine injection) shows changes suggestive of cellular contraction, similar to what is seen in venular ECs in response to histamine.^{116,117} Such contraction would serve to pull open the junctions between lymphatic ECs, as it does in the blood vessel endothelium. Recently, histamine has been shown to directly act on isolated lymph vessels, promoting dose-dependent contraction, *ex vivo*, which can be blocked by antihistamines.¹¹⁸ In addition, a study showed that the permeability of lymphatic endothelial tubes *in vitro* is reduced by increased cAMP, and the same is known to be true for blood ECs.¹¹⁹ Another showed that tube permeability can be regulated by VEGF-C.¹²⁰

Given the high level of similarity between blood and lymphatic ECs, it is reasonable to expect that many of the same rapid responses to MC-derived mediators occur in both. Both venous and lymphatic ECs contain WPBs,¹²¹ although their function has not been investigated in lymphatic endothelium. Lymphatic ECs also express eNOS, and its activity is induced by Ca⁺⁺ ionophores, histamine, and TNF just as it is in the microvascular endothelium.¹²² Lymphatic ECs undergo significant transcriptional changes during inflammatory events, as well. For example, TNF induces the production of the adhesion molecules VCAM1 and ICAM1 in dermal lymphatic ECs, without which trafficking of DCs to the draining nodes is limited.^{123,124} These studies suggest that inflammatory adhesion molecules regulate cellular traffic into the lymphatic vasculature as well as out of the blood vasculature. Because Ag trafficking and presentation by DCs are crucial events in the development of adaptive immunity, this kind of regulation of the lymphatic endothelium probably influences long-term immunologic memory.

Distribution of MC signals via lymphatics

Lymphatic vessels connect peripheral sites, where pathogens first encounter host defenses, with secondary lymphoid tissues, where Ag presentation and the resulting specific immune responses originate. Peripheral MC-derived TNF promotes LN enlargement during immune responses by modulating B- and T-cell trafficking out of high endothelial venules.¹²⁵ Yet how peripheral signals reach the LN, which is usually a considerable distance from the site of inflammation, has been unclear. One mechanism underlying this process is the packaging of signals within MC granules, which largely remain insoluble after release. Recent evidence shows that preformed MC-derived TNF remains associated with these particles after degranulation, enhancing the activity of this otherwise

Table 2. Clinical targeting of MCs or their products

Target MC product	Example	Mechanism and indications	Reference(s)
Inhibition of MCs or their products			
Antihistamines	First generation, for example, diphenhydramine	Mainstay of treatment for allergic disorders such as mastocytosis, chronic idiopathic urticaria, and acquired cold urticaria	126
	Second generation, for example, loratadine, cetirizine, etc	Are non-sedating because they do not cross the blood-brain barrier, have proven especially effective in both perennial and seasonal allergic rhinitis	
Antileukotrienes	Montelukast and the related agents Zafirlukast and Pranlukast	Inhibit the cysteinyl leukotriene receptor CysLT ₁ which is widely expressed, therefore effects of these drugs are not exclusive to the endothelium	127
	Zileuton	Inhibits 5-lipoxygenase, the enzyme that converts arachidonic acid to LTA ₄ as the first step of leukotriene synthesis	
Protease inhibition	Trypsase inhibition: developmental phase	Appears promising for allergic inflammation	128
	Chymase inhibition: developmental phase	Animal models of aneurysm, atherosclerosis, myocardial infarction	47,129
Anti-TNF agents	Etanercept	A soluble TNF receptor-F _c fusion protein indicated for rheumatoid arthritis, inflammatory bowel disease, and a variety of other inflammatory conditions	130
	Infliximab	Anti-TNF monoclonal antibody indicated for rheumatoid arthritis, inflammatory bowel disease, and a variety of other inflammatory conditions	
MC stabilizers	Cromolyn, Ketotifen and others prevent degranulation and limit MC activation	Asthma and allergic rhinitis	131
Kit receptor-targeting drugs	Imatinib and other tyrosine kinase inhibitors	Effective in some subsets of human patients with MC neoplastic disease.	132
Promoting MC function			
MC-activating agents	Developmental phase	Small-molecule MC activators are being explored as adjuvants	133

short-lived cytokine.⁴ In this way, lymphatics act as channels to target MC-derived signals to those cells participating in the initiation of adaptive responses.

Therapeutic and prophylactic implications

Because of the central role played by MCs in exacerbating inflammatory disorders involving EC activation and vascular leakage, many of the most effective therapies are directed at limiting MC-EC communication (Table 2). The most widely used of these therapies are directed at limiting the actions of prominent prestored or newly synthesized MC mediators such as histamine, leukotrienes, and TNF. Long used to treat pathologies associated with asthma, anaphylaxis, and allergy,^{126-128,130,131} MC “stabilizers” and other drugs that target MC products are now proposed as potential therapies for a wider range of diseases involving vasculopathy, from preventing metastases during cancer to limiting aneurysm formation.^{47,134}

Concluding remarks

The vasculature plays a critical role in facilitating local and distal MC-mediated inflammation. One general principle that emerges is that MC-dependent inflammation is highly temporally organized. This organization results in a great deal of potential regulatory control at each step. The sequence of phases

include immediately acting soluble-preformed mediators, less-soluble granule-associated preformed mediators, products of arachidonic acid metabolism, and finally the secretion of de novo proteins. It is probable that the actual sequence of events may vary, because transcriptional changes and enzymatic cascades can be programmed at different rates. Finally, the MC activation program will be influenced by autocrine and paracrine signaling from the surrounding environment. For each of these steps, most of the inflammatory sequelae that follow are mediated directly through or influenced by the vasculature. Many of these MC products are interpreted by GCPR on ECs, resulting in increased intracellular calcium as a second messenger. The orderly temporal progression of G_q-coupled MC mediators suggests that it is important to sustain this “alarm” signal in ECs from the beginning of the response. The centrality of G_q-mediated signaling in inflammation was shown in studies that revealed that mice with an endothelium-specific deficiency in G_q (and closely related G₁₁) are protected against anaphylaxis-induced hypotension and vascular leakiness.¹³⁵

Inflamed blood vessels also support several phases of response. For a diagram that summarizes the acute effects of MC products on blood vessels during inflammation, see Figure 3. MC-derived mediators are a key trigger prompting WPB exocytosis from ECs, allowing the early inflammatory response and cellular recruitment to begin without the necessity of waiting for a transcriptional response. Finally, the long-term response of ECs involves the sustained production of new adhesion molecules and chemokines, supporting extensive recruitment of inflammatory cells. These

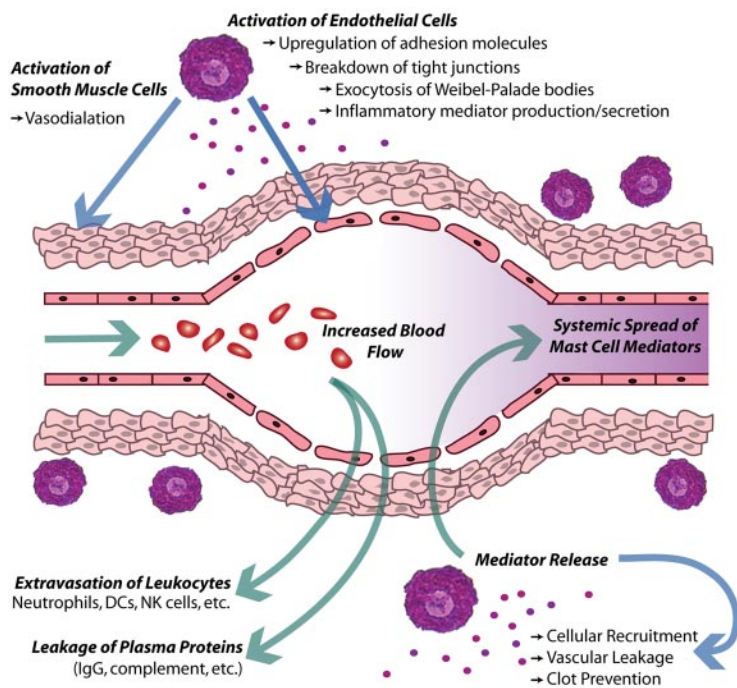


Figure 3. Local effect of MCs on the vasculature during acute inflammation. In this diagram, activated MCs release inflammatory mediators, which then induce changes along vascular endothelium. Some of these mediators directly act on ECs and smooth muscle cells to promote vasodilation and vascular leakiness. In addition, vascular ECs up-regulate many adhesion molecules and release WPBs to promote the rolling and extravasation of leukocytes into the inflamed tissue. Concurrently, increased vascular leakiness promotes the loss of fluid and blood proteins into the tissue, or edema. Additional MC-derived mediators can limit clotting and these responses cumulatively act to increase vascular flow through the site of inflammation. Presumably, the compromised barrier function of the vascular ECs would also facilitate the dissemination of MC products systemically.

MC-driven processes are crucial to host defense against viral, bacterial, and parasitic pathogens,¹ but can also mediate tissue injury such as during asthma, ischemia reperfusion injury, autoimmune disease, and other pathologic conditions.^{2,102,136} Evidence that MC-dependent increases in permeability can occur at the blood-brain barrier, allowing access of parasites or metastases to this otherwise protected space,²⁵ also show the tissue-specific consequences of MC responses. Furthermore, vascular remodeling is now recognized to be affected by MCs and their products, such as VEGF.¹¹³ This observation has implications for understanding the influence of MCs during varied processes such as tumor vascularization and wound healing.

It is also increasingly apparent that MC-derived inflammatory mediators interact with the lymphatic microvasculature and that initial lymphatic vessels do actively respond to inflammatory signals. This may regulate the local inflammatory environment, but other changes, such as the expression of adhesion molecules, seem directed at facilitating the development of adaptive immunity (eg, by enabling the entrance of DCs into the lymphatics). Lymphatic vesicles also appear to be conduits for the trafficking of discrete MC particles to the LN. Thus, regulation of the lymphatic endothelium by MCs is probably an important determinant of immune responses.

The large number of pharmacologic agents targeting MC products is testament to their importance, although most are aimed

at preventing MC-dependent inflammation. Because the MC-EC axis is so central to inflammation, the events determined by it are probable to remain a fruitful source of new therapies.

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Correspondence: Ashley L. St John, Program in Emerging Infectious Diseases, Duke–National University of Singapore Graduate Medical School, Level 9, 8 College Road, Singapore; e-mail: ashley.st.john@duke-nus.edu.sg.

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