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## To the editor:

### Activated human B cells: stimulatory or tolerogenic antigen-presenting cells?

In recent years the antibody-independent functions of B cells have gained increasing attention. B cells can become potent antigen-presenting cells (APCs) after activation. Contrary to activated B cells, resting B cells can act as immunoregulatory cells. Two interesting recent papers in *Blood* now show that activated human B lymphocytes can also obtain regulatory functions. The fact that activated B cells can inhibit T-cell responses is somewhat surprising, as we and others have shown that B cells stimulated via CD40 induce CD4<sup>+</sup> and CD8<sup>+</sup> T-cell responses in vitro and in vivo.<sup>1-3</sup> How can these discrepancies be explained?

Tretter et al show that activation by *Staphylococcus aureus* Cowan I (SAC) or CpG-containing oligonucleotides induces B cells which down-regulate T-cell responses by inducing anergy and apoptosis of CD4<sup>+</sup> T cells in an IL-2-dependent fashion.<sup>4</sup> The suppressive effect was restricted to the activated large B-cell subpopulation expressing the high-affinity interleukin-2 (IL-2) receptor CD25. CD25 expression is not a marker for B cells with regulatory function, though, because many other stimuli, including CD40 activation and IL-4, also induce CD25 expression. Like the regulatory B-cell population described by Tretter et al, CD40-activated B cells express CD25 as well as high levels of costimulatory molecules (Figure 1). Despite these similar features, they do activate T cells even in the presence of 50 U/mL IL-2, a concentration at which Tretter et al observed an inhibition of T-cell proliferation.<sup>1,3</sup> Therefore, the functional consequences of CD25 expression on activated B cells appear to be dependent on the activation stimulus. Bacterial activation by stimuli such as CpG, SAC, and lipopolysaccharide<sup>5</sup> seem to confer regulatory functions whereas activation via CD40 induces stimulatory functions in B cells exposed to IL-2.<sup>1,5</sup> In addition, because SAC preferentially activates; immunoglobulin variable heavy chain gene 3 (VH3)-expressing B cells, it could be that suppressive function is characteristic for this subpopulation of B cells.<sup>6</sup>

It has previously been shown that murine and human resting B cells can expand regulatory T cells in vitro.<sup>7,8</sup> Tu et al demonstrate that alloantigen-specific human regulatory T cells can be generated in vitro using autologous CD40-activated (CD40-B)

cells.<sup>9</sup> The CD40-B cells seem to be more heterogeneous than typical CD40-B cells, though (Figure 1). Based on the expression of major histocompatibility complex class II, 2 distinct populations represented by 2 separate peaks can be identified in Figure 1C of their article. Because Tu et al used cryopreserved CD40-B cells, the process of cryopreservation and thawing might have affected the function of the CD40-B cells.

In conclusion, these 2 studies exemplify the activation state-dependent plasticity of B-cell function. Several factors such as the type, duration, and strength of the activation stimulus, the B-cell subset, and microenvironmental setting seem to determine the final outcome. The role of different modes of B-cell activation in determining B-cell function therefore requires further clarification. One should thus be cautious before drawing general conclusions about the function of activated B cells from studies that use only a limited set of activation stimuli.

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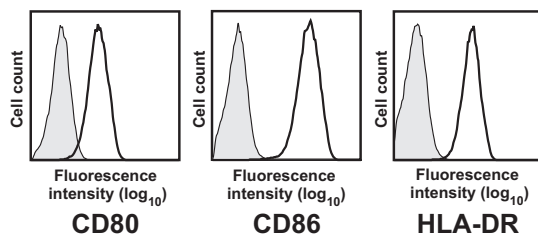
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**Figure 1. Phenotype of CD40-activated B cells.** Surface expression of CD80, CD86, and human leukocyte antigen (HLA)-DR of CD19<sup>+</sup> CD40-activated B cells. Results are representative of more than 50 experiments.

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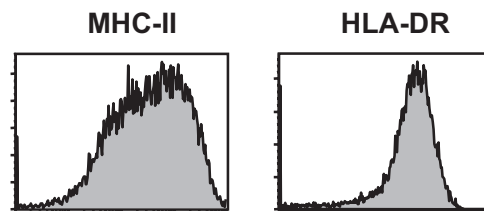
## Response

### Stimulatory or tolerogenic role of CD40-activated B cells depends on the strength of the activation to T cells

We thank Shimabukuro-Vornhagen et al for their comments on our recent study where we developed a simple and low-cost protocol using allogeneic CD40-activated B cells to induce and expand highly efficient human alloantigen-specific CD4<sup>high</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> regulatory T cells (Tregs) from naive CD4<sup>+</sup>CD25<sup>-</sup> T cells in large scale.<sup>1</sup> First, we have to clarify that we did not use autologous CD40-activated B cells but we used allogeneic cells to induce and expand Tregs instead. Second, the CD40-activated B cells used in our system are live cells but not the irradiated peptide-pulsed cells as others used.<sup>2,3</sup> Third, the ratio of B to T cells for induction and expansion of CD4<sup>high</sup>CD25<sup>+</sup> Tregs is 1:10 in our system but not 1:4 as others used to induce antigen-specific T and cytotoxic T cells.<sup>2,3</sup> Indeed, several reports have demonstrated that weekly stimulation with antigen-presenting cells (APCs) such as dendritic cells (DCs) is an effective way to induce and expand Tregs in vitro and in vivo.<sup>4-9</sup> Similar to our report,<sup>1</sup> Jonuleit et al demonstrated that allogeneic immature DCs induced Tregs from naive CD4 T cells at a 1:10 ratio of DC:T cells.<sup>6</sup> Therefore, it is not surprising that CD40-activated B cells, as one of the APCs,<sup>2,3</sup> can induce and expand Tregs, in particularly under weekly stimulation.

Although the process of cryopreservation and thawing would undoubtedly affect the absolute number of live CD40-activated B cells (the recovery rate of live B cells preserved in liquid nitrogen for 6 months is approximately 80% in our system), it does not affect their function. As shown in Table 1, there are no significant differences in the induction, expansion, and suppressive ability of CD4<sup>high</sup>CD25<sup>+</sup> Tregs induced by frozen versus fresh CD40-activated B cells.

Another question raised by von Bergwelt-Baildon et al was the phenotype of CD40-activated B cells. We think the difference of the major histocompatibility complex (MHC-II) expression in B cells resulted from the different antibodies used. In our study, we determined MHC-II expression in these B cells with fluorescein isothiocyanate (FITC)-anti-human MHC-II antibody, which reacts with all MHC class II molecular HLA-DR, DP, and most DQ



**Figure 1. MHC-II and HLA-DR expressions in human CD40-activated B cells.** Expression of MHC-II and HLA-DR on the CD40-activated B cells cultured for 8 days. Data shown here are representatives of B cells from 4 different healthy adult donors.

antigens (BD Biosciences, San Jose, CA). In contrast, von Bergwelt-Baildon et al only examined the HLA-DR expression in these B cells. We further checked the MHC-II and HLA-DR expressions in CD40-activated B cells (Figure 1). Consistent with our previous report,<sup>1</sup> more than 1 peak of MHC-II expressions were observed in these B cells, whereas only 1 peak of HLA-DR expression in the B cells was found (Figure 1).

More evidence of CD40-activated B cells as the tolerogenic cells was also found in our recent study (Zheng J. and Tu W. manuscript submitted). In this study, we demonstrated that allogeneic CD40-activated B cells induced novel CD8<sup>high</sup>CD25<sup>+</sup> cells from naive CD8<sup>+</sup> T cells. These CD8<sup>high</sup>CD25<sup>+</sup> T cells were alloantigen-specific Tregs with relatively poor alloantigen-specific cytotoxicity.

Taken together, the process of cryopreservation and thawing does not affect the function of CD40-activated B cells to induce and expand alloantigen-specific Tregs, and the strength of the activation to T cells by CD40-activated B cells is critical for determining whether B cells act as the stimulatory or tolerogenic cells.

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**Table 1. Comparisons of the functions of frozen versus fresh CD40-activated B cells**

	Frozen CD40-activated B cells (n = 10)	Fresh CD40-activated B cells (n = 6)	P
Percent of induced CD4 <sup>high</sup> CD25 <sup>+</sup> Tregs after 6 days of coculture	65.30 ± 3.04	62.83 ± 3.25	.6066
Absolute number (×10 <sup>6</sup> ) of induced CD4 <sup>high</sup> CD25 <sup>+</sup> Tregs from 10 <sup>6</sup> precursors after 6 days of coculture	0.84 ± 0.06	0.82 ± 0.09	.8475
Percent of inhibition at a Treg/responder cell ratio of 1:64	51.75 ± 1.25	50.00 ± 1.07	.3664