

Itaconate promotes the differentiation of murine stress erythroid progenitors by increasing Nrf2 activity

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Robert Paulson (Penn State University, United States) Baiye Ruan (Regeneron Pharmaceuticals, United States) Yuanting Chen (Merck Pharmaceuticals, United States) Sara Trimidal (Penn State University, United States) Meghna Chakraborty (Penn State University, United States) Aashka Shah (Penn State University, United States) Hangdi Gong (Penn State University, United States) Imhoi Koo (Penn State University, United States) Jingwei Cai (Penn State University, United States) John McGuigan (Penn State University, United States) Molly Hall (Penn State University, United States) Andrew Patterson (Penn State University, United States) K. Sandeep Prabhu (The Pennsylvania State University, United States)

Abstract:

Steady state erythropoiesis produces new erythrocytes at a constant rate to replace senescent erythrocytes removed in the spleen and liver. Inflammation caused by infection or tissue damage skews bone marrow hematopoiesis, increasing myelopoiesis at the expense of steady state erythropoiesis. To compensate for the loss of production, stress erythropoiesis is induced. Stress erythropoiesis is highly conserved between mouse and human. It utilizes a strategy different than the constant production of steady state erythropoiesis. Inflammatory signals promote the proliferation of immature stress erythroid progenitors (SEPs), which then commit to differentiation. This transition relies on signals made by niche macrophages in response to erythropoietin. Nitric oxide dependent signaling drives the proliferation of stress erythroid progenitors and production of nitric oxide must be decreased so that the progenitor cells can differentiate. Here we show that as progenitor cells transition to differentiation, increased production of the anti-inflammatory metabolite itaconate activates Nfe2l2 or Nrf2, which decreases Nos2 expression, leading to decreased nitric oxide production. Mutation of Irg1, the enzyme that catalyzes the production of itaconate, causes a delayed recovery from inflammatory anemia induced by heat killed *Brucella abortus*. These data show that the differentiation of stress erythroid progenitors relies on a switch to an anti-inflammatory metabolism and increased expression of pro-resolving cytokines.

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4 Baiye Ruan^{1,3}, Yuanting Chen^{2,3}, Sara Trimidal⁶, Meghna Chakraborty⁶, Aashka Shah⁶, Hangdi
5 Gong², Imhoi Koo³, Jingwei Cai³, John Mcguigan³, Molly A. Hall^{3,5}, Andrew D. Patterson^{3,5}, K.
6 Sandeep Prabhu¹⁻⁵, Robert F. Paulson¹⁻⁷

7
8 ¹Graduate Program in Pathobiology, ²Graduate Program in Molecular, Cellular and Integrative
9 Bioscience, ³Department of Veterinary and Biomedical Sciences, ⁴Center for Molecular
10 Immunology and Infectious Disease, ⁵Center for Molecular Toxicology and Carcinogenesis,
11 ⁶Graduate Program in Biochemistry, Microbiology and Molecular Biology, Pennsylvania State
12 University, University Park, PA 16802, USA

13
14 ⁷Corresponding Author:
15 Robert F. Paulson, PhD
16 Address: 203 AVBS Building, 439 Shortlidge Road, University Park, PA 16802, USA
17 Email: rfp5@psu.edu
18 Phone: 814-863-6306

19
20 For original data contact rfp5@psu.edu
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33

34 1. Anti-inflammatory signals promote the transition to differentiation of stress erythroid

35 progenitors.

36 2. The anti-inflammatory metabolite itaconate increases Nrf2 activity to promote the

37 differentiation of stress erythroid progenitors.

38

39 **Abstract**

40 Steady state erythropoiesis produces new erythrocytes at a constant rate to replace senescent
41 erythrocytes removed in the spleen and liver. Inflammation caused by infection or tissue
42 damage skews bone marrow hematopoiesis, increasing myelopoiesis at the expense of steady
43 state erythropoiesis. To compensate for the loss of production, stress erythropoiesis is induced.
44 Stress erythropoiesis is highly conserved between mouse and human. It utilizes a strategy
45 different than the constant production of steady state erythropoiesis. Inflammatory signals
46 promote the proliferation of immature stress erythroid progenitors (SEPs), which then commit to
47 differentiation. This transition relies on signals made by niche macrophages in response to
48 erythropoietin. Nitric oxide dependent signaling drives the proliferation of stress erythroid
49 progenitors and production of nitric oxide must be decreased so that the progenitor cells can
50 differentiate. Here we show that as progenitor cells transition to differentiation, increased
51 production of the anti-inflammatory metabolite itaconate activates Nfe2l2 or Nrf2, which
52 decreases Nos2 expression, leading to decreased nitric oxide production. Mutation of Irg1, the
53 enzyme that catalyzes the production of itaconate, causes a delayed recovery from
54 inflammatory anemia induced by heat killed *Brucella abortus*. These data show that the
55 differentiation of stress erythroid progenitors relies on a switch to an anti-inflammatory
56 metabolism and increased expression of pro-resolving cytokines.

57

58 **Introduction**

59 Steady state erythropoiesis constantly produces new erythrocytes at a rate of 2.5×10^6 per
60 second⁽¹⁾. Senescent or damaged erythrocytes are removed from circulation by macrophages in
61 the spleen and liver at a similar rate, which maintains erythroid homeostasis⁽²⁾. In contrast, pro-
62 inflammatory signals alter the kinetics and routes of hematopoietic differentiation leading to
63 increased production of myeloid cells at the expense of steady state erythropoiesis⁽³⁻⁸⁾.
64 Additionally, inflammation increases erythrophagocytosis which shortens the life span of
65 erythrocytes and increases iron sequestration, which limits hemoglobin synthesis⁽⁹⁻¹²⁾. These
66 demand-adapted changes in the blood system underpin a protective immune response to
67 inflammatory insults, but they come with a cost as steady-state erythropoiesis is compromised.
68 Given that effective oxygen transport requires adequate levels of erythrocytes, a compensatory
69 stress erythropoiesis response is activated that utilizes inflammatory signals to produce
70 erythrocytes and maintain homeostasis during inflammation⁽¹³⁾.

71 Stress erythropoiesis utilizes a different strategy than steady state erythropoiesis.
72 Inflammation induces the migration of short-term hematopoietic stem cells (CD34+Kit+Sca1+)
73 and monocytes to the spleen⁽¹⁴⁻¹⁶⁾. Pro-inflammatory signals like tumor necrosis factor- α
74 (TNF α), interleukin 1 β (IL-1 β) and interferon γ (Ifn γ) in combination with SCF, canonical Wnt
75 signaling, hedgehog and Growth and differentiation factor 15 (GDF15) promote the proliferation
76 of a transient amplifying population of stress erythroid progenitors (SEPs)⁽¹⁷⁻²²⁾. These signals
77 also establish a stress erythropoiesis niche^(15, 18). The expansion of this population of immature
78 SEPs and the development of the niche marks the initial stage of stress erythropoiesis. The
79 transition of this population of SEPs from proliferating SEPs to SEPs committed to erythroid
80 differentiation is driven by erythropoietin (Epo) dependent changes in niche signals⁽¹⁸⁾. Pro-
81 inflammatory and proliferation promoting signals are turned off and pro-differentiation signals
82 like Prostaglandin E2 promote the transition to SEPs committed to differentiation. Overall, this

83 transition relies on a switch from pro-inflammatory signals to pro-resolving signals. This change
84 in signals is like that observed when macrophages promote the resolution of inflammation by
85 increasing the expression of IL-4, IL-10 and the anti-inflammatory metabolite itaconate^(23, 24).

86 The tight spatiotemporal coordination between niche cells and SEPs suggest that they
87 may utilize the same immunomodulatory molecules to regulate their co-development. Whereas
88 the role of these molecules in macrophages is extensively studied, it remains undetermined how
89 immunoregulatory metabolites and cytokines act on SEPs to affect their development. In this
90 study, we applied integrated analysis of transcriptional and metabolic profiling on SEPs at
91 different developmental stages. We show that transition of SEPs from expansion to
92 differentiation is dependent on a switch of progenitor cell signaling from one dominated by
93 inflammatory signals to one dominated by resolving signals. In the expansion stage, Nitric oxide
94 synthase 2 (Nos2)-dependent nitric oxide (NO) production drives the proliferation of immature
95 SEPs (Ruan et al. bioRxiv⁽²⁵⁾, unpublished data). In contrast, the transition to SEP differentiation
96 is marked by decreased inflammatory signals and increased resolving molecules like itaconate.
97 The anti-inflammatory effects of itaconate is mediated by the nuclear factor erythroid 2-related
98 factor 2 (Nfe2l2 or Nrf2). Activation of Nrf2 resolves inflammatory signals in both SEPs and the
99 niche, which reduces NO levels and alleviates the NO-mediated erythroid inhibition. These data
100 provide a mechanistic basis of how SEP cell-fate transition is governed by immunomodulatory
101 molecules to ensure effective erythroid regeneration.

102

103 **Methods**

104 **Mice**

105 Wild-type C57BL/6J, B6.SJL-Ptprca Pepcb/BoyJ (CD45.1) JAX stock #002014, B6.129X1-
106 Nfe2l2tm1Ywk/J (Nrf2^{-/-}) JAX stock #017009⁽²⁶⁾, B6.129P2-*Il10*^{tm1Cgn}/J (IL-10^{-/-}) JAX stock#
107 002251⁽²⁷⁾ and C57BL/6N-Acod1em1(IMPC)J/J (Irg1^{-/-}) JAX stock #029340 mice were
108 purchased from Jackson Laboratories. Mice of both sexes at age 8-16 weeks were used
109 throughout this study. All experiments were approved by the Institutional Animal Care and Use
110 Committee (IACUC) at the Pennsylvania State University.

111 **Stress erythropoiesis in vitro cultures**

112 Mouse stress erythropoiesis cultures were done as previously described⁽¹⁶⁾. Details of the media
113 and culture conditions are provided in the supplementary data.

114 **In vivo induction of stress erythropoiesis**

115 Phenylhydrazine (PHZ) was used to induce stress erythropoiesis in the context of acute
116 hemolytic anemia. Mice were injected intraperitoneally with a single dose (100 mg/kg body
117 weight) of freshly prepared phenylhydrazine (Sigma-Aldrich, dissolved in PBS)⁽²⁸⁾. Heat-killed
118 *Brucella abortus* (HKBA, strain 1119-3) was used to induce anemia of inflammation according to
119 a previously described method⁽²⁹⁾.

120 **Stress BFU-E colony assay⁽²⁸⁾**

121 SEPs isolated from stress erythropoiesis differentiation media (SEDM) cultures or mouse
122 splenocytes were counted using a hemocytometer. For each sample, 2.5×10^5 cells were
123 resuspended in 2 ml MethoCult M3334 media (STEMCELL Technologies) supplemented
124 additionally with 50 ng/ml SCF (GoldBio) and 15 ng/ml BMP4 (Thermo Fisher Scientific), and
125 cell suspension was evenly plated into 3 wells of a 12-well plate as technical triplicates. Stress
126 BFU-E colonies were stained with benzidine and quantified after a 5-day culture in 37 °C with
127 2% O₂ and 5% CO₂.

128 **Statistics**

129 GraphPad Prism and R were used for statistical analysis. Statistical significance between two
130 groups was determined by two-tailed unpaired t test, except for the human culture experiment
131 where paired t test was performed. Data with more than two groups were assessed for
132 significance using one-way or two-way ANOVA followed by specific post hoc test as noted in the
133 figure legends. Tukey's test was used to make every possible pairwise comparison, whereas
134 Dunnett's correction was used to compare every group to a single control. Hematocrit levels
135 were measured at different time points from same cohorts of mice, and data were analyzed by
136 two-way repeated measures ANOVA followed by unpaired t test. Data are presented as mean \pm
137 SEM. Less than 0.05 of p value is considered as significant difference. n.s., $p > 0.05$; *, $p <$
138 0.05 ; **, $p < 0.01$; ***, $p < 0.001$.

139 **Data sharing statement**

140 RNA-sequencing data have been deposited at NCBI GEO with accession number GSE190030.

141 Metabolomics data have been deposited at NMDR (DOI: <http://dx.doi.org/10.21228/M89402>).

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143 Additional methods are available in supplemental methods.

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145

146 **Results**

147

148 **Itaconate production increases during the transition from SEP proliferation to**

149 **differentiation.**

150 Our previous work showed that the commitment of SEPs to erythroid differentiation is driven by

151 changes in the signals made by the niche. Pro-inflammatory signals like $\text{TNF}\alpha$, $\text{IL-1}\beta$ and Wnt

152 factors promote proliferation, but their expression is decreased during the commitment to

153 differentiation, and they are replaced by pro-resolving signals like prostaglandin E2 and

154 Prostaglandin J2^(17, 18). We hypothesized that metabolites generated by these signals could

155 contribute to the regulation of cell proliferation and differentiation. We performed LC-MS

156 analysis to profile the changes of metabolites extracted from bulk SEPs on days 1 and 3 of
157 stress erythropoiesis expansion media (SEEM) cultures, when pro-inflammatory signals are
158 driving proliferation of SEPs. We observed that the endogenous pro-resolving metabolite
159 itaconate decreased significantly from day 1 to day 3 of SEEM culture, which corresponds to the
160 start of SEP proliferation (Figure 1A). Further analysis of itaconate levels in SEPs on day 3 and
161 5 during expansion culture compared with days 1, 2 and 3 of stress erythropoiesis differentiation
162 media (SEDM) culture showed that itaconate increases at day 5 of expansion, which correlates
163 with increase in stress BFU-E and peaks at day 1 of differentiation and is maintained at that
164 level through day 3 (Figure 1B)⁽¹⁶⁾. Immuno-responsive gene 1 (*Irg1*) encodes the enzyme that
165 catalyzes itaconate synthesis by the decarboxylation of cis-aconitate⁽³⁰⁾. Analysis of *Irg1* mRNA
166 and protein showed that in Kit⁺SEPs, mRNA increases from SEEM day 3 to day 5 and then
167 decreases after the cultures are placed in SEDM. In contrast the protein levels increase at
168 SEDM day1 and are maintained at Day 5 (Figure 1C and S1A). We observed similar *Irg1* mRNA
169 and protein expression levels in the stromal cells of the culture.

170

171 **Itaconate inhibits NO dependent proliferation.**

172 Itaconate is an anti-inflammatory mediator⁽³¹⁾ and the levels of itaconate were lower
173 when SEPs were proliferating and increased during the transition to differentiation. NO
174 dependent signaling promotes the proliferation of SEPs and inhibits their differentiation (Ruan et
175 al. BioRxv⁽²⁵⁾ unpublished data). We hypothesized that treating cells with a cell permeable form,
176 4-octyl-itaconate (OI)^(30, 32), could decrease the pro-inflammatory signaling that drives the
177 expansion of SEP progenitor populations. OI impaired SEP expansion (Figure 2A). In fact, if OI
178 was added at the start of culture, SEPs failed to proliferate. OI-treated SEEM cultures displayed
179 fewer more rapidly proliferating late-stage Kit⁺Sca1⁺CD34⁻CD133⁺ and Kit⁺Sca1⁺CD34⁻CD133⁻
180 SEPs, while the numbers of the most immature Kit⁺Sca1⁺CD34⁺CD133⁺ progenitors were not
181 affected (Figure 2B-C and S1B). Treatment with OI decreased the mean fluorescent intensity

182 (MFI) of NO in SEPs including immature Kit+Sca1+ CD34⁺CD133⁺ progenitors whose numbers
183 were not decreased by OI treatment, which suggests that different progenitors have different
184 requirements for NO (Figure 2D). Our analysis showed that OI reduced the levels of *Nos2*
185 mRNA in SEPs, but the levels of *Nos2*+SEPs as measured by flow cytometry was not
186 significantly affected (Figure 2E and S1C). However, *Nos2*+ stromal cells were decreased by OI
187 treatment (Figure 2F). Conversely, the defects in SEP proliferation induced by OI treatment
188 were rescued by treatment with the NO donor SNAP⁽³³⁾ at either 10 or 50 μ M, indicating that
189 itaconate impairs proliferation by decreasing NO levels (Figure 2G). We observed the opposite
190 when we cultured *Irg1*^{-/-} cells as mutation of *Irg1* accelerated the transition to more mature
191 Kit⁺Sca1⁺CD34⁻CD133⁻ cells, while *Nos2* mRNA expression increased (Figure 2H). As shown
192 above, *Nos2* is expressed both in the SEPs and the stromal cells. *Nos2* function is not cell
193 autonomous as NO generated by stromal cells rescues *Nos2*^{-/-} SEPs (Ruan et al. bioRxiv⁽²⁵⁾,
194 unpublished data). In contrast, *Irg1* function is cell autonomous as *Irg1*^{-/-} SEPs exhibit a defect
195 even when co-cultured with wildtype stroma (Fig S1D). These data support a specific role for
196 itaconate in SEPs.

197 **Nrf2 is required for itaconate dependent regulation of SEP expansion.**

198 Itaconate alkylates Keap1 and acts as a potent inducer of Nrf2 activity, which is a central
199 regulator of the response to oxidative stress⁽³²⁾. Nrf2 is also involved in anti-inflammatory
200 response, and this function is essential for the immunomodulatory role of itaconate in the
201 activated macrophages⁽³²⁾. We hypothesized that itaconate inhibits SEP proliferation by
202 promoting the activation of Nrf2. Similar to what we observed with *Irg1*^{-/-} mutations, *Nrf2*^{-/-}
203 SEPs cultured on wildtype stroma exhibited a defect in differentiation that was as severe as
204 *Nrf2*^{-/-} cultures. However, consistent with work from Gotosho et al., which showed a
205 requirement for Nrf2 signaling in macrophages during stress erythropoiesis, we also observed a
206 smaller defect in differentiation when control SEPs were grown on *Nrf2*^{-/-} stroma⁽³⁴⁾. These data
207 demonstrate a cell autonomous role for Nrf2 in SEPs and a smaller autonomous role in the

208 stroma (Figure S2A-D). The expression of Nrf2 protein increased in SEPs and the stroma when
209 cells were shifted to SEDM, which was similar to what we observed for Irg1 (Figure 3A and
210 S2E). Nrf2 transcriptional activity as measured by mRNA expression of NAD(P)H:quinone
211 oxidoreductase 1 (*Nqo1*), a direct Nrf2 target showed low levels of expression at day 5 of SEEM
212 culture, but further increased when cells were moved to SEDM (Figure S2F).

213 Nrf2-deficient SEPs initially grew faster when compared to WT controls, however, there
214 was no difference in total cell numbers at day 5 (Figure 3B). Nrf2^{-/-} cultures contained more
215 late-stage Kit⁺Sca1⁺CD34⁺CD133⁻ progenitors and fewer immature Kit⁺Sca1⁺CD34⁺CD133⁺
216 SEPs than WT cultures (Figure 3C). While no differences in the number of F4/80⁺Vcam1⁺
217 macrophages in the stroma were observed (Figure S2G). The similarities in expression and
218 phenotypes of Irg1 and Nrf2 mutant progenitors suggests a model where itaconate levels
219 regulate Nrf2 activity, which in turn fine tunes SEP proliferation. To verify this mechanism, WT
220 and Nrf2^{-/-} SEEM cultures were supplemented with OI to increase Nrf2 activity. This treatment
221 increased *Nqo1* mRNA expression in SEPs, which was blocked in Nrf2^{-/-} SEPs (Figure 3D).
222 Furthermore, the defect in SEP proliferation caused by addition of OI was rescued by mutation
223 of Nrf2 in the Nrf2^{-/-} SEPs (Figure 3E). We observed similar response when cultures were
224 treated with dimethyl fumarate (DMF), a second known activator of Nrf2 (Figure S2H-K). These
225 data demonstrate that itaconate increases Nrf2 activity promoting the proliferation of SEPs.

226 We next examined whether Nrf2 suppresses the inflammatory signals required for SEP
227 expansion. OI treatment decreased expression of *Nos2* mRNA, and this effect was
228 compromised in the Nrf2^{-/-} SEPs (Figure 3F). We further confirmed the role of Nrf2 in regulating
229 SEP proliferation as treatment of SEEM cultures with OI, DMF or another Nrf2 activator tert-
230 Butylhydroquinone (tBHQ)⁽³⁵⁾ decreased the proliferation of Kit⁺Sca1⁺ SEPs (Figure S2L). Our
231 previous data showed that in immature SEPs mRNA expression of *Hif-1α* and *Pdk1* promotes
232 glycolysis, which provides anabolic metabolites for cell proliferation⁽¹⁹⁾. OI or DMF treatment
233 decreased hypoxia inducible factor 1α (*Hif-1α*) and pyruvate dehydrogenase kinase 1 (*Pdk1*)

234 mRNA expression in proliferating SEPs and this decrease was reversed by Nrf2 mutation
235 (Figure S3A-B), suggesting that activation of Nrf2 disrupts the inflammatory metabolism
236 required for SEP proliferation.

237 **Itaconate-dependent anti-inflammatory response promotes SEP differentiation.**

238 Previously we showed that Epo signaling in the niche promotes the transition of proliferating
239 progenitors to erythroid differentiation^(14, 16, 18). Gene set enrichment analysis (GSEA) of RNA-
240 seq data from SEPs isolated from stress erythropoiesis cultures switched from SEEM to SEDM
241 showed an enrichment in genes in erythroid pathways in SEDM cultures. While SEPs from
242 SEEM cultures showed enriched expression of genes associated with inflammatory pathways
243 (Figure S4A). The resolution of inflammation was coupled to a profound switch of metabolism,
244 including increased levels of itaconate, which was mirrored by increased protein expression of
245 *Irg1* in Kit⁺Sca1⁺ SEPs (Figure 1C and S4B). These data suggest that the transition to
246 differentiation increases the production of itaconate that drives an anti-inflammatory response to
247 promote SEP differentiation. To examine its role in differentiation, we performed SEDM cultures
248 using control or *Irg1*^{-/-} bone marrow cells in which itaconate production was completely
249 impaired. We restored the levels of itaconate in *Irg1*^{-/-} cultures with the supplementation of OI.
250 Compared to controls, *Irg1*^{-/-} SEPs had elevated levels of Nos2 protein and NO production, but
251 treatment with OI decreased Nos2 protein and NO levels to levels comparable to control cells
252 (Figure 4A-C). To test whether itaconate promotes differentiation via NO suppression, we
253 isolated SEPs from control and *Irg1*^{-/-} SEDM cultures treated with and without the Nos2 specific
254 inhibitor, 1400w⁽³⁶⁾. Treatment of wildtype SEDM cultures with 1400W leads to increased stress
255 BFU-E and a superinduction of erythroid genes (Ruan et al. bioRxiv⁽²⁵⁾, unpublished data). *Irg1*-
256 deficient progenitors generated fewer stress BFU-Es and mature Kit⁺Sca1⁻CD34⁻CD133⁻ SEPs
257 and expressed lower mRNA levels of representative erythroid genes, Erythropoietin receptor
258 (EpoR), Gata1, the heme biosynthetic enzyme, coproporphyrinogen oxidase (Cpox) and beta-
259 major globin (Hbb-b1), indicating that itaconate production is required for the transition to

260 erythroid differentiation (Figure 4D-F). This defect in differentiation was rescued by treatment
261 with 1400w, a Nos2 specific inhibitor. These data demonstrate that itaconate promotes erythroid
262 differentiation by inhibiting Nos2-dependent NO production.

263 We next investigated the role of Irg1 *in vivo* during the recovery from Heat Killed *Brucella*
264 *abortus* (HKBA) induced inflammatory anemia^(29, 37, 38). Untreated Irg1^{-/-} mice exhibited similar
265 levels of SEPs in their spleens and stress BFU-E when compared to wildtype (Figure S5A).
266 Despite this similarity, Irg1^{-/-} mice treated with HKBA exhibited a significant delay in recovery
267 over 28 days (Figure 5A). On day 8 after HKBA treatment, the anemia of control mice starts to
268 improve, and over the next 8 days the mice significantly improve their hematocrit. We examined
269 Irg1^{-/-} and control HKBA treated mice during this critical period in recovery on days 8, 12 and
270 16. We observed that Irg1^{-/-} mice showed continued decreases in hemoglobin and RBC
271 concentration during this time (Figure 5B). However, this defect of stress erythropoiesis is not
272 due to a lack of SEPs in the spleen as spleen weight and spleen cellularity was increased in the
273 Irg1^{-/-} mice (Figure 5C). The defect is in the differentiation of SEPs. The percentage of
274 Kit⁺Sca1⁻CD34⁻CD133⁻ SEPs was significantly decreased in Irg1^{-/-} mice, while the percentage of
275 Kit⁺Sca1⁺CD34^{+/+} CD133⁺ immature cells increased (Figure 5D-E). This decrease in mature
276 SEPs translated to a lower frequency of stress BFU-E at each time point and fewer overall
277 stress BFU-E on days 8 and 16 (Figure 5F). Analysis of *Nos2* expression in the spleens showed
278 that Irg1^{-/-} mice had increased levels of *Nos2* supporting the role for itaconate synthesis in
279 suppressing NO dependent inhibition of erythroid differentiation (Figure 5G).

280 We also tested the response of Irg1^{-/-} mice to PHZ induced acute hemolytic anemia.
281 Nrf2 protein levels increased in the spleen on days 3 and 5 during the recovery from PHZ-
282 induced anemia (Figure 6A and S5B). These data are consistent with the *in vivo* metabolomics
283 analysis on days 1 and 3 after PHZ treatment showed increased levels of itaconate in Kit⁺SEPs
284 (Figure 6B). However, Irg1^{-/-} has less Nrf2 protein in the spleen on day 3 when compared to
285 control mice (Figure 6A). Analysis of Nrf2 target gene expression showed a delay at day 1 after

286 PHZ treatment (Figure 6C). The mRNA expression of erythroid genes was similarly delayed in
287 Irg1^{-/-} mice, however this decrease occurred only in the early time points and expression
288 increased at later time points during recovery (Figure 6D). The increase in stress BFU-E was
289 also delayed, which resulted in Irg1^{-/-} mice reaching their lowest hematocrit levels a day earlier
290 than control mice (Figure 6E). These defects were not caused by lower levels of Epo or a delay
291 in increasing Epo levels in the serum (Fig S5C). Although the Irg1^{-/-} mice exhibited defects,
292 they were transient and the Irg1^{-/-} mice eventually reached levels of erythroid gene expression,
293 stress BFU-E and hematocrit similar to controls (Figure 6D-E). These data suggest that an
294 alternative mechanism to activate Nrf2 compensates during the recovery from acute anemia.

295 **Itaconate activates Nrf2-mediated SEP differentiation.**

296 Culturing SEPs in SEEM maintains the transient amplifying population of erythroid progenitors.
297 Switching the cultures to SEDM leads to commitment to erythroid differentiation and loss of self-
298 renewal ability^(16, 18). This switch leads to an increase in erythroid gene expression and a loss of
299 pro-inflammatory gene expression (Figure S4A). In contrast, Gene set enrichment analysis of
300 our RNA-seq data of control and Nrf2^{-/-} SEPs isolated on SEDM day 3 showed that Nrf2 mutant
301 SEPs fail to upregulate erythroid genes⁽³⁹⁾. Conversely, they maintain the expression of pro-
302 inflammatory signals (Figure 7A-B). Furthermore, the Nrf2^{-/-} SEPS fail to increase the
303 expression of genes involved in ribosome biogenesis and amino acid metabolism, suggesting a
304 decline of translational efficiency for hemoglobin production (Figure S6A). The RNA-seq data is
305 consistent with the data showing that mutation of Nrf2 blocks the ability of exogenous OI to
306 inhibit proliferation of SEPs cultured in SEEM (Figure 3D-F). These data suggest that the anti-
307 inflammatory signals provided by itaconate promote SEP differentiation through Nrf2 activation.
308 To demonstrate that activation of Nrf2 drives differentiation, we cultured SEPs from wildtype
309 control and Irg1^{-/-} in SEDM media. Compared to wildtype controls, Irg1^{-/-} SEPs expressed
310 significantly lower mRNA levels of representative erythroid genes, EpoR, Gata1 and Cpx.
311 However, if the cultures were treated with OI or DMF, a known Nrf2 activator, we observed

312 significantly increased expression of EpoR, Gata1 and Cpxc with OI while DMF significantly
313 increased EpoR and showed a trend towards increased Gata1 and Cpxc mRNA expression
314 (Figure 7C). Analysis of BFU-E colony forming cells showed that mutation of Irf1 significantly
315 decreased the frequency of BFU-E generated in the culture. Treatment with OI significantly
316 increased the frequency BFU-E in Irf1^{-/-} cultures and to lesser extent so did DMF (Figure 7D).
317 These data show that increasing Nrf2 activity drives the differentiation of SEPs that lack the
318 ability to generate itaconate and underscore the ability of itaconate to promote differentiation.

319 **Discussion**

320 Protective immunity must balance the need to increase the production of myeloid effector cells
321 with the need to maintain erythroid homeostasis. To accomplish these goals, pro-inflammatory
322 cytokines that increase myelopoiesis also promote stress erythropoiesis to compensate for the
323 loss of steady state erythroid output^(13, 40). Here we present data that further underscore how
324 changes in inflammatory signals regulate stress erythropoiesis. TNF α and NO play key roles
325 during the expansion stage, but the transition to differentiation is characterized by a loss of pro-
326 inflammatory signals and increase in anti-inflammatory signals and a change in metabolism
327 (Ruan et al. bioRxiv⁽²⁵⁾, unpublished data)^(17, 41). Our data show that increased production of
328 itaconate in SEPs in part catalyzes this transition. One target of itaconate is Nrf2 and our data is
329 consistent with Nrf2 and Irf1 acting in a cell autonomous manner. Nrf2 is well known as a
330 regulator of oxidative stress^(32, 42) and the increased Nrf2 activity coincides with decreases in NO
331 as SEPs transition to differentiation. Decreasing NO production is a key target of this Itaconate-
332 Nrf2 pathway. Our data showed that itaconate decreased Nos2 mRNA, but the protein levels
333 and Nos2⁺ cells as identified by flow cytometry did not decline to similarly low levels. Despite
334 the lack of a decrease in Nos2 protein, NO MFI did decrease in SEPs upon itaconate treatment.
335 NO production can be regulated at multiple levels. Arginine can be used by Nos2 to make NO or
336 used to generate polyamines through the action of arginase 1⁽⁴³⁾. We observed that arginase 1
337 (Arg1) mRNA expression increases when SEPs are switched into differentiation media, which

338 supports the idea that arginine metabolism changes during the commitment to differentiation
339 (data not shown).

340 Although we have focused on the role of itaconate in activating the Nrf2 pathway, other
341 known itaconate targets could also play a role in stress erythropoiesis. Itaconate is known to
342 inhibit Tet2 to dampen inflammatory responses in macrophages⁽⁴⁴⁾. Recent work from Tseng et
343 al. showed that Tet2 plays a role in SEP differentiation⁽⁴⁵⁾. Further work will be needed to
344 delineate the roles of itaconate and Tet2 during the transition to differentiation. Although we
345 have focused on events in SEPs, itaconate is a well-known anti-inflammatory metabolite in
346 macrophages and others have shown that mutation of Nrf2 decreases macrophage populations
347 in erythroblastic islands in the bone marrow and spleen during recovery from phlebotomy⁽³⁴⁾.
348 These data suggest that these mediators could also affect the niche and the extent of that
349 contribution is not known.

350 Marcero et al. showed that exogenous itaconate could inhibit heme biosynthesis in MEL
351 cells⁽⁴⁶⁾. Our analysis examined SEPs that are more immature than MEL cells, which correspond
352 to post stress BFU-E, late stage SEPs⁽⁴⁷⁾. These data suggest that itaconate production by
353 SEPs and the niche must be decreased for terminal differentiation. Our previous work showed
354 that peroxisome proliferator activated receptor γ (PPAR γ) activation in niche macrophages plays
355 a role in promoting the transition to differentiation⁽¹⁸⁾. Irg1 expression is regulated by PPAR γ , so
356 increased PPAR γ activity at this time could decrease itaconate levels so as not to impeded
357 heme biosynthesis⁽⁴⁸⁾. This idea is consistent with our RNAseq data which showed that PPAR γ
358 expression increases more than 3-fold when SEPs commit to differentiation. Future work will be
359 needed to address this question.

360 Irg1^{-/-} mice exhibit defects in the recovery from HKBA and to a lesser extent from PHZ
361 induced anemia. The mutant mice eventually recover from PHZ induced anemia and the
362 expression of Nrf2 target genes during recovery is only delayed in Irg1^{-/-} mice. These data

363 suggest that a signal other than itaconate increases Nrf2 activity. Our preliminary data suggests
364 that IL-10 plays a role in maintaining Nrf2 activity during differentiation of SEPs. Its expression
365 increases both in vitro and in vivo when SEPs commit to differentiation. Exogenous IL-10
366 increases stress BFU-E formation (Data not shown). IL-10 has not been previously implicated in
367 stress erythropoiesis. In fact, transgenic over-expression of IL-10 increases myelopoiesis and
368 causes anemia, which suggests that the levels, duration and site of IL-10 expression may affect
369 the response in the erythroid lineage⁽⁴⁹⁾. Similarly, other non-erythroid cytokines may play a role
370 in stress erythropoiesis. IL-33 inhibits bone marrow erythropoiesis and can cause anemia, but it
371 also induces the formation of iron recycling macrophages and increases the production
372 itaconate and anti-inflammatory factors including IL-10^(7, 50). These data suggest that other pro-
373 inflammatory or alarmin signals could play roles in stress erythropoiesis that are distinct from
374 their effects on steady state erythropoiesis.

375 In summary, our data show that inflammatory signals that induce NO production are
376 utilized by stress erythropoiesis to expand a population of immature progenitors, which is
377 followed by a regulated resolution of inflammation to ensure a successful transition of early
378 progenitors into mature erythrocytes to restore homeostasis.

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398

399 **Authorship**

400 B.R., K.S.P and R.F.P. conceived and designed the study. B.R., S.T., M.C., AS, H.G. and Y.C.
401 performed the experiments. B.R., J.M., and M.A.H. analyzed the RNA-seq data. B.R., I.K., J.C.,
402 and A.D.P. analyzed the metabolomics analysis. B.R. and R.F.P. wrote the initial draft of the
403 manuscript, and all authors were involved in review and editing.

404

405 Conflict-of-interest disclosure: The authors declare no competing financial interests.

406

407 Figure legends

408 **Figure 1. Itaconate levels increase during the transition to differentiation.** (A) SEPs were
409 isolated from SEEM cultures at day 1 and 3 for metabolomics analysis. Volcano plot showing
410 the changes in metabolites between day 1 and 3 SEPs in SEEM (n=5 per time point). (B) Levels
411 of itaconate relative to spike in chlorpropamide were calculated and normalized to SEEM day 5
412 (EM D5 = 1), N=5 per time point. (C) (Top) Expression of Irg1 mRNA (left) and protein (right) in
413 Kit⁺ SEPs. (Bottom) Expression of Irg1 mRNA (left) and protein (right) stromal cells. Relative
414 Irg1 mRNA expression was normalized to 18S rRNA. Irg1 Protein was normalized to β -actin
415 levels using Image J software. N=3 per time point. Corresponding western blots are shown in
416 Figure S1A. Data represent mean \pm SEM. * p < 0.05, ** p < 0.01, *** p < 0.001.

417

418 **Figure 2. Itaconate inhibits NO dependent proliferation of SEPs.** (A) SEPs were treated \pm
419 125 μ M OI at indicated days of SEEM cultures. On day 5 of SEEM cultures, total SEP cell
420 counts were measured (n=4 per group, one-way ANOVA/Dunnett's). (B) SEPs were treated \pm
421 125 μ M OI at SEEM day 3 for 48 hrs followed by flow cytometry analysis of SEPs.
422 Representative flow cytometry plot showing pre-gated Kit⁺Sca1⁺ cells with additional markers
423 CD34 and CD133. (C) Quantification of percentages (left) and absolute number (right) of the
424 indicated populations shown in panel B. (N=4 per group, unpaired t test). (D-F) SEPs were
425 treated \pm 125 μ M OI at SEEM day 3 for 48 hrs. (D) Quantification of intracellular NO levels in
426 Kit⁺Sca1⁺ SEPs by mean fluorescence intensity (MFI) of DAF-FM DA staining (left). Analysis of
427 NO MFI in the indicated SEP populations (right) (n=3 per group, unpaired t test). (E) qRT-PCR
428 analysis of Nos2 mRNA expression in SEPs on day 5 of SEEM culture treated \pm with OI (N=4,
429 unpaired t test). (F). Nos2 expression in stromal cells. SEP cultures were treated with OI as
430 indicated above. On days 4 and 5 of SEEM culture stromal cells were analyzed by flow
431 cytometry for Nos2 expression and markers for monocytes and macrophages as indicated. N=3
432 per time point, paired t-test). (G) SEEM cultures were treated with 125 μ M OI alone or in

433 combination with SNAP at the indicated concentrations for 24 hrs. Flow cytometry quantification
434 of numbers of Kit+Sca1+ SEPs (n=3 per group, one-way ANOVA/Tukey's). (H) WT and Irg1-/-
435 SEPs were cultured in SEEM for 5 days. (Left) qRT-PCR analysis Nos2 mRNA expression and
436 (right) flow cytometry quantification of absolute numbers of indicated populations of SEPs (n=4
437 per genotype, unpaired t test). Data represent mean \pm SEM. * p < 0.05, ** p < 0.01, *** p <
438 0.001.

439

440 **Figure 3. Itaconate impairs SEP proliferation in a Nrf2-dependent manner.** (A) Nrf2 protein
441 analysis in Kit+ SEPs (left) and stromal cells (right). Protein levels relative to Hsp70 were
442 calculated using Image J (n=3 per time point Unpaired t-Test). Corresponding western blots are
443 shown in Figure S2E. (B) Analysis of total SEP counts in WT and Nrf2-/- SEEM cultures at day
444 3 and 5 (n=5 per group, unpaired t test). (C) Flow cytometry quantification of the percentages
445 (top) and absolute numbers (bottom) of indicated populations of SEPs in WT and Nrf2-/- SEEM
446 cultures at day 5 (n=4 per group, unpaired t test). (D-F) WT and Nrf2-/- SEEM cultures were
447 treated \pm 125 μ M OI for 3 days. qRT-PCR analysis of *Nqo1* expression (D), analysis for
448 numbers of Kit+Sca1+ SEPs (E), and qRT-PCR analysis of *Nos2* expression. (n=4 (D-F), two-
449 way ANOVA/Fisher's LSD).

450

451 **Figure 4. Increased itaconate production during differentiation alleviates NO dependent**
452 **erythroid inhibition.** (A) SEPs were harvested from WT, or Irg1-/- cultures at SEEM Day 5 and
453 SEDM Day 3. Western blot analysis of Nos2 protein expression, β -actin is a loading control. (B)
454 (left) Analysis of Nos2 protein expression in wildtype control, Irg1-/- and Irg1-/- + 125 μ M OI on
455 day 3 of SEDM culture. β -actin is the loading control. (right) Nos2 protein levels calculated
456 relative to β -actin calculated using Image J. (n=4, unpaired t-test). (C). Flow cytometry analysis
457 of NO MFI from wildtype control, Irg1-/- and Irg1-/- + 125 μ M OI, analyzed on day 3 of SEDM

458 culture. (n=4, unpaired t-test). (D-F). SEPs isolated from wildtype SEDM cultures at day 3 were
459 compared to Irg1^{-/-} SEDM cultures treated \pm 1400w for 3 days. (D). stress BFU-e, (E). Percent
460 Kit+Sca1⁺ SEPs at SEDM day 3, (F). mRNA expression of select erythroid genes, erythropoietin
461 receptor (EpoR), coproporphyrinogen oxidase (Cpox), β -major globin (Hbb-b1) (N=4 per group,
462 one way ANOVA/Tukey's)

463

464 **Figure 5. Defective SEP differentiation in Irg1-deficient mice delayed the recovery from**
465 **HKBA-induced inflammatory anemia.** (A-G) Age- and sex-matched WT and Irg1^{-/-} mice were
466 administered with HKBA (5×10^8 particles/mouse) via intraperitoneal injection. (A) In the
467 following 28 days, mice were monitored daily for survival and health, and blood was collected
468 retro-orbitally in every other day for measurement of hematocrit (n=12 in WT, n=8 in Irg1^{-/-},
469 repeated measures two-way ANOVA followed by unpaired t test). (B-C) Analysis of Hb (left) and
470 RBC counts (right) concentrations (B), and measurement of spleen weight (left) and splenocyte
471 numbers (right) (C) at indicated time points post HKBA injection (n=4 per group, unpaired t test).
472 (D) Representative flow cytometry plot showing the gating of SEPs in the spleen isolated at day
473 8 post HKBA injection. (E-G) Analysis of percentages of Kit+Sca1⁺-CD34⁺-CD133⁺ SEPs (E),
474 frequency (top) and total numbers (bottom) of stress BFU-E colony formation (F), and Nos2
475 mRNA abundance (G) at indicated time points (n=4 per group, unpaired t test).
476 Data represent mean \pm SEM. * p < 0.05, ** p < 0.01, *** p < 0.001.

477

478 **Figure 6. Irg1^{-/-} mice exhibit a defect in recovery from phenylhydrazine induced acute**
479 **hemolytic anemia.** Wildtype mice were injected with phenylhydrazine (100 mg/Kg mouse) and
480 analyzed on the indicated days. (A). Nrf2 protein expression in the spleen on the indicated days
481 was determined by western blot analysis. β -actin is shown as a loading control. Corresponding
482 western blots are shown in Figure S5B. (B). Metabolomic analysis of Itaconate levels in Kit+

483 SEPs isolated from the spleen on day 0, 1 and 3 after PHZ treatment. (n=5 per day). (C). qRT-
484 PCR analysis of mRNA expression of Nrf2 target genes, Nqo1 and glutamate-cysteine ligase,
485 modifier subunit (Gclm), in the spleen of wildtype and Irg1^{-/-} mice on the indicated days of
486 recovery from PHZ induced anemia. (n=3 per time point, unpaired t-test). (D) qRT-PCR analysis
487 of select erythroid genes in the spleen of wildtype and Irg1^{-/-} mice on the indicated days of
488 recovery from PHZ induced anemia. (n=3 per time point, unpaired t-test). (E). Number of stress
489 BFU-E in the spleen (left) and hematocrit (right) on the indicated days in wildtype and Irg1^{-/-}
490 mice treated with PHZ. (n=3 per time point, unpaired t-test).

491
492 **Figure 7. Activation of Nrf2 promotes differentiation.** (A-B). Gene set enrichment analysis⁽³⁹⁾
493 of control and Nrf2^{-/-} SEDM day 3 RNA-seq data. (A) Analysis of gene sets involved in
494 erythrocyte development, homeostasis and heme biosynthesis and (B) Inflammatory pathways.
495 (C-D). SEPs were harvested from WT, or Irg1^{-/-} SEDM cultures treated with vehicle, 125 μM OI
496 or 30 μM DMF for 3 days. Analysis of mRNA expression of erythroid-specific genes by qRT-
497 PCR (C). Analysis of stress BFU-E by colony assay (D) (n=4 per group, one-way
498 ANOVA/Tukey's).

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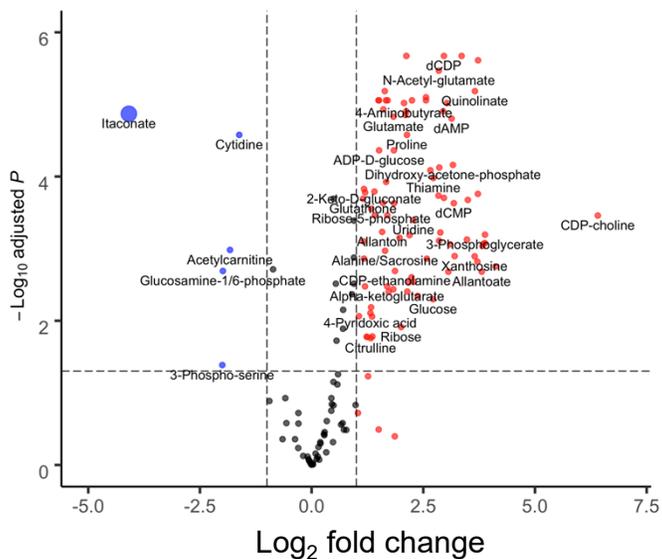
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Figure 1

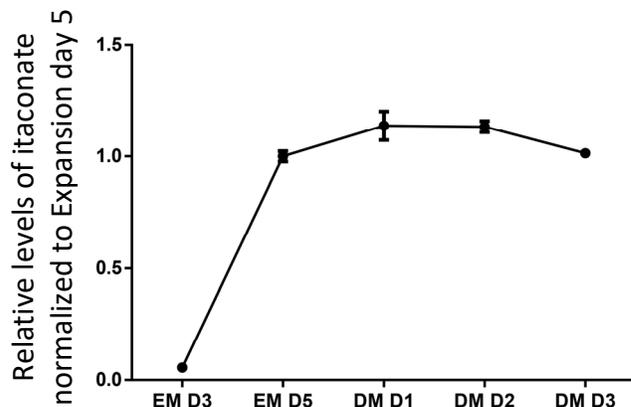
A

Metabolomics Analysis of SEPs in Expansion Day1 vs Day3

● Higher in SEEM Day1 ● Higher in SEEM Day3 ● Mid/NA



B



C

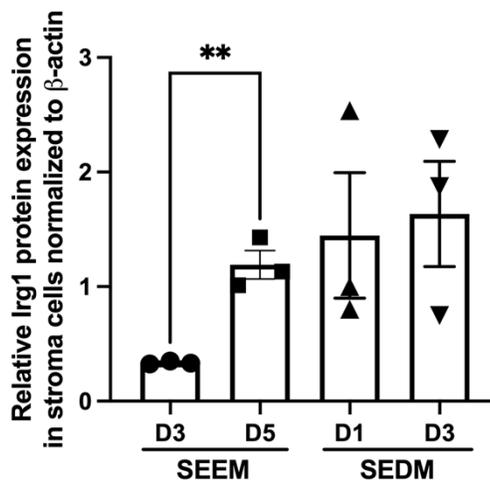
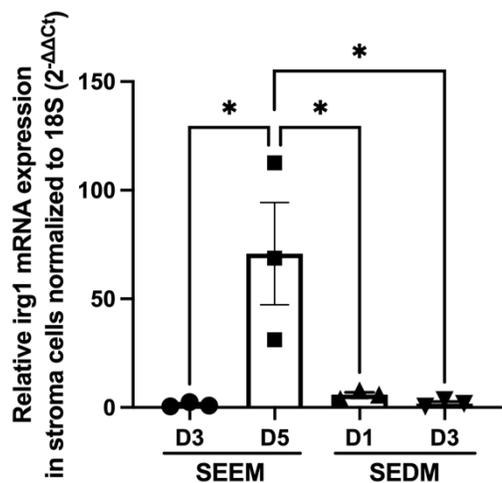
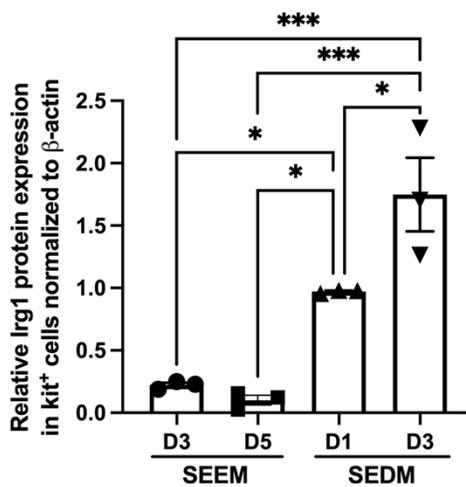
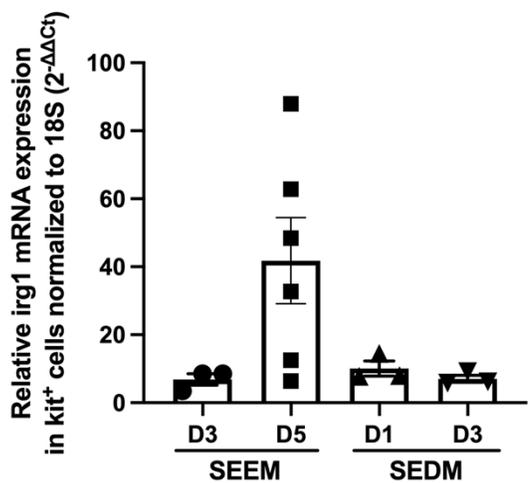


Figure 1.

Figure 2

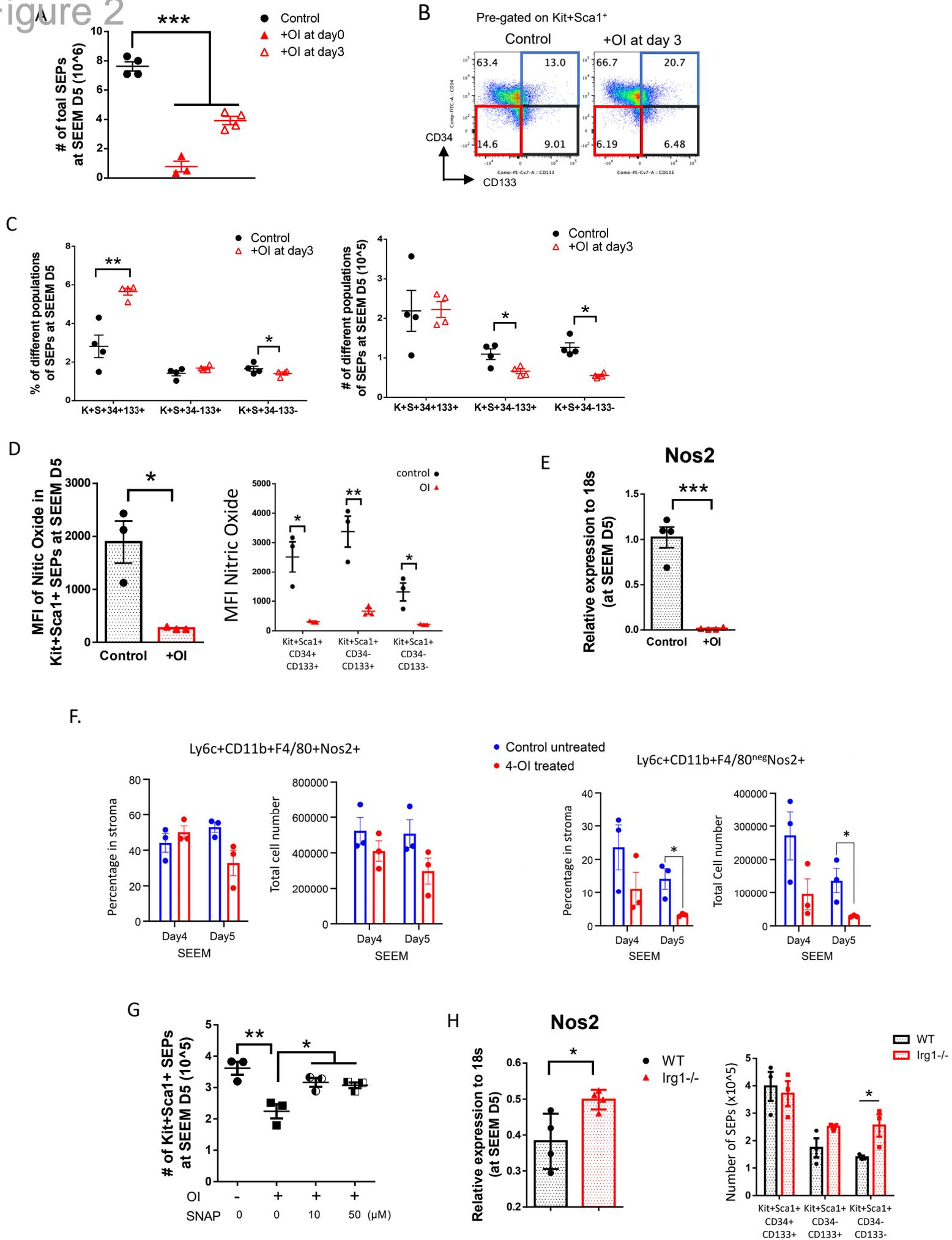


Figure 3

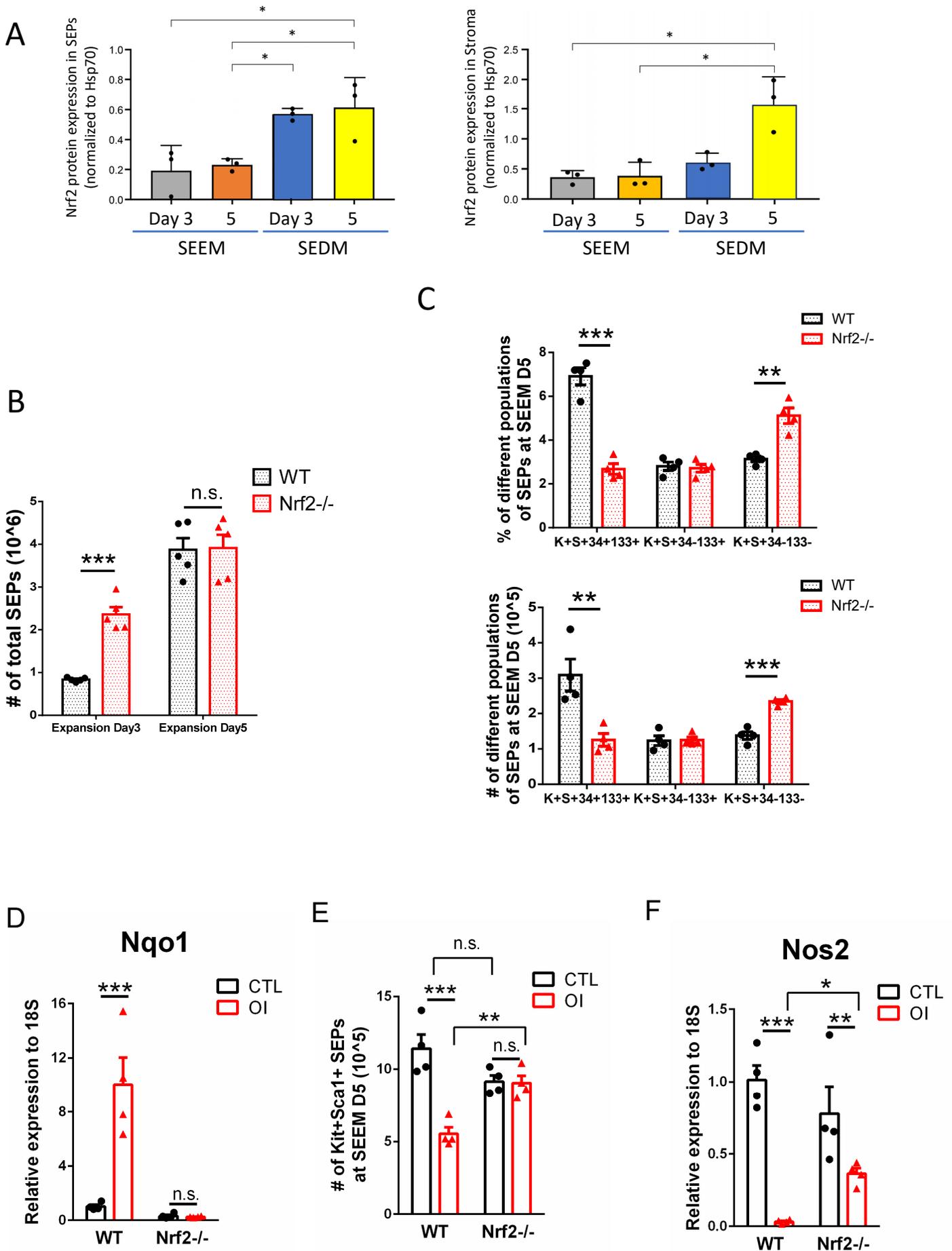


Figure 4
Figure 4

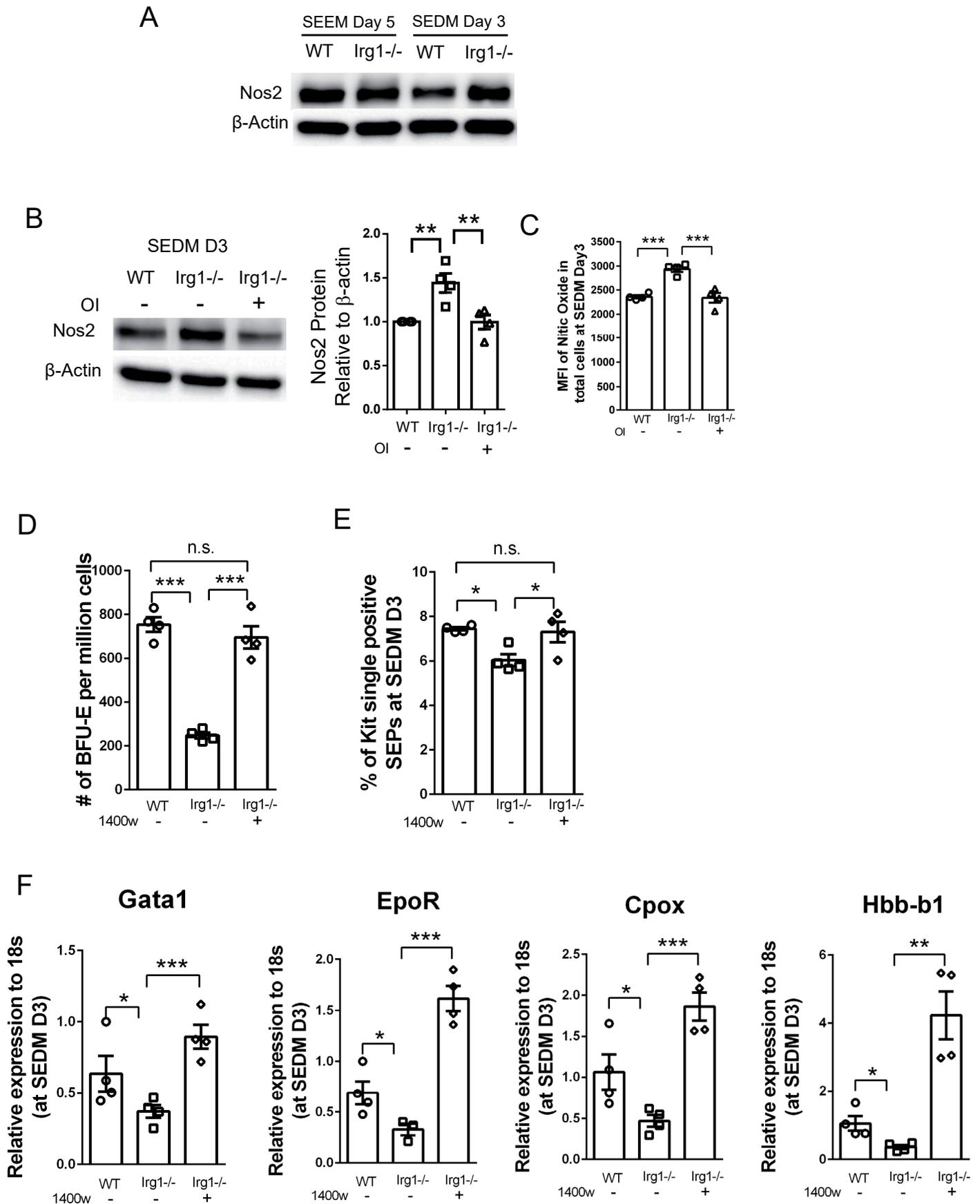
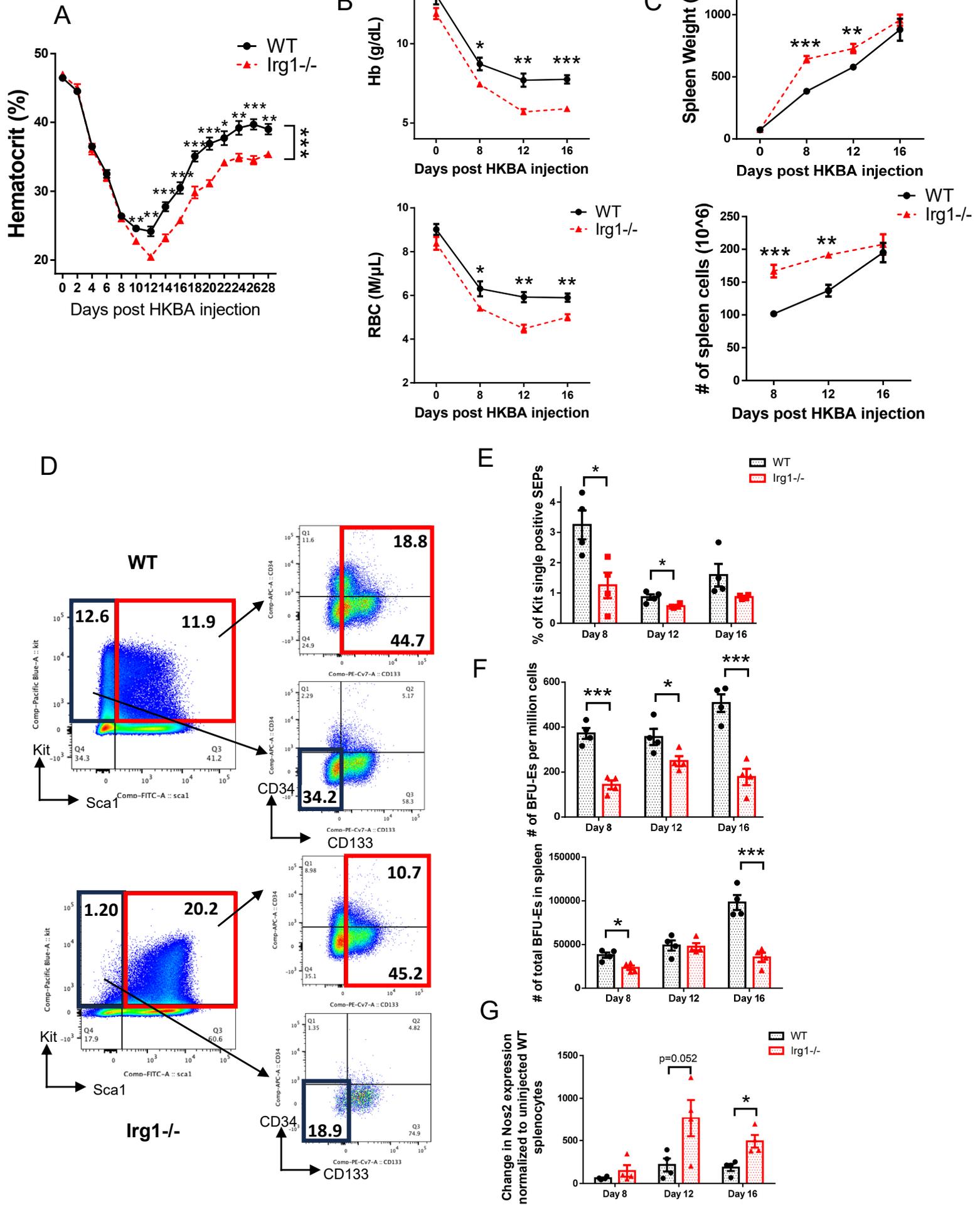


Figure 5



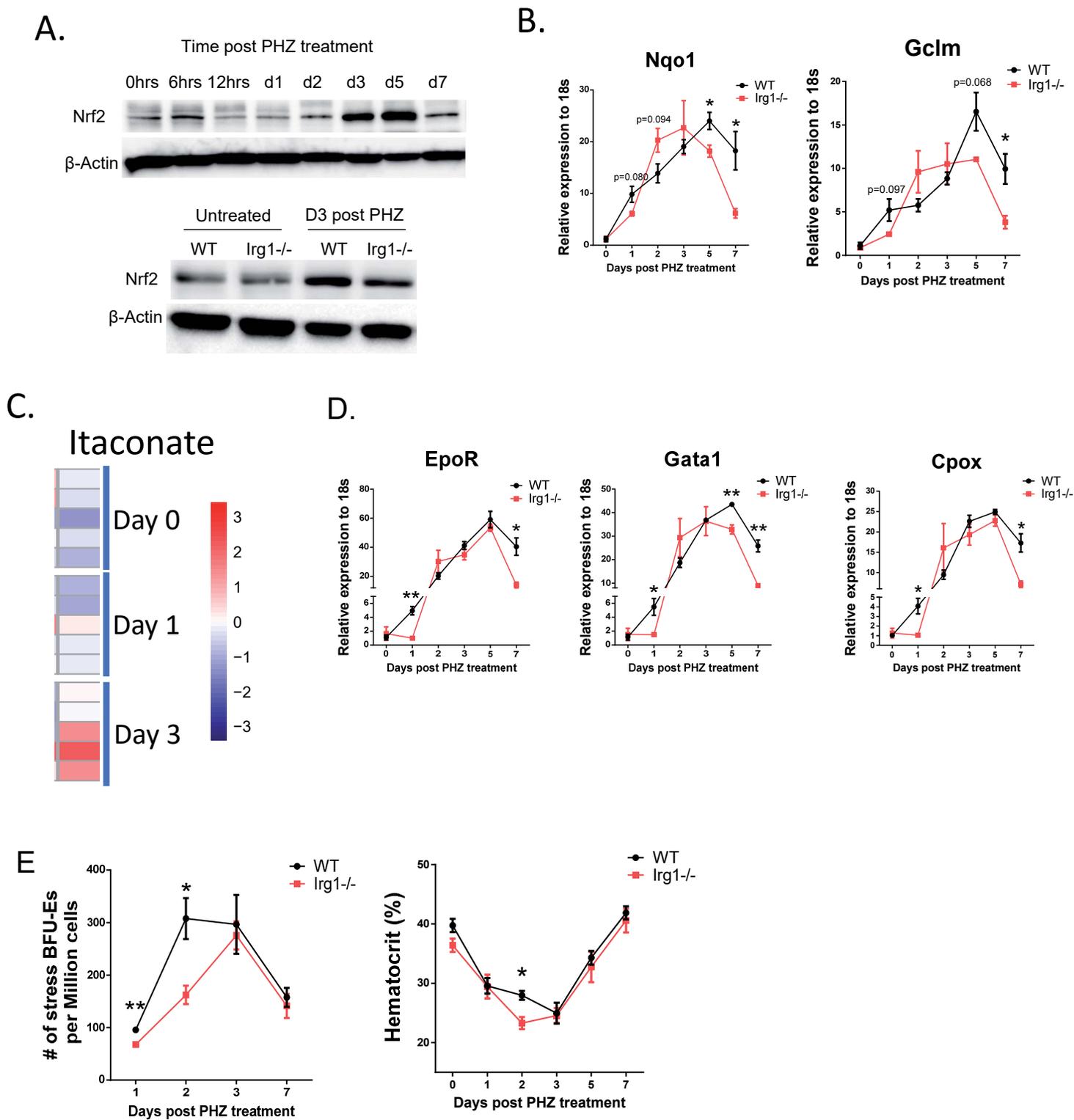
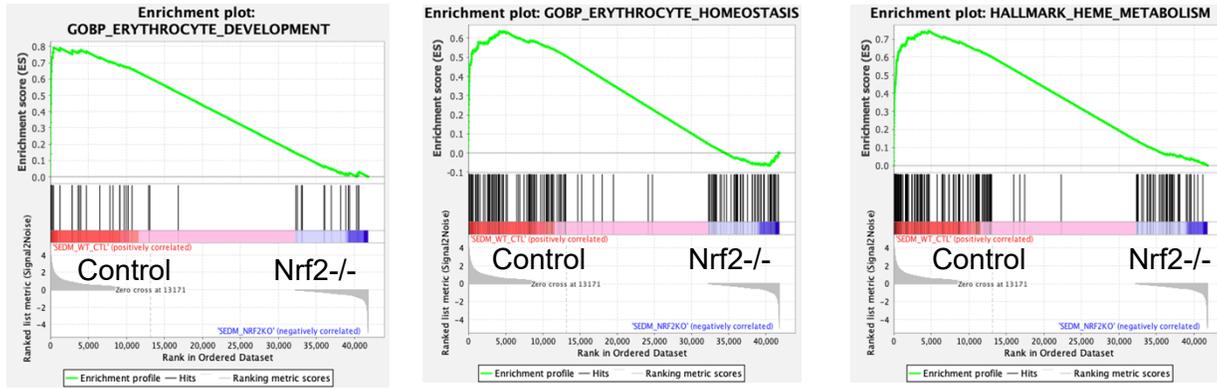
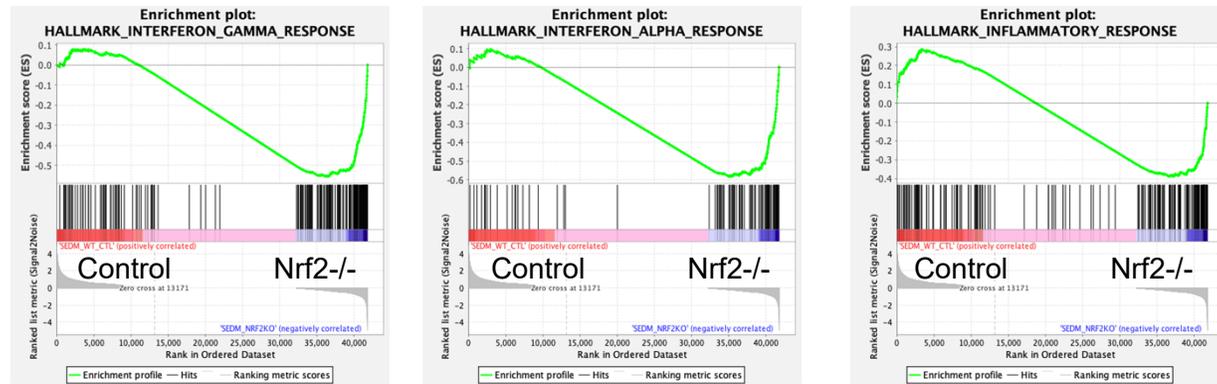


Figure 7

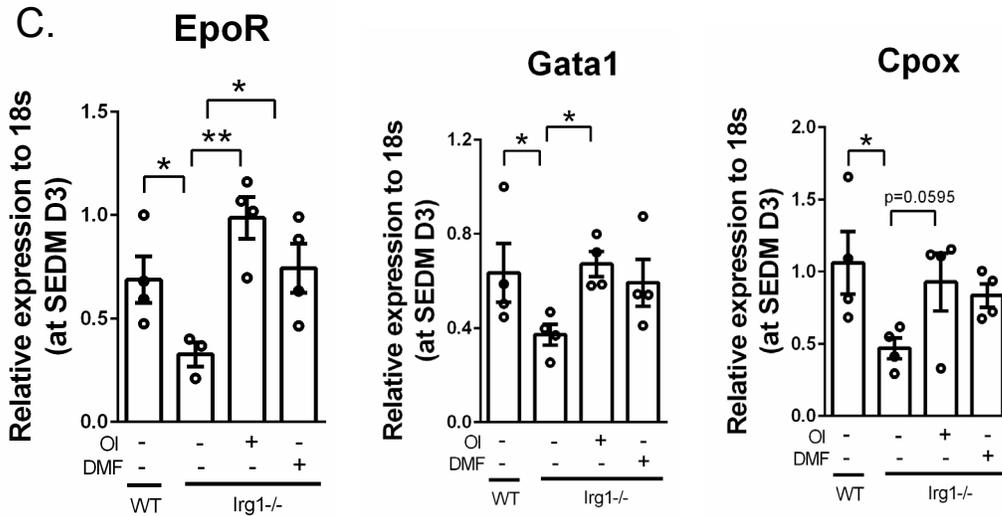
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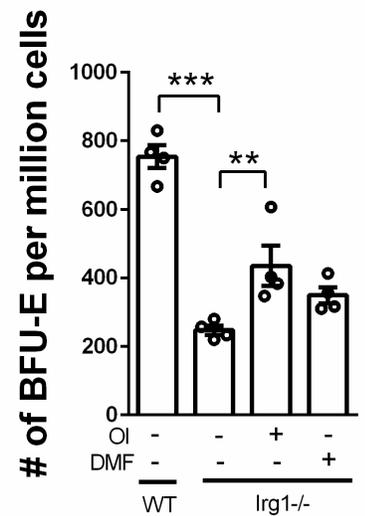
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C.



D.



1 **Supplemental Methods**

2 **Stress erythropoiesis expansion and differentiation medium⁽¹⁾**

3 Stress erythropoiesis expansion medium (SEEM) was prepared by supplementing IMDM with
4 10% (v/v) FBS, 0.0007% (v/v) 2-mercaptoethanol, 0.01 g/ml BSA, 10 µg/ml ciprofloxacin, 2 mM
5 L-glutamine, 10 µg/ml insulin, 200 µg/ml holo-transferrin, 50 ng/ml murine SCF, 15 ng/ml human
6 BMP4, 25 ng/ml murine SHH and 30 ng/ml murine GDF15. Stress erythropoiesis differentiation
7 medium (SEDM) was prepared by additionally supplementing SEEM with 3 U/ml human Epo.
8 SEEM were cultured in ambient air (20% O₂), while SEDM were cultured in a hypoxia chamber
9 (2% O₂) to maximize differentiation potential. All cultures were incubated in 5% CO₂ at 37 °C.

10 **Stress erythropoiesis cultures**

11 Bone marrow cells were isolated, and cells were plated into stress erythropoiesis expansion
12 media (SEEM) at a starting concentration of 6 x 10⁵ cells/ml for a 5-day culture. For
13 differentiation cultures, non-adherent cells harvested from SEEM cultures were resuspended in
14 stress erythropoiesis differentiation media (SEDM) at 3 x 10⁵ cells/ml for another 3 days.

15 **In vivo induction of stress erythropoiesis**

16 Phenylhydrazine was used to induce stress erythropoiesis in the context of acute hemolytic
17 anemia. Mice were injected intraperitoneally with a single dose (100 mg/kg body weight) of
18 freshly prepared phenylhydrazine (Sigma-Aldrich, dissolved in PBS)⁽²⁾. Blood and spleen
19 samples were collected at indicated time points post injection for downstream analysis.

20 Heat-killed *Brucella abortus* (HKBA, strain 1119-3) was used to induce anemia of
21 inflammation according to a previously described method⁽³⁾. After centrifuging, HKBA was
22 resuspended in PBS to make a stock solution with a concentration of 5 x 10⁹ particles/ml. HKBA
23 stock was 1:1 diluted with PBS before use. To induce stress erythropoiesis, age- and sex-
24 matched mice were administered with 200 µl diluted HKBA (5 x 10⁸ particles/mouse) via
25 intraperitoneal injection. In the following 28 days, mice were monitored daily for survival and
26 health, and blood was collected retro-orbitally in every other day for microhematocrit test. To

27 assess stress erythropoiesis, mice were sacrificed at indicated time points for blood and spleen
28 collection.

29 **Hematocrit measurement and complete blood count test**

30 To determine hematocrit levels by microhematocrit method, the peripheral blood was collected
31 retro-orbitally with the heparin-coated microhematocrit tube (VWR). The tube with one end
32 sealed (CRITOSEAL, Leica Microsystems) was centrifuged for 5 min at 11,700 rpm (Autocrit
33 Ultra 3 microhematocrit centrifuge, BD Biosciences) to separate the blood sample. The
34 hematocrit level was quantified as the percentage of the volume of packed red blood cells
35 relative to the volume of whole blood. For complete blood count analysis, mouse blood was
36 collected retro-orbitally with a K₂EDTA-coated Microtainer tube, and sample was immediately
37 analyzed on a Hemavet 950 analyzer (Drew Scientific).

38 **Stress BFU-E colony assay⁽²⁾**

39 SEPs isolated from SEDM cultures or mouse splenocytes were counted using a
40 hemocytometer. For each sample, 2.5×10^5 cells were resuspended in 2 ml MethoCult M3334
41 media (STEMCELL Technologies) supplemented additionally with 50 ng/ml SCF (GoldBio) and
42 15 ng/ml BMP4 (Thermo Fisher Scientific), and cell suspension was evenly plated into 3 wells of
43 a 12-well plate as technical triplicates. Stress BFU-E colonies were stained with benzidine and
44 quantified after a 5-day culture in 37 °C with 2% O₂ and 5% CO₂.

45 **Flow cytometry analysis**

46 Cells were stained with Zombie Yellow Fixable Viability Kit (BioLegend) to exclude dead cells.
47 After 15 min incubation at room temperature in the dark, cells were washed and prepared in
48 single cell suspension in flow cytometry staining buffer. The combinations of fluorophore-
49 conjugated cell surface antibodies were added to the cell suspension. For analysis of mouse
50 stress erythroid progenitors, the following antibodies were used: Kit Brilliant Violet 421 (Clone
51 2B8, BioLegend), Sca-1 APC/Cyanine7 (Clone D7, BioLegend), Sca-1 FITC (Clone D7,
52 BioLegend), CD34 Alexa Fluor 647 (Clone RAM34, BD Biosciences), CD34 FITC (Clone

53 RAM34, BD Biosciences), and CD133 PE/Cyanine7 (Clone 315-2C11, BioLegend). For CD45.1
54 WT/CD45.2 Nrf2^{-/-}-co-culture experiment, the above antibodies were added together with
55 CD45.2 FITC (Clone 104, BD Biosciences) to determine the cell sources. After 30 min
56 incubation on ice in the dark, cells were washed twice and resuspended in 250 µl staining
57 buffer. Flow cytometry analysis was performed on a BD LSR Fortessa Cytometer (BD
58 Biosciences) and data were analyzed by FlowJo software (BD Biosciences). Intracellular NO
59 was analyzed by flow cytometry using the fluorescent probe DAF-FM diacetate according to
60 vendor's instruction (Thermo Fisher Scientific). See Table S2 for a list of antibodies used.

61 **qRT-PCR**

62 Total RNA was extracted with TRIzol reagent (Thermo Fisher Scientific). 1 µg of total RNA was
63 reverse transcribed to cDNA using the qScript cDNA Synthesis Kit (Quanta Biosciences).
64 TaqMan Gene Expression assays were performed on a StepOnePlus Real-Time PCR System
65 (Applied Biosystems) using the PerfeCTa qPCR SuperMix ROX (Quanta Biosciences). Relative
66 gene expression was quantified by the $\Delta\Delta C_T$ method in reference to the housekeeping gene
67 18S rRNA for normalization. See Table S3 for TaqMan probes.

68 **Western blot**

69 Spleen cells or cultured progenitor cells were lysed with RIPA Buffer (Thermo Fisher Scientific)
70 in combination with protease inhibitor cocktail (Sigma-Aldrich) and PMSF (Cell Signaling
71 Technology). Cultured cell lysates were vortexed and spleen cell lysates were briefly sonicated
72 using a Bioruptor Standard Sonicator. Samples were incubated on ice for 30 min and
73 centrifuged at 13,000 g for 15 min at 4°C. Protein concentration was quantified using the Pierce
74 BCA Protein Assay Kit (Thermo Fisher Scientific) following manufacturer's protocol. 30 µg of
75 total proteins were subjected to SDS-PAGE and transferred onto a PVDF membrane. The
76 membranes were blocked with 5% milk in TBST at room temperature for 1 hrs and
77 immunoblotted with primary antibodies against Nrf2 (1:1000, Proteintech), iNOS (1:1000,
78 Cayman Chemical), Irg-1 (Cell Signaling Technology), Hsp70 (abcam 1:2000) and β -Actin

79 (1:2000, Santa Cruz) overnight at 4°C. The blots were washed with TBST for three times,
 80 followed by incubation with HRP-conjugated secondary antibodies (1:5000, Thermo Fisher
 81 Scientific) for 1 hrs at room temperature. The blots were developed using SuperSignal West
 82 Pico PLUS Chemiluminescent Substrate (Thermo Fisher Scientific) and imaged on a G:BOX
 83 Chemi XX6 gel imager (Syngene). Image J software (National Institutes of Health) was used for
 84 densitometry band quantification.

85 **Gene Set Enrichment Analysis (GSEA)**

86 Gene Set Enrichment Analysis (GSEA) was performed using the GSEA software (GSEA_4.3.2)
 87 available at <https://www.gsea-msigdb.org/gsea/index.jsp>, a joint project of UC San Diego and
 88 the Broad Institute. The analysis was conducted using the Molecular Signatures Database
 89 (MSigDB) gene sets. Differentially expressed genes from the dataset were ranked based on
 90 their signal-to-noise ratio, and enrichment was evaluated against the predefined gene sets to
 91 identify pathways and processes associated with the experimental conditions. Results were
 92 considered significant at a false discovery rate (FDR) < 0.25, as recommended by the GSEA
 93 guidelines. The GSEA software and methodology were used as described in Subramanian,
 94 Tamayo, et al. and Mootha, Lindgren, et al.^(4, 5).

95 **Supplementary table 1. Gene set enrichment analysis**

96 **Figure S4**

	GOBP Erythrocyte development	GOBP Erythrocyte homeostasis	Hallmark Heme metabolism
Gene set size	48	160	188
Nominal enrichment score (NES)	1.889	1.443	1.750
FDR q-value	0.15	0.840	0.0003
Nominal p score	0.0	0.005	0.0

97

	GOBP Positive regulation of cytokine production involved in immune response	GOBP Positive regulation of innate immune response
Gene set size	84	140

Nominal enrichment score (NES)	-1.565	-1.503
FDR q-value	0.249	0.344
Nominal p score	0.003	0.002

98

	GOBP Response to interferon alpha	GOBP Response to interferon beta
Gene set size	31	65
Nominal enrichment score (NES)	-1.543	-1.90
FDR q-value	0.284	0.001
Nominal p score	0.009	0.0

99

100

Figure S6

	WP_Amino_Acid_Metabolism	GOCC_Ribosome
Gene set size	95	236
Nominal enrichment score (NES)	1.636	1.333
FDR q-value	0.066	0.484
Nominal p score	0.0	0.003

101

102

Figure 7

	GOBP Erythrocyte development	GOBP Erythrocyte homeostasis	Hallmark Heme metabolism
Gene set size	48	160	188
Nominal enrichment score (NES)	1.753	1.58	1.867
FDR q-value	0.10	0.169	0.0
Nominal p score	0.0	0.0	0.0

103

	Hallmark interferon gamma response	Hallmark interferon alpha response	Hallmark Inflammatory response
Gene set size	188	94	197
Nominal enrichment score (NES)	-1.753	-1.698	-1.234
FDR q-value	0.0	0.001	0.126
Nominal p score	0.0	0.0	0.0

104

105

106 **Supplemental Table 2. Flow cytometry antibody list**

Antibodies	Source	Identifier
Brilliant Violet 421 anti-mouse CD117 (c-Kit), Clone 2B8	BioLegend	Cat# 105828; RRID: AB_11204256
APC/Cyanine7 anti-mouse Ly-6A/E (Sca-1), Clone D7	BioLegend	Cat# 108126; RRID: AB_10645327
FITC anti-mouse Ly-6A/E (Sca-1), Clone D7	BioLegend	Cat# 108106; RRID: AB_313343
PE/Cyanine7 anti-mouse CD133, Clone 315-2C11	BioLegend	Cat# 141210; RRID: AB_2564069
Alexa Fluor 647 anti-mouse CD34, Clone RAM34	BD Biosciences	Cat# 560230; RRID: AB_1645200
FITC anti-mouse CD34, Clone RAM34	BD Biosciences	Cat# 553733; RRID: AB_395017
FITC anti-mouse CD45.2, Clone 104	BD Biosciences	Cat# 553772; RRID: AB_395041
Brilliant Violet 421 anti-human CD117 (c-kit), Clone 104D2	BioLegend	Cat# 313216; RRID: AB_11148721
APC anti-mouse/human CD11B clone M1/70	BioLegend	Catelog#101212; RRID AB_312795
Alexa-Fluor 647 anti-mouse CD106 (Vcam1), clone 429	BioLegend	Catalog #105711; RRID AB_493430
Brilliant violet 421 anti-mouse Ly-6C, Clone HK1.4	BioLegend	Catalog #128031; RRID: AB_256177
PE/Cy7 anti-mouse F4/80, clone BM8	Biolegend	catalog # 123114; RRID: AB_893490

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108

109 **Supplemental Table 3. List of TaqMan probes for qRT-PCR.**

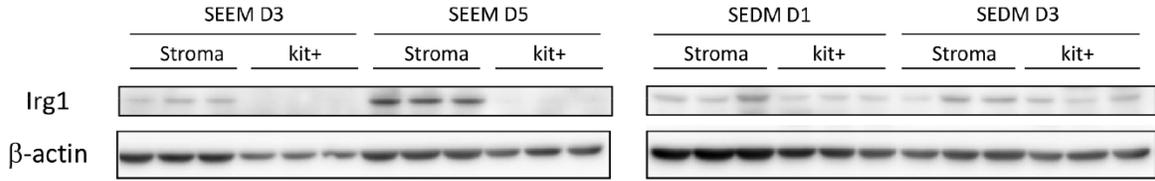
Probes and primers	Identifier
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Mouse Irg1	Mm01224532_m1
Mouse Nfe2l2	Mm00477784_m1
Mouse Nqo1	Mm01253561_m1
Mouse Gata1	Mm01352636_m1
Mouse EpoR	Mm00833882_m1
Mouse Cpox	Mm00483982_m1
Mouse Gclm	Mm01324400_m1
Mouse Gsr	Mm00439154_m1
Mouse Tnf	Mm00443258_m1
Mouse Hif1a	Mm00458869_m1
Mouse Pdk1	Mm00554300_m1
Mouse SLC48A1 (Hrg1)	Mm00728070_s1
Mouse β Major Probe	6FAM- CTCTCTTGGGAACAATTAACCATTGTTACACAG-TAMRA
Mouse β Major Forward Primer	5' -AACCCCCTTTCCTGCTCTTG- 3'
Mouse β Major Reverse Primer	5' -TCATTTTGCCAACAACACTGACAGA- 3'
Mouse β H1 Probe	6FAM- ACTTTCTTGCCATGGGCTCTAATCCGG-TAMRA
Mouse β H1 Forward Primer	5' -CCTGGCCATCATGGGAAAC- 3'
Mouse β H1 Reverse Primer	5'-CCCCAAGCCCAAGGATGT-3'

110

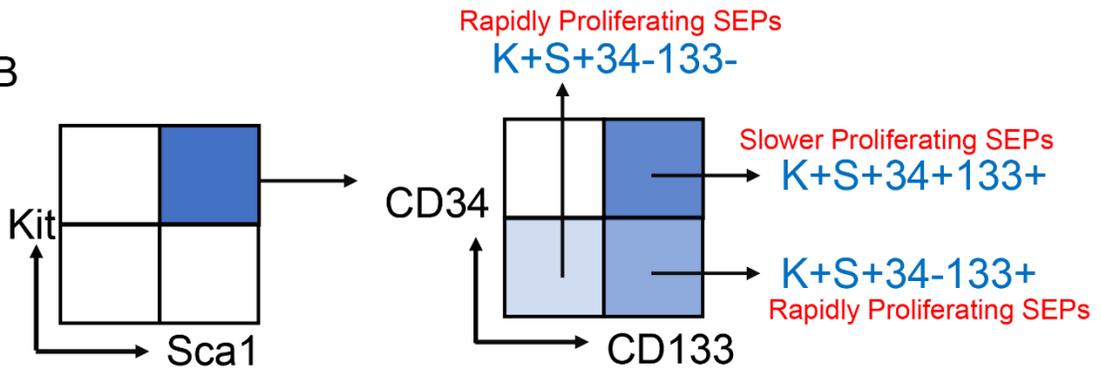
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Supplementary 1

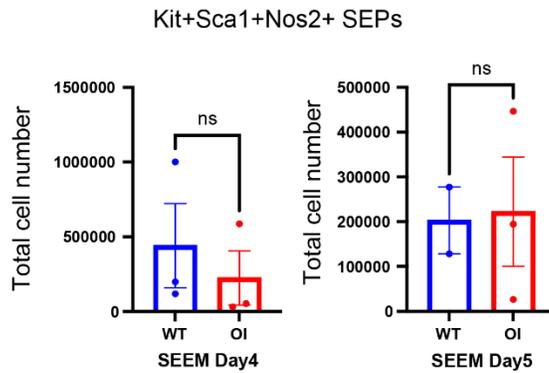
A



B

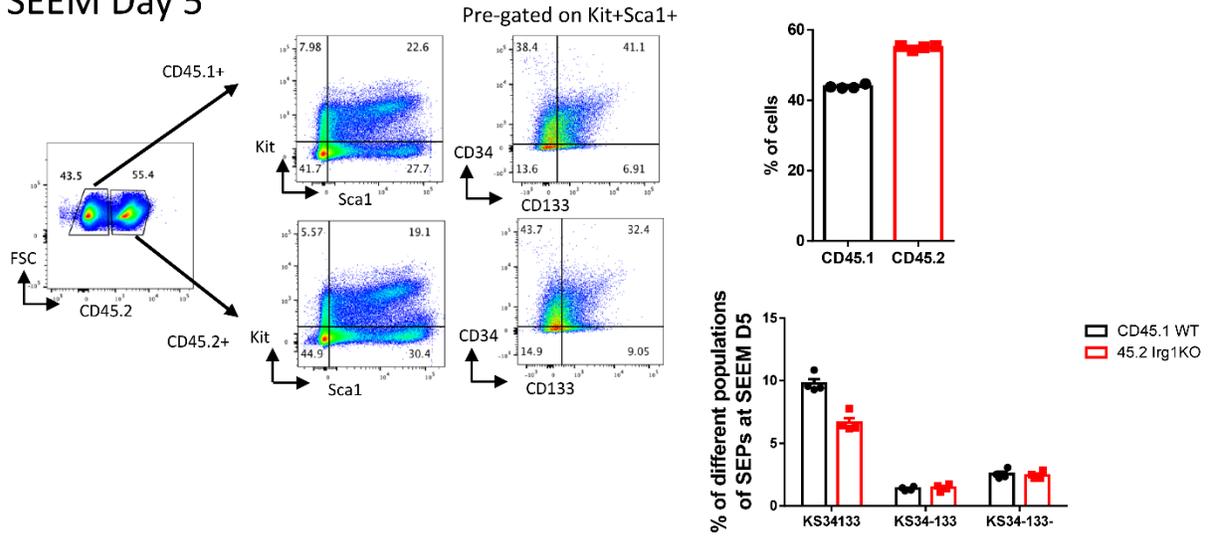


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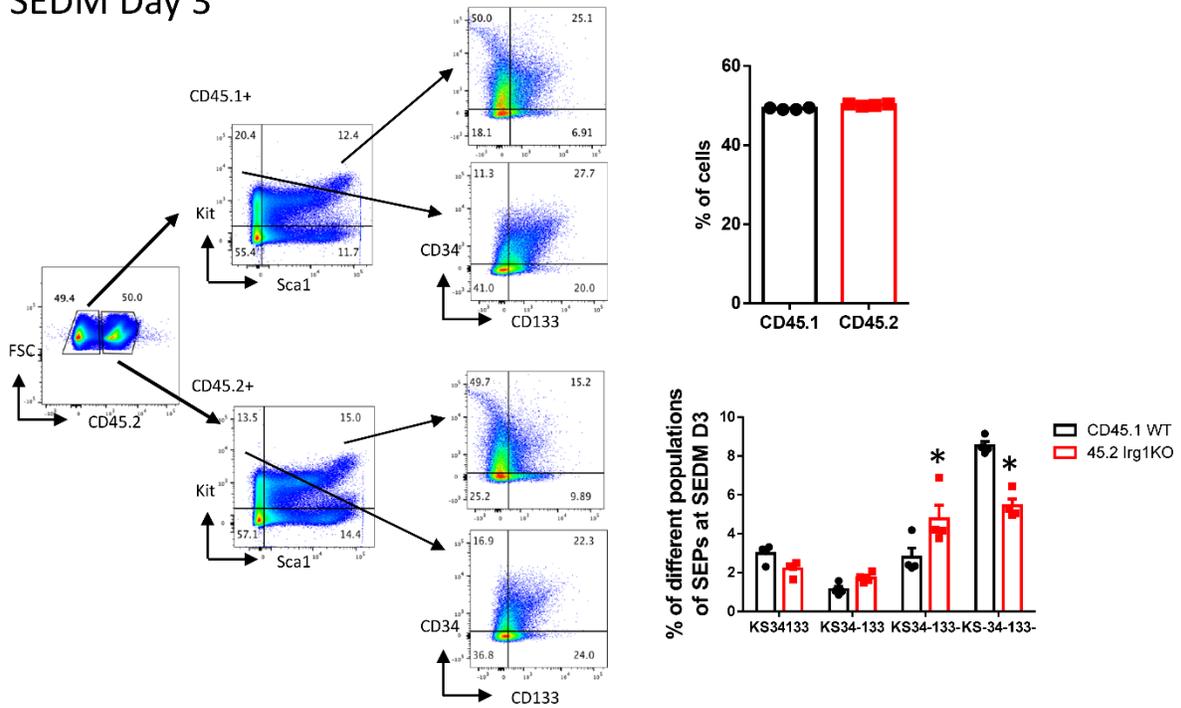


C.

SEEM Day 5



SEDM Day 3



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120

121 **Supplemental Figure 1.**

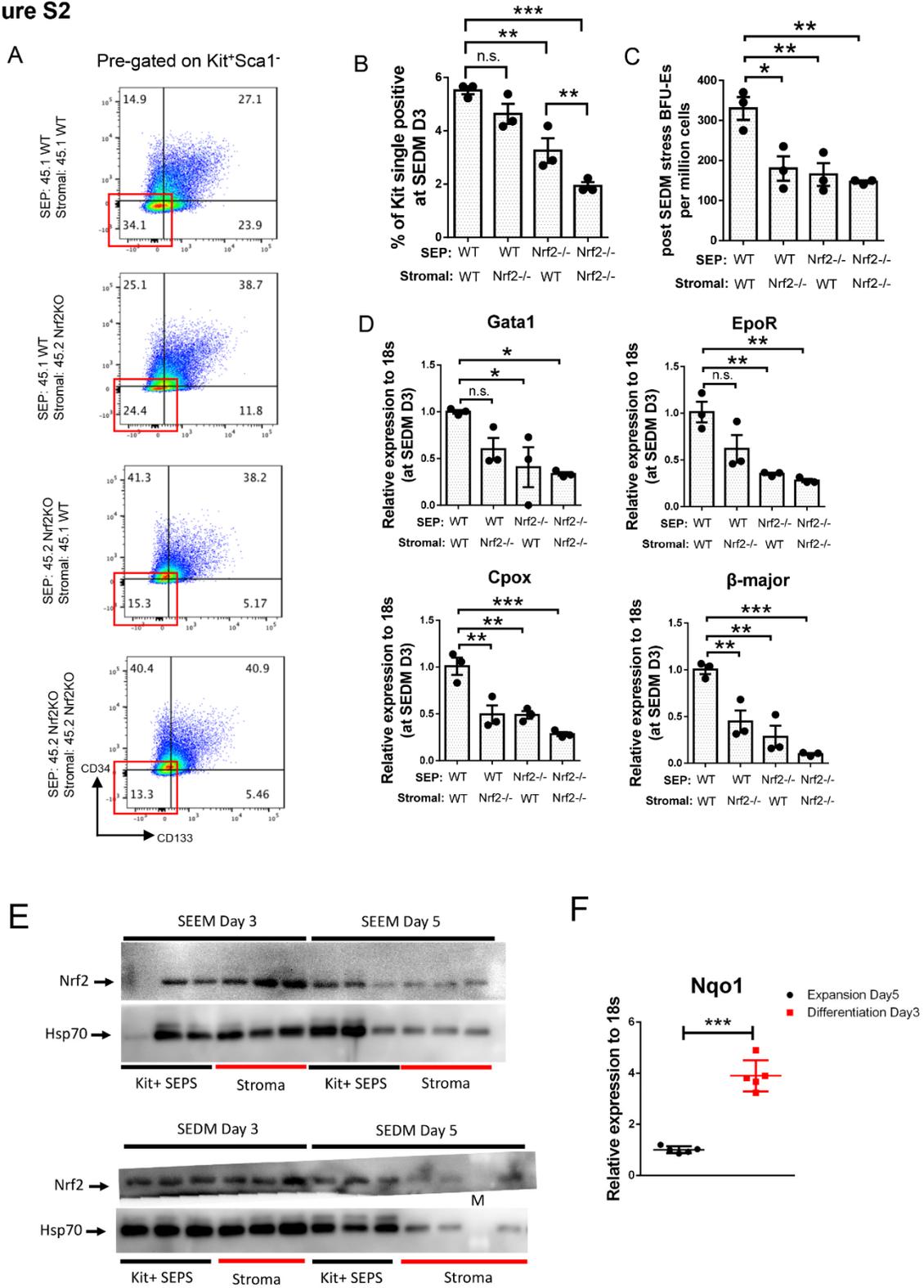
122 (A) Western blot analysis of Irg1 expression in Kit⁺ selected SEPs or stromal cells on days 3
123 and 5 of SEEM culture and days 1 and 3 of SEDM culture. Blots were probed with anti- β -actin
124 as a loading control. (B). Gating strategy showing flow cytometry analysis of proliferating SEPs.
125 Cells were stained for viability followed by gating on Kit and Sca1. Pre-gated Kit⁺Sca1⁺ cells
126 were then gated on CD34 and CD133 for analysis of different subpopulations. The identification
127 of CD34⁻CD133⁻Kit⁺Sca1⁺ as rapidly proliferating SEPs and CD34⁺CD133⁺Kit⁺Sca1⁺ cells as
128 slower proliferating cells comes from references ^(1, 6, 7).

129 (C) SEPs were treated \pm 125 μ M OI at SEEM day 3 for 24 hours (day 4) or 48 hrs (day 5).
130 Quantification of Nos2⁺ Kit⁺Sca1⁺ SEPs was determined by flow cytometry. (n=3 per group,
131 paired t test).

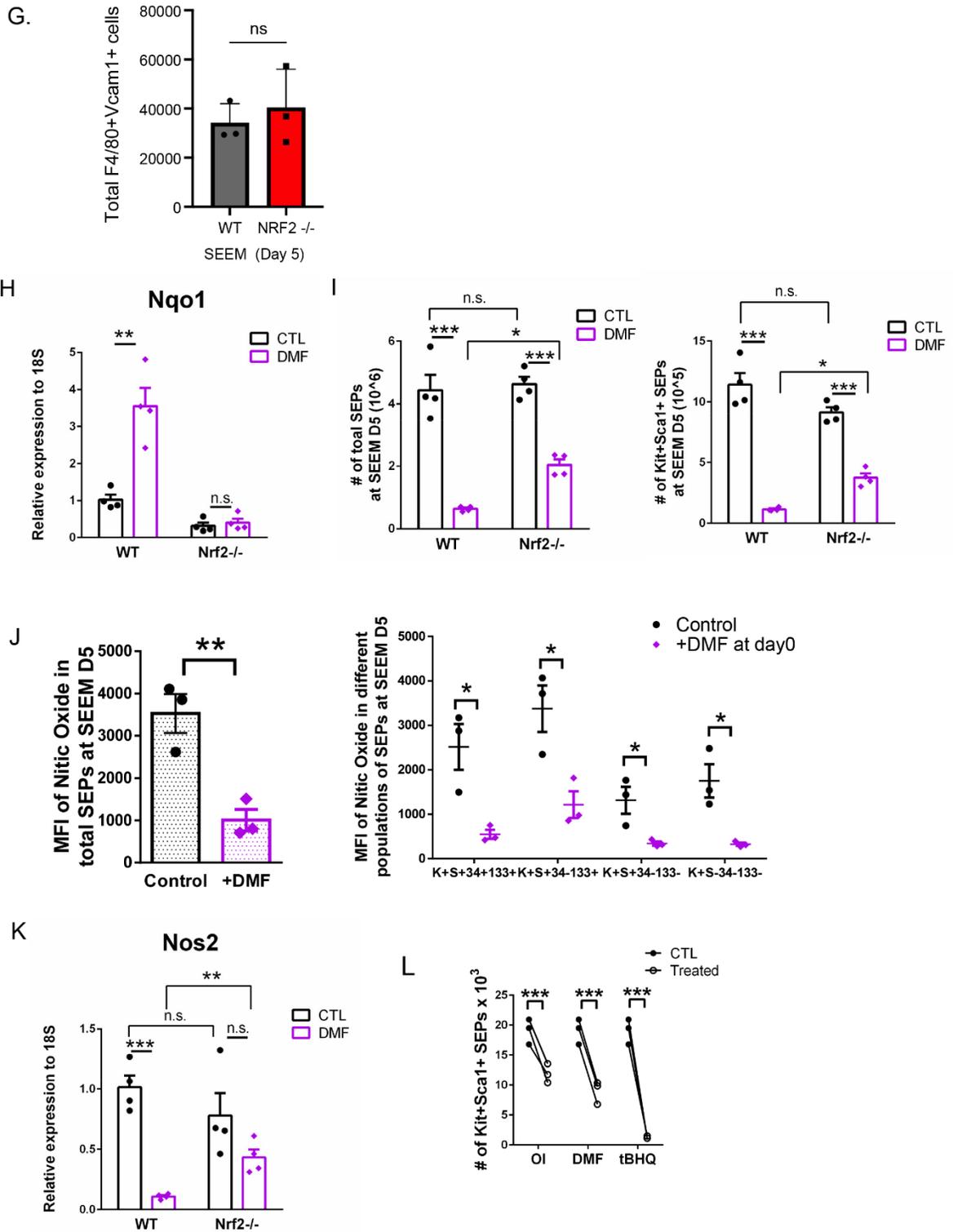
132 (D) CD45.2⁺;Irg1^{-/-} and CD45.1⁺Irg1^{+/+} bone marrow cells were mixed at a 50:50 ratio and
133 cultured in SEEM for 5 days (top) or SEEM for 5 days and then switched to SEDM for 3 days
134 (bottom). Analysis of development of CD45.2⁺ mutant SEPs relative to CD45.1⁺ wildtype SEP
135 populations was determined by flow cytometry. Representative flow panels are shown on the
136 left, while quantification of the populations is shown on the right. (n=4, unpaired t-test) *p<0.05.

137

Figure S2



Supplemental Figure 2 continued



140 **Supplemental Figure 2. DMF impairs SEP expansion in a Nrf2-dependent manner.**

141 (A-D) WT (CD45.1) and Nrf2^{-/-} (CD45.2) BM cells were cultured in SEEM for 5 days followed by
142 3 days in SEDM. When switched to SEDM, nonadherent SEPs were collected and plated on the
143 stromal layer from indicated genotypes.

144 (A) SEPs were isolated from SEDM cultures for flow cytometry analysis. CD45.1 was stained to
145 gate SEPs that were derived from the seeded non-adherent cells (Nrf2^{-/-} CD45.2; WT CD45.1),
146 followed by gating on Kit and Sca1. Pre-gated Kit⁺Sca1⁻ cells were next gated on CD34 and
147 CD133. Representative flow cytometry plots are shown. (B) Quantification of the percentages of
148 Kit⁺Sca1⁻CD34⁻CD133⁻ SEPs from A (n=3 per group, one-way ANOVA/Tukey's).

149 (C) Analysis of the frequency of stress BFU-E colony formation (n=3 per group, one-way
150 ANOVA/Tukey's).

151 (D) qRT-PCR analysis of mRNA expression of indicated erythroid-specific genes (n=3 per
152 group, one-way ANOVA/Tukey's). Data represent mean ± SEM. n.s. p > 0.05, * p < 0.05, ** p <
153 0.01, *** p < 0.001.

154 (E). Western blot analysis of Nrf2 expression in Kit⁺SEPs and stromal cells on days 3 and 5 of
155 SEEM culture and days 3 and 5 Of SEDM culture. Hsp70 is used as a loading control. N=3 for
156 each time point.

157 (F). qRT-PCR analysis of Nqo1 expression in mRNA isolated form SEPs on day 5 of SEEM
158 (expansion) and Day 3 of SEDM (Differentiation) cultures. N=5 for each time point, unpaired t-
159 test.

160 (G). Flow cytometry analysis of F4/80⁺Vcam1⁺ cells in the stromal layer of wildtype control or
161 Nrf2^{-/-} cultures on day 5 of SEEM culture. (n=3, unpaired t-test)

162 (H-I) WT and Nrf2^{-/-} SEEM cultures were treated ± 30 µM DMF for 5 days. qRT-PCR analysis of
163 *Nqo1* expression (H), and analysis for numbers of total SEPs (left) and Kit⁺Sca1⁺ SEPs (right) (I)
164 (n=4; two-way ANOVA/Fisher's LSD).

165 (J) SEPs were treated \pm 30 μ M DMF at SEEM day 3 for 48 hrs. Quantification of intracellular NO
166 levels in total SEPs (left) and different SEP populations (right) by MFI of DAF-FM DA staining
167 (n=3 per group, unpaired t test).

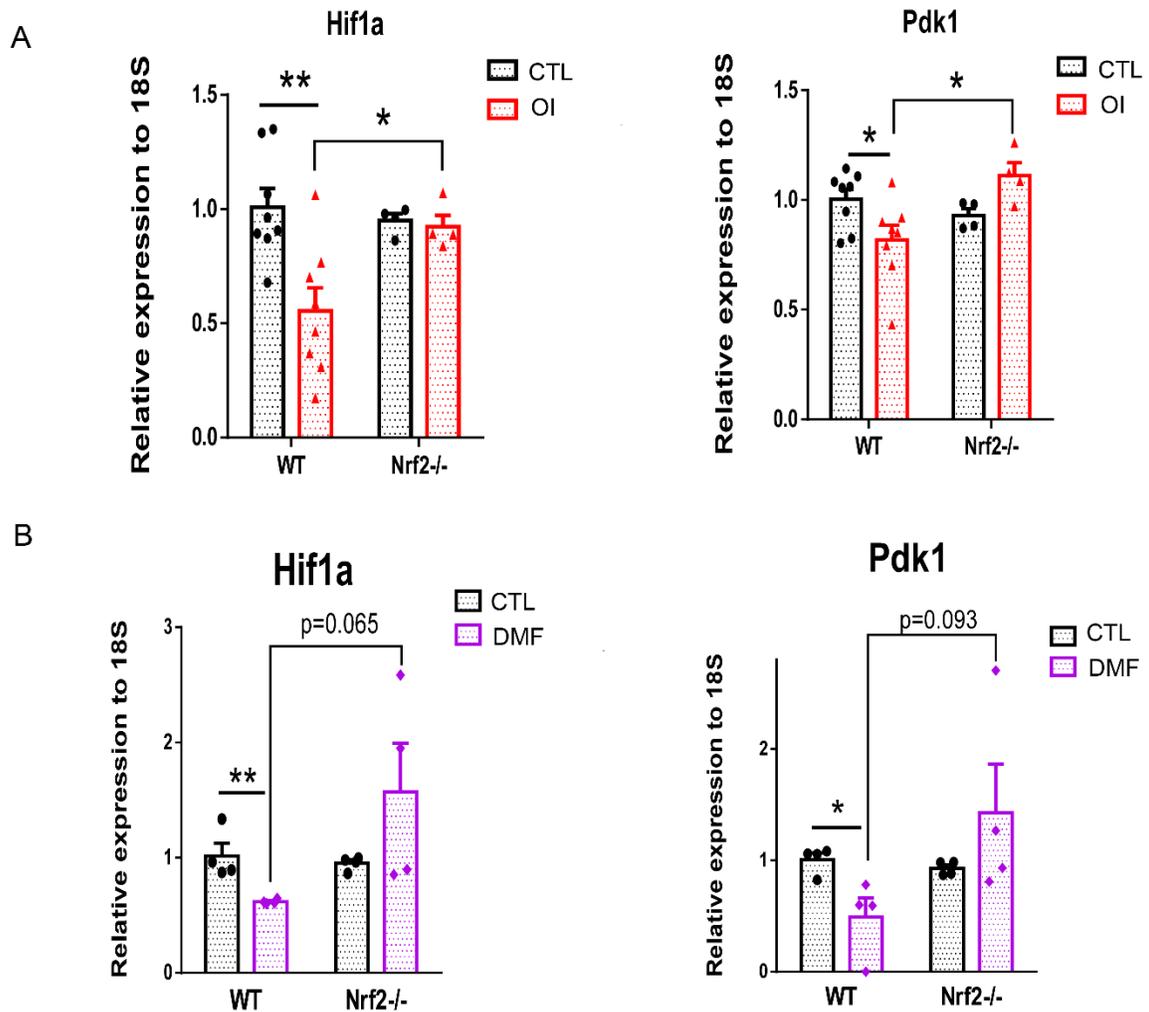
168 (K) WT and Nrf2^{-/-} SEEM cultures were treated \pm 30 μ M DMF for 5 days. qRT-PCR analysis of
169 *Nos2* expression (n=4; two-way ANOVA/Fisher's LSD).

170 (L) SEPs were treated with vehicle, 125 μ M OI, 30 μ M DMF or 20 μ M tBHQ at SEEM day 2 for
171 24 hrs, followed by flow cytometry analysis of numbers of Kit⁺Sca1⁺ SEPs (n=3 per group,
172 paired t test). Data represent mean \pm SEM. n.s. $p > 0.05$, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$.

173

174

Supplemental Figure 3



175

176

177 **Supplemental Figure 3.**

178 (A-B) WT and Nrf2^{-/-} SEEM cultures were treated ± 125 μM OI for 5 days. The qRT-PCR

179 analysis of *Hif-1α* (D) and *Pdk1* (E) expression (n=8 in WT and n=4 in Nrf2^{-/-}; two-way

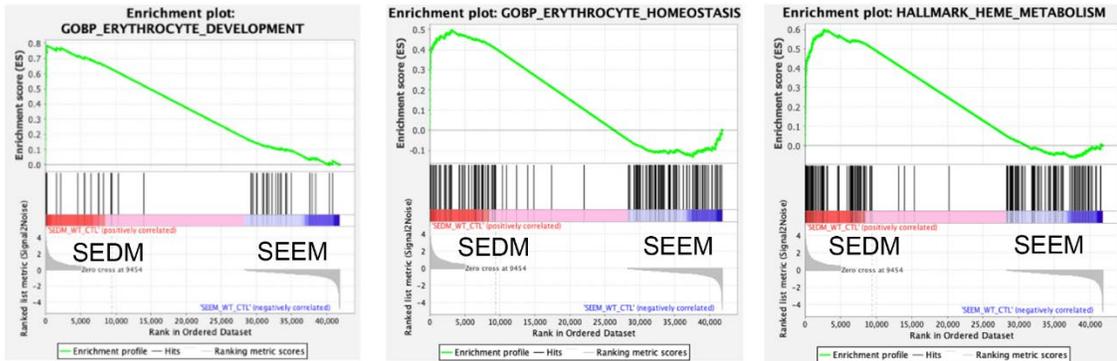
180 ANOVA/Fisher's LSD).

181 (C-D) WT and Nrf2^{-/-} SEEM cultures were treated ± 30 μM DMF for 5 days. The qRT-PCR

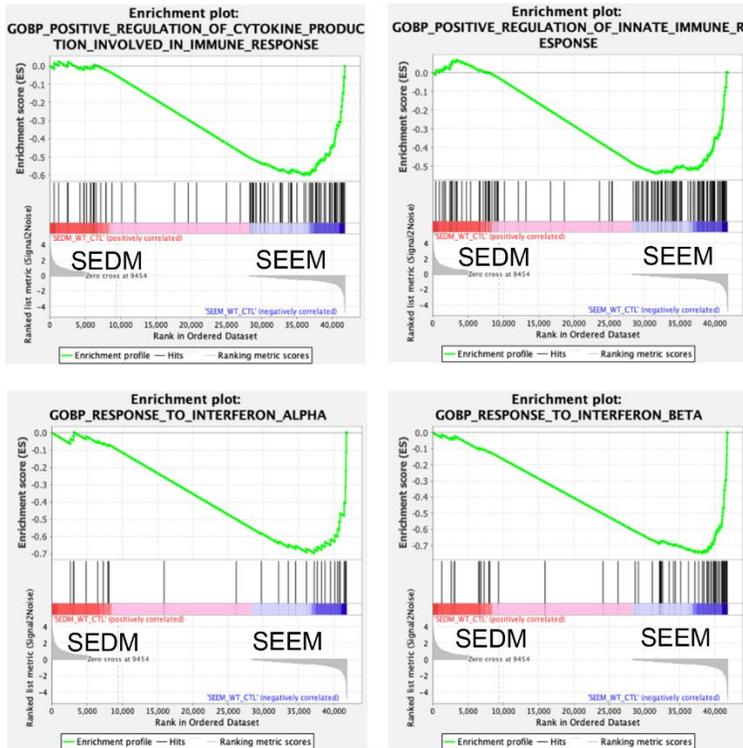
182 analysis of *Hif-1α* (D) and *Pdk1* (E) expression (n=4; two-way ANOVA/Fisher's LSD).

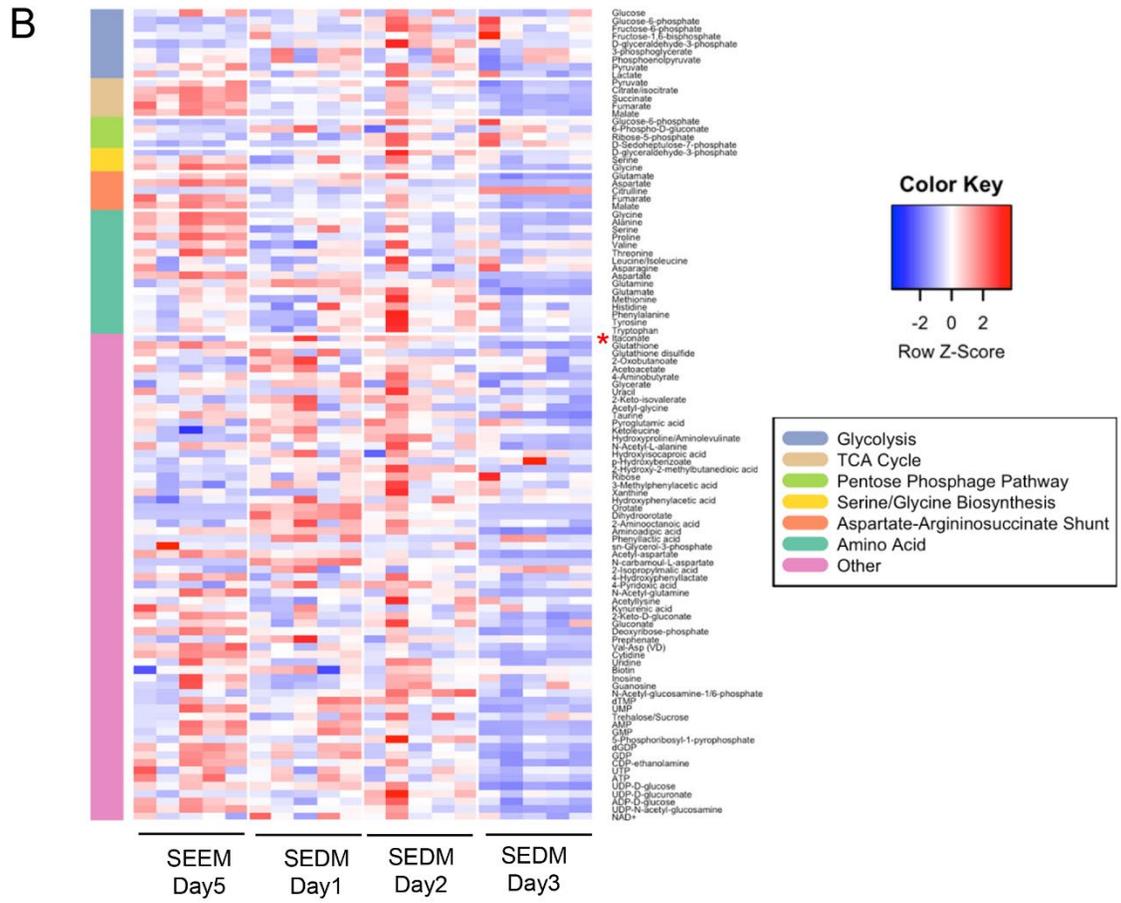
183 Data represent mean ± SEM. * p < 0.05, ** p < 0.01.

A Erythroid pathways



Pro-inflammatory pathways





186

187 **Supplemental Figure 4.**

188 (A) GSEA analysis of RNA-seq data comparing SEPs from SEEM and SEDM cultures. (Top)

189 Analysis of Erythrocyte development and homeostasis genes and Hallmark Heme biosynthesis

190 pathways. (Bottom) Analysis of pro-inflammatory pathways. (B) SEPs were isolated from SEEM

191 and SEDM cultures at indicated days for metabolomics analysis. A heatmap depicting the

192 abundance of metabolites extracted from SEPs in selected pathways. Itaconate is highlighted

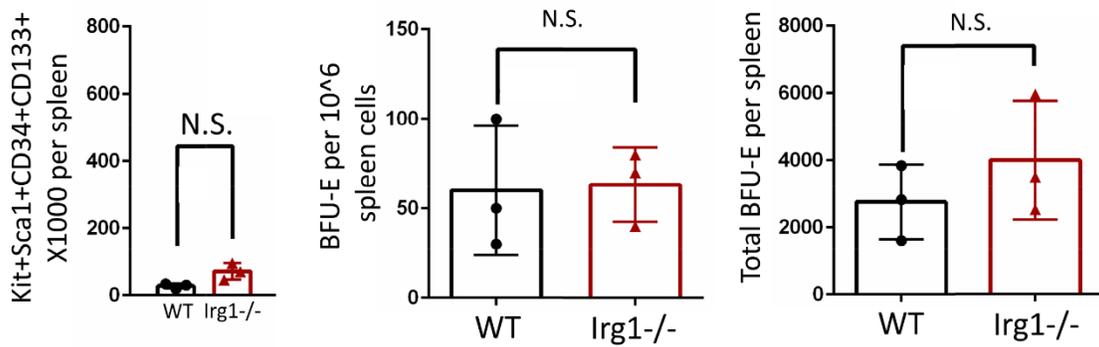
193 by asterisk (*). Color represents row-wise scaled z-score of metabolite abundance (n=5 per time

194 points).

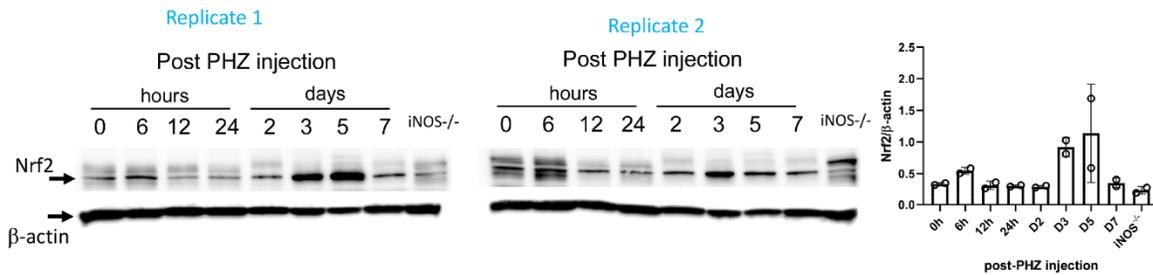
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Figure S5

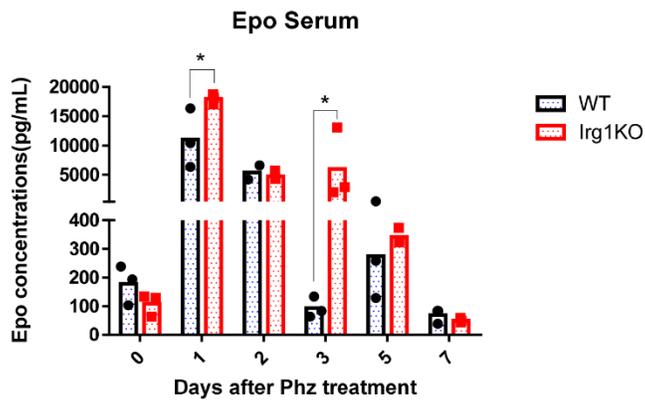
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207 **Figure S5.**

208

209 (A) Analysis of CD34+CD133+Kit+Sca1+ SEPs and stress BFU-E in wildtype and Irg1-/-

210 spleens prior to treatment with HKBA. Total number of CD34+CD133+Kit+Sca1+ SEPs in the

211 spleen as analyzed by flow cytometry and total cellularity counts (left). Frequency of stress

212 BFU-E (middle) and total number of stress BFU-E(right) in the spleen prior to HKBA treatment

213 (n=3 per group).

214 (B). Western blot analysis of Nrf2 expression in spleen cells at the indicated time points after

215 PHZ treatment. β -actin is used as a loading control. Two replicates are shown. Quantification of

216 the bands using Image J software is shown to the right. Replicate 1 is shown in Figure 6A.

217 (C). ELISA analysis of Epo concentration in the serum of Irg1-/- or wildtype control mice on the

218 indicated days after PHZ treatment. (n=3 per time point, unpaired t-test). Data represent mean \pm

219 SEM. N.S. $p > 0.05$, * $p < 0.05$, ** $p < 0.01$.

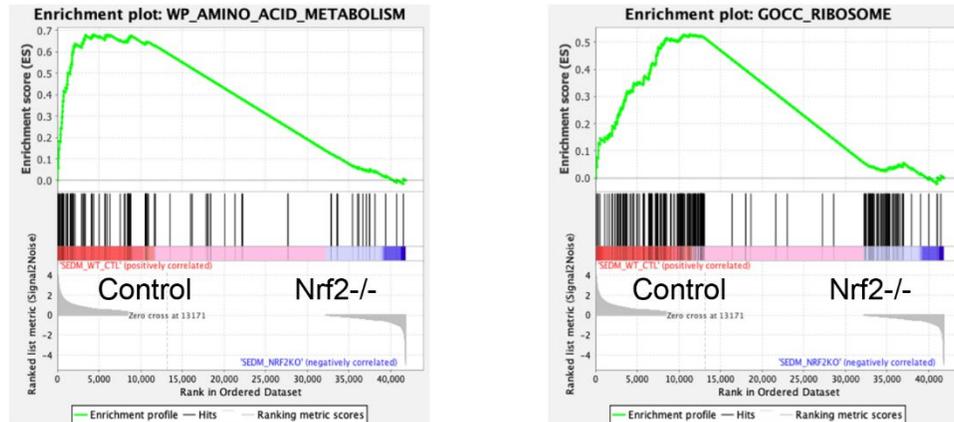
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221

Figure S6

Downregulated in Nrf2KO

A



222
223

Figure S6.

224 (A). Gene set enrichment analysis of RNAseq data for SEPs day 3 of SEDM culture from control
225 and Nrf2-/- cultures.

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227

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